

# Brant Fusion

WINTER 2009

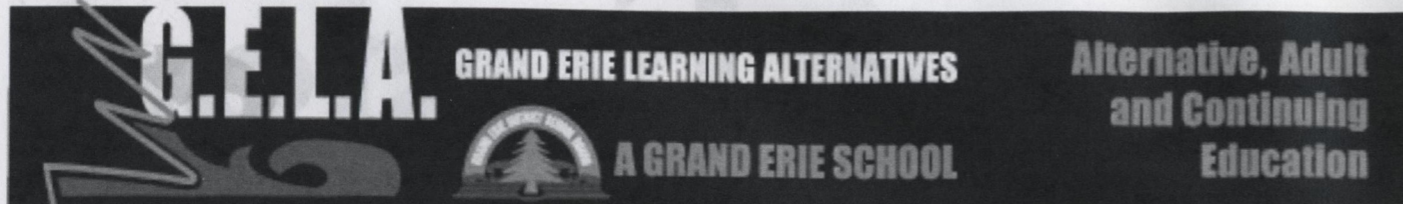
FIRST EDITION

BRANTFORD, ONTARIO



## Just Chillin

Story on Page 8



## Adult Day School Credit Classes

\* English as a Second Language (ESL)

CareerLink has everything to meet your employment and training needs

Call us at 759-1412 or visit us at:

The Career Planning Centre: Market Square, Lower Level

The Job Search Centre: 58 Dalhousie St., 2nd Floor

\* General Interest Classes

Are you looking for career direction?

Don't know where to start?

Tired of going from one place to another?

**Good News!** We have all the information you'll need to:

✎ assess your skills and plan the next step toward

that new career.

📁 research your career to complete your personal

return to work action plan.

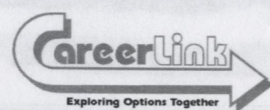
📖 find out what training or education you'll need and

where to access it.

💻 access computer equipment for job search, skills

development, research on the internet, and more!

**CareerLink**  
has everything to meet your  
employment and training needs



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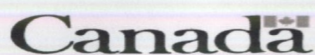
The Career Planning Centre: Market Square, Lower Level

The Job Search Centre: 58 Dalhousie St., 2nd Floor

[www.careerlink.ca](http://www.careerlink.ca)

CareerLink is a project of the Grand Erie District School Board

This Employment Ontario project is funded in part by the Government of Canada



## Events Calendar

### January

	Date	Time	Ticket	Where
Star Power	10-Jan	7:00	\$25.00	Sanderson Centre
Blue Rodeo	15-Jan	8:00	\$49.00	Sanderson Centre
Blue Rodeo	16-Jan	8:00	\$49.00	Sanderson Centre
Brantford Downtown Jazz presents Glenn Anderson & Christopher Plock	19-Jan	8:00	\$27.00	Brant Park Inn
Ballet Jorgen Canada Presents Anastasia	23-Jan	7:00	\$35.00	Sanderson Centre

### February

Mama's Night out	6-Feb	2:00	\$32.00	Sanderson Centre
Mama's Night out	6-Feb	8:00	\$32.00	Sanderson Centre
Brantford Downtown Jazz presents The Nick Marchione/Darcy Hepner Quintet	9-Feb	8:00	\$27.00	Sanderson Centre
Young Artists Recital	13-Feb	7:30	\$15.00	Brantford Music Club
Ron James	14-Feb	8:00	\$47.50	Sanderson Centre
The British Pub Show	18-Feb	2:00	\$35.00	Sanderson Centre
Montreal Guitar Trio	26-Feb	1:30	\$10.00	Sanderson Centre
Swing Away the Winter Blues	28-Feb	2:00	\$35.00	Speakeasy's

## Activities Brantford

### Wayne Gretzky Sports Centre

254 North Park St. Phone Number:  
(519)756-9900

Parent and Child Free Skating BLUE  
RINK

Day & Time: Tues. & Thurs. 2:45-  
3:50pm

Dates: Oct 7-March 26, 2009

Children must be accompanied on ice with an  
adult.

