

continued

Lafferty, Heather

December for each of the past four years, she has slept outdoors in a cardboard box to experience what it's like to be homeless and raise money for Habitat for Humanity.

"It was freezing. It sure gives you a good idea of how it feels to be homeless and have to sleep outdoors in the winter," she said.

She has also travelled to Toronto for two-day stints to prepare meals for the poor and help in the soup kitchen at St. Francis of Assisi.

She belongs to her school's social justice outreach committee and is actively working on creating boy's and girl's clubs in Trenton.

"We hope to have these clubs in place next fall," she said.

Lafferty has also organized pilgrimages — 10-kilometre walks every fall — in Trenton and helped start a youth ministry at her church.

She also finds time to play school sports.

She is on the volleyball team and is the goalkeeper for the senior girl's soccer team.

"Being goalie is definitely a new experience. But I hope to do my best to lead the team to COSSA," Lafferty said.

She missed her Grade 11 year in school athletics because of two broken arms suffered in a snowboarding accident.

Lafferty even works part-time at Tomasso's Restaurant in Trenton, preparing salads and pasta and making pizza.

"I have a lot of money saved up for university," said Lafferty, adding she wants to enter the business program at either Queen's or Guelph University.

Volunteering remains her passion, though.

"It's always been important for me to make a difference in our society. I'm trying to do my share ... just helping out any way I can."

Contact Henry Bury at:
newsroom@intelligencer.ca