

## Students honored at annual Awards Banquet

The annual ACC Awards Banquet will be held this Wednesday evening in the Alpena Civic Center, Room B. The program will begin with dinner, served from 5:00-6:00 p.m., followed by the awards presentation at approximately 6:15.

This is the ninth year in which ACC students are being honored in an Awards Banquet. The event allows recognition of important individuals and their achievements at ACC. The awards are presented by the various campus organizations and certain academic departments.

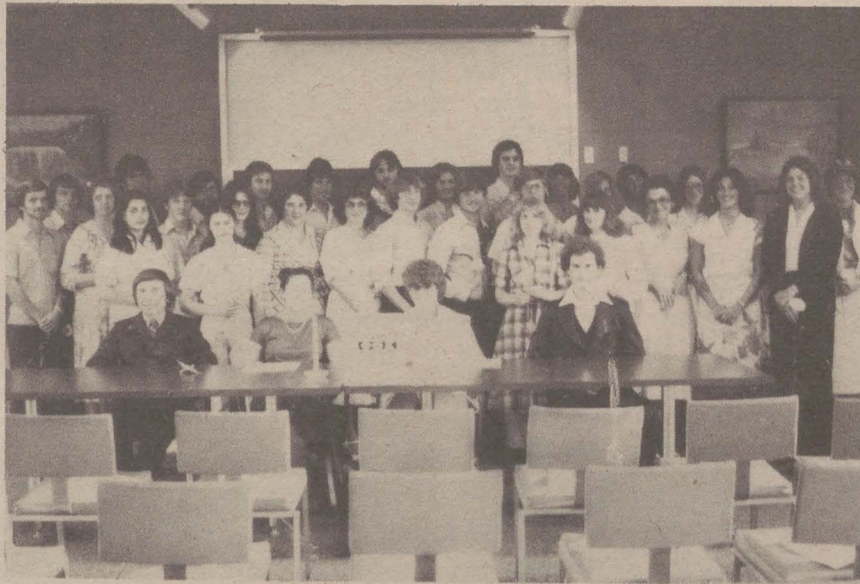
These departments include math, chemistry, and stenography. Some of those student activities that merge with academic courses are also presenters: Law Enforcement, Journalism, and Athletics.

The awards are given on the basis of individual proficiency in the particular group or field of study. Representative heads of each organization will present their respective awards. The winner of the Herbert H. Dow Leadership Award will also be named. This financial grant is bestowed on the freshman who has displayed the most effort to enrich the college and community through his/her leadership.

Pre-registered guests will be admitted with a \$3.50 fee taken for non-students. The banquet will be catered by Kentucky Inn Catering. The program is sponsored by the Campus Activity Board.

## Schedules disorient students

"Chronic jet lag" is suffered by many college students, says Dr. M. Lyman Moody of the Brigham Young U. College of Nursing. Students tend to have "erratic schedules when they're at school, which causes their biological clocks to get out of order," he says.



## Phi Theta Kappa inducts new members

Cathy Mason, Editor

29 ACC students joined the ranks of the local Phi Theta Kappa Fraternity at the semi-annual initiation ceremony on May 4.

President Faye Donald conducted the ceremony with the assistance of John Garant, Secretary-Treasurer Cathy Mason, and Sponsor Dr. Richard Moreau.

After an introduction, the candidates pledged fealty to the fraternity. Symbolizing their new status, each initiate lit a candle, signed the membership book, and received a white carnation. All the members joined in the fraternity song.

This largest group ever of new Phi Theta Kappa initiates includes: Mary Fournier, Candace Ballard, Scott Green, Donald Kearly, Kenneth Lechtanski, John O'Toole, Lynette Rouleau, Tom Andrzejewski, Todd Bordewyk, Edith Burgoyne, Ross Corpe, Sal Frontiero, Mary Haggard, Joni Joy, Robert Joy, Gerald Karsten, Chris Kaszubowski, Schuyler Lance, Laurie Krawczak, Rosa Morrison, Elizabeth Ponik, Sharon Ratz, Michael Seguin, Jeff Smith, Gina Smolinski, Tamyra Troupe, Cheryl Tunney, Mary Wilmot, and Prudence Wisniewski.