### Lions Park Arena

20 Edge St. Phone Number:  
(519)759-6120

Parent and Child Free Skating

Day & Time: Mondays 1:30-3:00pm

Dates: Oct. 6-March 23, 2009

Children must be accompanied on ice with an  
adult.

### Adult Women's soccer

Ages-18+

Place- Woodman park community  
centre

Days- Sunday

Start date - January 18

- March 22

Times- 6:30 - 8:00pm

Duration - 8 weeks

Cost - Drop-in:\$5.25

- 10 Visit punch card: \$44.00

### Adult Badminton

Ages - 18-87

Place - Woodman park community  
centre

Days - Monday

Start date - January 5

Times - 9:30-11:30am

Duration - On-going

Days - Tuesday

Start date - January 6

Times - 7:00-10:00pm

Duration - On-going

### Zumba Fitness

Ages-18-87

Place - Doug Snook Eagle Place  
Community Centre

Days - Wednesday

Start date - January 14

Times - 6:30-7:30pm

Duration - 6 weeks

Days - Wednesday

Start date - April 8

Times - 6:30-7:30pm

Duration - 6 weeks

Cost - \$51.00

### Recreational Basketball

Ages - 18+

Place - Resurrection Community  
Centre

Days - Sunday

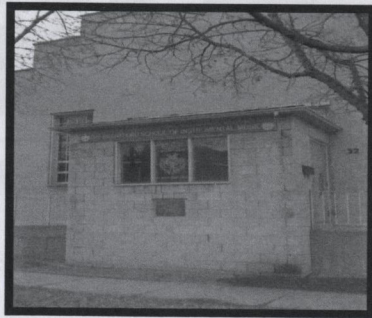
Start date - January 11

Times - 6:30-8:30pm

Duration - On-going until the end of  
May

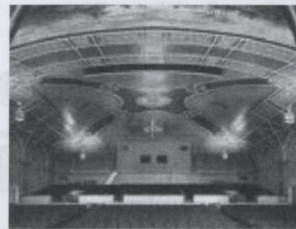
Cost - Drop-in: \$5.25

# Performing Arts



## Take a step back.....

The Sanderson Center home of Broadway, concerts, comedy and community events reflects the growth of Brantford's heritage. The architecture of the fully restored theatre shows the history of the early 1900's. Built in 1919, it was originally named The Temple Theatre known for its cabaret shows. It was then bought by Famous Players in 1929, who named it The Capitol. For many years it was used for movie goers. This 1133 seat theatre that offers state of the art acoustics and new age lighting, after its restoration in 1985 it was purchased by the city of Brantford who renamed it The Sanderson Center in dedication to the Sanderson family who were known for there generous support to the community. It is now the heart of Brantford performing arts where you can enjoy with a rich history modern experience.



## The Brantford School of Instrumental Music

Originally organized in 1931 as the Brantford Boy's Band, today The Brantford School of Music, offers progressive music instruction in first, second and third year groups. Members are then recruited into the Bell City Band and ultimately into the Brantford Memorial Concert Band.

The Brantford School of Instrumental Music is a non-profit organization dedicated to providing quality training to all ages.

# Fine Arts

## Impressionistic Artist



Hanne Lore Koehler was not formally educated in the arts; Koehler is self-taught although her father studied art in Cologne and Vienna. This greatly influenced a lot of Koehler style of different arts. In 1990's Koehler researched and taught herself how to use a computer, built her own website where most of the art is sold. Most internet sales has been from Canada and the U.S., however Koehler's art work can be found in places like Japan, Britain, Germany and Australia. Hanne Lore Koehler has a unique painting style its sort of impressionistic realism, Koehler has done water colors, oil painting, and acrylic painting. Koehler paints action sports, landscapes, portraits, still life, architecture, and book. Koehler also has done adults and children's wall murals. Koehler is a very talented and gifted artist she is located at Koehler Art Studio & Gallery Collection R.R. Cambridge ON Canada N1R 5S5, (519) 740-0318. You can also check out her website at [www.koehlerart.com](http://www.koehlerart.com).

