

to a group at school called PUSH, Praying Until Something Happens.

"It's a Christian group of students that meets regularly to discuss life's issues," she said. "It's nice to be open about your faith at school and have others relate to you."

Cadieux has organized the annual 30-hour World Vision famine at Quinte for the past four years. The 2004 event held earlier this month raised \$4,000.

"It's a very highly anticipated event at school. Kids have fun, they stay in school overnight, listen to concerts and also help a good cause."

The theatre and singing enthusiast performed in two school musicals, Grease and Once Upon a Mattress, and more recently, in its Arts Night, a variety show. She was also a member of the Spirit Borne musical team for Youth for Christ.

Cadieux auditioned and earned a spot in the cast of the Vagina Monologues held in March at the Empire Theatre to benefit the Sexual Assault Centre. She performed a five-minute skit entitled "My Short Skirt."

"For the first time on stage, I was a little nervous because of the subject matter. But it was a lot of fun," she said.

"I just like the performing arts. It's a good way of releasing your emotions."

Also at Quinte, she is involved with a group calling itself Act Now. Its intention is to promote non-violence and tolerance within Quinte's walls.

"Our message to students is to be tolerant and just learn from each other and appreciate each person's uniqueness."

Her achievements at Quinte are impressive indeed.

She was voted Kindness Student of the Year in 2001 and has been selected to represent the school at prestigious events and conferences, including the National Youth Tobacco Coalition, the mock United Nations world food summit, Hugh O'Brien Youth Leadership Camp and workshops for Canadians Against Violence Everywhere Advocating its Termination.

"It's just been a privilege to be a student at this school and to get these very valuable experiences. It's made me a more knowledgeable person."

Cadieux said she will be leaving QSS with a tinge of sadness.

"The staff has always been like an extended family for me. But I am very excited about beginning my new adventure at Algonquin in Ottawa and finishing the next stage in my life. Then I can begin my career working with young people."

Contact Henry Bury at:
newsroom@intelligencer.ca

the next four years.

"I took this year off to devote more time to other volunteer activities," she quickly added.

She spent a semester on co-op placement at Harmony Public School, helping students who had difficulty reading and also assisting in the classroom.

"I have learned a lot about how youth view things in life and I'm still young now that I can relate to them and they can relate to me."

Cadieux has been heavily involved in the life at QSS.

She has been on the student council for all five years and has served on such committees as spirit, dance and fundraising.

For the past two years, she has belonged