ACC President, Dr. Charles Donnelly, addressed the new initiates, commenting on the exciting future in store for them as they live into the 21st century. In Donnelly's opinion, one of the greatest problems facing the world is apathy. He noted that these new initiates are the ones that will solve this and other problems: "All it takes is a little action to throw apathy out the window."

After the ceremony, the new initiates received congratulations from fellow members, family and friends as they enjoyed a punch and cookie reception, courtesy of Mrs. Moreau.

Phi Theta Kappa is a nation-wide fraternity of junior college students which promotes scholarship. Members must hold the esteem of their teachers as well as a G.P.A. of 3.2. The Constitution & By-laws states the function: "Phi Theta Kappa shall provide opportunity for the development of leadership and service, an intellectual climate for exchange of ideas, lively fellowship for scholars, and stimulation of interest in continuing academic excellence." The local chapter, Nu Omicron upholds these ideals.

## 130 to graduate from ACC

Every year, students have one other thought on their minds besides the beautiful weather and each other.... Graduation.

This year's graduation will be on May 16, 1980, at 11:00 am in the East Campus gym. Approximately 130 students are graduating this year.

Father Raymond will deliver the invocation. Dr. Donnelly and Mr. Terry Meeder will also speak. Guest speakers will be Roger Bauer, chairman of the ACC Board of Trustees and Tom Kane, president of Student Senate.

During the ceremony, the outstanding male and female sophomores will receive the Jesse and Anna Besser Award, which carries a stipend of \$100.

A reception, at the East Campus cafeteria, will follow the graduation ceremony.

## Khomeini is egged on

Auburn, Ala. (CH)- Auburn University faculty and students had a chance to vent their frustrations over the Iranian crisis recently when the college Republicans sponsored an "Eggoholla the ayatollah" demonstration.

Students and professors tossed eggs at the canvas drawing of the revolutionary Iranian leader, Ayatollah Khomeini, and the event proceeded smoothly until one student decided he'd seen enough.

Screaming "Khomeini is not the cause of all the problems of the world," the student tried to tear down the egg-covered canvas, as surprised participants looked on. The campus police were called to break up the confrontation, but the counter-demonstrator disappeared before they arrived.

## Song of the Morning Ranch offers tranquility through Yoga

Madeline Briggs, Staff Reporter

Stillness heralds waves of peace that seemed to fill the ultra-modern sky-lit dome structure. The soothing sounds of Eastern music and the natural rhythms of awakening Spring winds brought man and nature together at the Song of the Morning Ranch... Retreat of Excellence.

The 16 staff members, Mr. J. Oliver

Black (founder of the yoga ranch), and guests, communed for a one-hour meditation service.

Although the Spring thaw left the day dreary and roads muddy, the intense, uplifting readings from the Holy Bible and reflective message beamed rays of inner light to me.

Vedic Hymns, which are songs and praises to the glory of God, were

celebrated by all participating in the service. Lastly, the chanted sacred word "aum", which is Hebrew for faithful, was released in reverberating sounds of peace from the congregated assembly. The serenity I experienced while hearing this chant resembles the tranquillity I have often felt when listening to a fog horn on a hazy evening.

Plain living, high thinking and brotherly unity are being taught by disciples of Paramahansa Yogananda, founder of Self-Realization Fellowship in America in 1920 and Yogoda Satsanga Society of India 1917.

An 86-year old, retired auto executive. J. Oliver Black is also called



**Yoga Ranch, cont.**

"Yogocharya" which means yoga teacher. He is also the owner of 25 patents, the oldest living disciple of Paramahansa Yogananda, and founder of Song of the Morning Ranch. At age 31, Black began his intense study of Yoga from his master, Paramahansa Yogananda and was then bestowed his title. He defined Yoga as, "a yoking together of the individual consciousness or a merging with the universal consciousness."