# 8 Stylish Ways To Keep Warm This Winter



**Winter coats-** We all know that a great coat is one of the main components to keeping warm in the winter. Choose a coat that suits YOUR personality, one that stands out to you. When going out for a night on the town, try to make your coat longer to stay warm and to look as beautiful as you want underneath. When you feel comfortable in a coat all the other necessities like snazzy boots or a cozy scarf will just be easier to put with your coat. The way you feel about your accessories for the winter can make a difference between a *haute* and a *cold* winter.

**Mittens-** Nothing says "beautifully girlie" like finger tip gloves this winter. Not saying take scissors to your old gloves. Adorable finger tip gloves are perfect for those chilly school days. Even good for warming up your hands while your still indoors.

**Boot up-** Your guilty conscience may be telling you that buying another pair of shoes for the winter but if making a footwear purchase means keeping your feet warm well then who can argue that? Try a pair of easy fitting boots. Ones that are easy to come and go as you please while managing to keep your feet warm and comfortable.

**Sweet sweaters-** We are sure that everyone has their favourite sweater hanging in their wardrobe. Why not try to put that away and bring out something more lusciously cozy making it the live in sweater for snowy days.

**Head of the class-** The beanie is the best way for those cold winters up coming. The long tie like braids are very cute and practical. Adorable ear coverage and you will feel warm and continue to look hot.

**Sassy scarves-** Neck wear is hot this winter, indoors and out. Try getting a scarf that is designed to go with a low neck lined shirt that way it will keep you toasty and you can wear it all day long.

# What's HOT?



**JAKER'S HIP HOP CLOTHING**  
**384 CHIEFSWOOD ROAD, OHSWEKEN**

**TAX FREE**



# Unique Body Art

## TATTOO STUDIO

Artist: **Matt Mater** 905/768/4465

Trudy Belanco  
F: 519.756.8449 E: tbelanco@brantford.ca  
www.budresourcesourcecentre.ca

Our Team  
202 x 008  
Billie in Chief  
F: 519.751.2617 E: rh@brantford.ca  
www.brantfordbrant.com



call 519.756.4269 fax 519.756.4269

# This winter take time to Chillax!

In today's evolving global economy and job market, the importance of education can never be overstated. Technology, outsourcing to cheaper labour markets and the loss of North America's manufacturing base have made education even more paramount. The shrinking unskilled job market has left many unskilled workers on the sidelines.

As people strive for education and career development, they often push themselves harder than ever before. It seems like just getting good grades isn't good enough anymore and most set much loftier goals for themselves in hopes of making "Deans list" and honour rolls, in the push for high marks? Most forget to take time out to "smell the roses" or manage the stress properly that often accompanies higher learning. The human body actually needs some stress to perform at maximum capacity. This "eustress" will drive us to perform optimally under certain circumstances. However, there is a fine line between positive and negative stress levels. One really needs to set time aside to completely relax and rid the body of stresses (positive or negative) on a regular basis. Relaxation need not always cost a lot of money too. There are many stress relieving activities that cost very little or nothing at all. You may choose to curl up with a book, unrelated to studies, or watch a favourite movie. Others may choose to go hiking, skating or just a casual walk around the neighbourhood. Others yet may choose to do something as simple as playing a musical instrument or even a video game to relieve stress. What is really important is that you do take the time to put the books aside and take a few deep breaths from time to time. You will usually find a fresh perspective and increased energy levels when you do return to the homework.

Author, Wayne Black

## Our Team

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**Business Retention  
+ Expansion Program**

BRANTFORD ECONOMIC DEVELOPMENT & TOURISM

## Business Retention & Expansion (BR+E)

BR+E is an action-oriented, community-based approach to business & organization economic development

With a focus on "nurturing and supporting" businesses and organizations existing in the community, BR+E works to improve the competitiveness of local businesses, build on development opportunities, and increase the capacity of the community through the provision of training and networking.

