### Learning Skills Center Helps Students Prepare For Finals



The Learning Skills Center Provides Free Tutorial Help To Students

No, you don't have to read this article. On the other hand with just two weeks left of school and perhaps the most significant thing between you and your G.P.A. (besides the past) are the upcoming exams, you may want to give it a glance.

Composed within is some basic information designed to get you through those dreaded exams. The first point of which is don't dread them! It's precisely this nervous tension that in more cases than not only serves to distract and discourage the potential future scholar as he crumbles before an exam book.

According to Walter Pauk, author of the book, How to Study in College, physical and emotional readiness are as important in taking exams as being intellectually prepared. With that in mind, some ways to organize yourself for maximum efficiency before the exam are: 1. eat on schedule all week. 2. get a normal amount of sleep every day all week. 3. set aside your usual daily activities (T.V., dates, ect.) for after the exam. 5. have a positive attitude. This will influence your success. 6. finish your study sessions with an overall view of the topic. This means organizing your study materials into catagories so that you have a complete picture of the material that is to be tested. 7. don't rush

the morning of your exam. Get up early. Take one last look at your notes and have a breakfast of good food; you will need the protein. 8. avoid tenseness while taking the exam by deep breathing, thinking briefly about your reward after the exam and recalling some key words on your summery sheets.

The following basic 'How to Study' techniques will allow most students to get the most amount of studying done in the shortest time possible. First and foremost, a student should set a goal for themselves, decide what their objective is in study and keep it clearly in mind. For example ask yourself- what the main topics discussed in this chapter are and try to gain an understanding of how they work, why they are implemented and who and when are the important factors involved in them.

Organize your approach. Have all your tools, for example paper, textbooks, dictionary, close at hand when you start studying. It's also a good idea to have any lecture notes you've taken readily available should you recognize a topic discussed in class.

Find a study area best suited to you. You know better than anyone whether you study best with or without music. If you find there just isn't a suitable area for you to study in at home, remain at school an hour longer in the library or

check with a friend whos apartment may be available.

Finally schedule your time. Decide how much time you want to spend studying and budget your time to match the difficulty of each course.

Now, on the art of study itself, it's summed up in one quick phrase- SQ3R. This is a rather simple, yet highly efficient approach to studying textbooks that will allow you to select and comprehend what is important and remember it better.

Composed of 5 steps, the first is in Surveying. That means quickly skim the materials, noting whats covered and how it's arranged before you read it.

The second step is Question. That is, ask yourself (perhaps while surveying and in writing) what you think you should know when your done reading the material. For example, why, when, how and where did events occur?

In step 3 you should Read straight through and try to answer the questions you posed in step 2.

In step 4, it's suggested you Recite, outloud, concepts you believe are important from your reading material. If you answer your one questions in this process, write them out so that in step 5, when you Review the material you can see if you answered your questions correctly (If you answered them at all.) Also see if you can list basic points under the main concepts you noted while surveying.

It is important to remember that learning from reading is easier with more time spent recalling what's been read than by rereading it.

Finally, when you are utterly prepared, or think you are, there are some very basic principals to taking any exam. To begin with, know how much time you have to complete it. Then look over the entire test before starting. While taking the test, omit or guess at items which stump you and use time remaining to improve or reconsider answers.

# National Honor Society Recognizes 25 Students

ACC's local chapter of PHI THETA KAPPA held its annual initiation on April 9 in the CDNRC.

Twenty-five students were initiated in a ceremony which lasted approximately one hour with ACC President Dr. Newport giving a personal address to the assembled students and visitors.

According to Dr. Moreau, local chapter President, PHI THETA KAPPA, a national honor society recognizes students who have

achieved a cumulative 3.2 GPA or better and are recognized by faculty members as having sound moral judgment and leadership qualities.

The purpose of this organization is to foster a spirit of devotion to study and to scholary ideals among its members and whose principals are embodied in the Greek letters phronimon, thuemos, katharotes which are wisdom, aspiration and purity.

Listed below are this years

nitiates:

Annette Agius, Gust Annis, Scott Bartz, Heidi Brege, Bruce Bischoff, C. Frances Brink, Matthew Carpenter, Thomas Duesbout, Gregory Frey, Terri Gozdor, Derek Gray, Lori James, Jill Kapture, Mary Klemens, David Leeck, Jeannie Londo, Michael McCourt, Rhonda Miller, Lori Murphy, Linda Rea-Harwood, Trina Redding, Alona M. Smith, Antoinette Thomas, Karen Werth, and Tracy Willis.



## A Presidential Thank You

Dear Friends

As I write this letter, our millage election is still three days away. As you read this letter, the election has passed and we know where we will stand for the next several years with regard to this important matter.

However, regardless of the outcome, I sincerely believe that we have every right to be proud of the support which has been exhibited by so many staff, students and friends of the college. Yes- you have stood up and been counted - have worked so hard on the college's behalf!

Numerous examples come to mind - speakers, callers, folders, stampers - no matter what the task - members of our college community have responded. The Special issue of *The Lumberjack* should be constant reminder of the groundswell of support which exists and my special thanks to our students who produced this outstanding piece of journalism. Then there were those magicians who appeared with ribbons and "keys" to "tie one on" for ACC.

Well the list is endless - the point is that regardless of the outcome, we should be proud of ourselves for being aboveboard and candid with our entire community regarding the millage and the effort that we all put into this campaign.

My personal thanks to each of you - you are a great crew and deserve to be proud of the total effort you put into this campaign.

Dr. Donald Newport
President ACC



#### Parnell to Speak

Board of Trustees Chairman, Roger Bauer attended the annual American Association of Community and Junior Colleges held in Washington D.C. on March 29-April 1. The meeting is designed to bring together community college trustees and staff across the United States and around the world.

Bauer attended several seminars while there and was present during a meeting where First Lady, Mrs. Bush was awarded the Harry S. Truman Award. President George Bush was at her side during this event and addressed the guests with a well written speech by Dale Parnell on Community Colleges.

Dale Parnell is the executive director of the AACJC and is scheduled to speak during ACC's graduation ceremony on May 12. Bauer stated that the speech read by The President was "astounding", and that we could expect the speech on graduation day to be equally astounding.

Approximately 300 eligible graduates and guest will gather at EAC on May 12. The ceremony is scheduled to get under way at 11am with a luncheon being served at the Holiday Inn following.

Parnell is scheduled to address the graduates and their guests during the ceremony. Parnell is noted for taking and interest in student success stories and centers his speeches around certain students from the college he is speaking at. This approach adds a personal touch to his speeches and indicates that he is truly interested. Are you one of those lucky graduating students? Find out who is at the ceremony May 12.

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