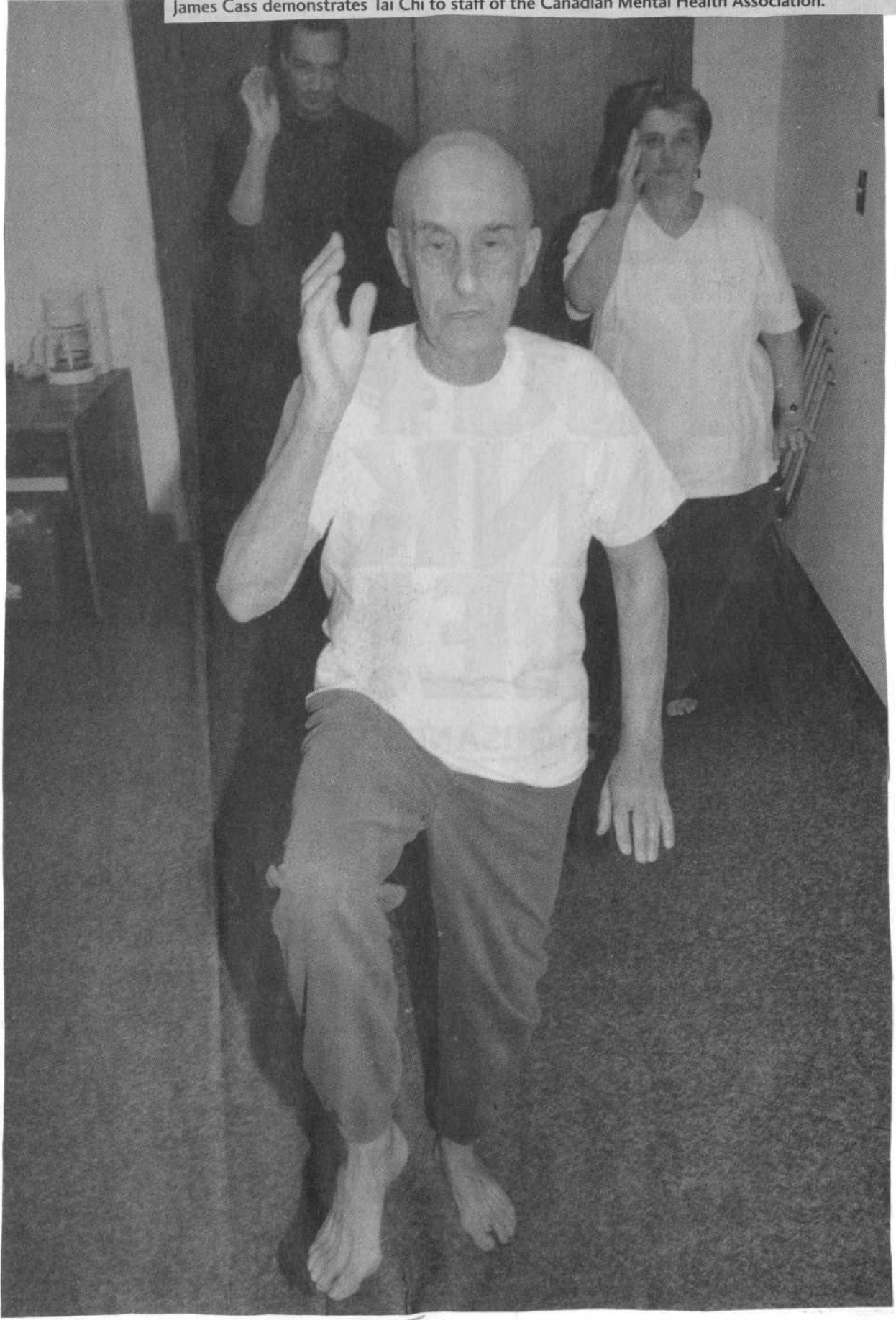


Cass, James

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INTELLIGENCER PHOTO BY HENRY BURY

James Cass demonstrates Tai Chi to staff of the Canadian Mental Health Association.



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