

BONIN, Donna

(continued)

"I've found that with riding I've really been able to strengthen the muscles in my legs. I've talked with physiotherapists and they've told me it's an excellent therapy," she adds.

What Bonin would like to do in the future is form a group similar to the Quinte Therapeutic Riding

Association (QUINTRA) which uses riding to help handicapped children.

"I'm interested in starting a therapy program for adults. It would be beneficial to adults in my situation or who have had strokes," she comments.

Doctors have told Bonin she can expect to be back to nearly 100 per cent around Christmas and she says after that she will concentrate on her new plan.

For now she hopes friends and old clients return to Owlstone with the knowledge she does plan a full recovery.

Intell  
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