BR+E services are crucial to the sustained viability of communities since businesses that stay competitive are more likely to remain and grow.

• location assistance • business planning • financial planning • exporting • training and development • market research • market plan development • human resources

### Short-Term BR+E Objectives

- Provide community support for local business and improve profitability
- Identify and address immediate concerns of individual business and organizations
- Let local businesses and organizations know how much they are valued in the community

### Long-Term BR+E Objectives

- Increase the competitiveness of local businesses
- Establish and implement a strategic action plan for community economic development
- Promote business development and job creation

For more information please contact your BR+E Specialist:

#### Hospitality/Retail/Office/Commercial/Service:

Trudy Belanco T: 519.756.4269  
F: 519.756.6449 E: tbelanco@brantford.ca  
www.businessresourcecentre.ca

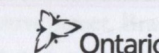
#### Manufacturing/Industrial:

Robert Ham T: 519.751.9900 x 302  
F: 519.751.2617 E: rham@brantford.ca  
www.brantfordbrant.com



**THINKING STARTING GROWING EXITING**

- Single point of contact for small business information and resources
- Free consultations with experienced business consultant
- Legal and accounting mentorship programs
- Seminars/workshops and tools for business
- Networking opportunities



call 519.756.4269 fax 519.756.4269

# Sports

## Outdoor Skating in Brantford

Each winter from the end of December till the beginning of March,;



Residents can come out and participate from sunrise until 11:00 pm in Brantford's outdoor skating rinks, sharing the winter experience to all its residence. These rinks are well maintained for safety by neighborhood association's volunteers. Whether its hockey, or pleasure skating it's a great outdoor activity. For more information on rink schedules contact your Neighborhood Association representative or

Author, Wayne Black

## The Greatest Get Together Spot

### Upcoming events


Free family skating  
All winter long  
Daily from 9am-10pm

Family day winter  
Carnival  
February 16/09 2pm-4pm

The great and beautiful downtown Harmony Square is a beautiful spot to enjoy all sorts of wonderful family activities all through out the year. During the winter months an ice rink is built for families to enjoy free skating, this provides a wonderful opportunity for adults and children to get out there and have some good old fashion fun! While incorporating some healthy exercise that everyone can benefit from at no cost. This wonderful spot is conveniently located in the heart of our beautiful downtown Brantford, so be sure to get out there this winter with the



Erik Croft (left) and Dan Edge (right) winners of our 2008 University Scholarship Awards.  
Karate, Kickboxing, Jujitsu-Kobudo



## DON WARRENER'S MARTIAL ARTS ACADEMY

**Head Instructor**  
David Turkoski  
Phone: 519-751-1117

- ☯ Karate
- ☯ Ju Jitsu
- ☯ Kickboxing
- ☯ Cardio Room

CALL TO RECEIVE  
YOUR TWO FREE  
LESSONS

**Don Warrener's Martial Arts Academy**

85 Charing Cross Street, Brantford, ON N3R 2H5

## Irie Catering

Here at Irie catering we specialize in all Jamaican cuisine. We are ready to cater to all your special celebrations. At Irie catering we take pride in offering the best tasting Jamaican cuisine, tasting is believing. We are a family owned and operated business with 20 years of experience in creating the best tasting Jamaican dishes. We will cater out of the Brantford area, you call we'll come! So the next time you are catering that special event give us a call, you will be delighted you did.

(519)865-2952 ask for Mike

## Menu

Escoveitch Fish

Curry Goat

Curry Chicken

Curry Shrimp

Curry Lobster

Curry Conch

Jerk Chicken

Oxtail

Ackee and Salt fish

Rice and Peas

White Rice

Fried Plantains

Green Salad

Conch Salad

Stuffed Lobster

Steam Fish

chicken wings (jerk,bbq and curry)

Goat Head Soup

Fish Tea



Here at Irie Catering, we use fresh  
Goat, fish, oxtail, chicken in all our dishes  
We also use the freshest fruits and vegeta-