During a recent six-hour visit to the ranch, which is nestled in the midst of 800 acres of the Pigeon River State Forest, and frequented by area wildlife, I became more aware of the lifestyle of a Yogi, Carol Siroskey, Black's Personnel Director, gave me a tour of the grounds and ten buildings. She informed me that the staff, who take a vow of celibacy, receive no salary, only an allowance and room and board. These dedicated workers have an 8:30-5:00 day, during which they pursue vocational training. Siroskey commented on their choice of vocations saying, "The men and women are absolute equals. The work they choose depends on their abilities or talents, not on their sex." The training is designed to aid the personal growth of those residing on the ranch. The construction of buildings, maintenance of buildings, the gardening for the vegetarian staff, the Song of the Morning fire department—Ostego No. 6, and a new bridge-building

project are all endeavors which could help develop the total person.

The Song of the Morning Yoga Retreat is operated by the Golden Lotus Inc., a non-profit organization which develops and markets highly inventive patents created by Yogacharya.

While sharing fellowship during a meal, Yogacharya stressed the importance of balance in a person's life between the mental, physical and spiritual planes. Various types of courses are taught at the retreat to help one achieve this balance: For example, there is Raja, the yoga of meditation; and Bhakti, yoga of devotion to a personal God or a great teacher, such as Christ; or Karma yoga, for those inclined toward work and action; Jnana, yoga of the intellect; or Hatha yoga for bodily perfection through postures.

The 20th century has seen many cults; sometimes leaving behind catastrophic trails as in the Jonestown, Guyanna tragedy. Consequently, an individual is often leary of isolated communities that have strong leaders and lifestyles which separate them from the broad spectrum of society. When asked if the Yoga Retreat could be considered a cult movement or if he ever feared this negative comparison being applied to the ranch, Black replied steadily.

**Rush, cont.**

recently-held Very Special Arts Festival.

When Rush is not woodworking or performing civic duties, he enjoys cycling and Tiger baseball.

When asked if he has any pet peeves about sighted persons, he turned wistfully toward Corrine and said, "No but I do wish my family would remember that I am blind sometimes." His daughter, Sharyn, laughed and related a recent family experience. While Arthur, Rush's son, was installing a roof antenna, he asked his father to hand him a tool. When he realized that Rush didn't know where it was, he asked, "What's the matter, Dad, are you blind?"

fastly, "Truth is the only thing that will fly against the wind, while everything else just blows with the wind."

Upon leaving, Yogacharya gave me a book for further study entitled The Autobiography of a Yogi, by Paramahansa Yogananda. I am finding this book enlightening. His writings attempt to reveal the harmony and basic oneness of original Christianity as taught by Jesus, and original Yoga as taught by Bhagavan Krishana. Paramahansa Yogananda believes this to be the ideal of the Self-Realization Fellowship: to show that truths are the common scientific foundations of all true religions.

The aims and ideals of the Self-Realization Fellowship are being taught at the Song of the Morning Ranch or the Golden Lotus University. Beginning July 15 and running through August 30, one college credit for each course, can be earned through its affiliation with ACC. Classes to be offered during that time will be: Applied Kinesiology, Physiology of Nutrition, Philosophy of Healing, Energy Conservation for Your Home and Car, Vegetarian Nutrition, Hatha Training, Dimensions of Learning, Katha Unpanished, Singing Fundamentals, and Dynamic Expression. Accomodations are available in dome structures featuring complete kitchen facilities and utensils, carpeting and star-shaped leaded skylights—which were designed by Black; or in tents or lodge facilities. For further information, write Song of the Morning Ranch, East Sturgeon Valley Road, Vanderbilt, MI, 49795, or call (517) 983-4107.

**ACC Women nab three out of four**

The women's Lumberjack softball team was as hot as the weather this past weekend. After dropping a Friday doubleheader, Alpena bounced back to take three of the remaining four games in closing out their regular season at 9-13. The regionals will begin May 10.

In their final weekend:

*St. Clair 5, Alpena 0*

The ACC offense was stifled in the opening contest despite Jan Kaiser's two singles. Kaiser was also the losing Alpena pitcher.

*St. Clair 7, Alpena 5*

Things were closer in the nightcap as the Lumberjacks finally managed to get on the scoreboard. Kim Schwiesow's triple was the longest hit for Alpena, while Eva Brokenbrough was the pitcher charged with the loss.

*Alpena 12, St. Clair 2*

The Jacks finally overtook the Skip-pers with a balanced hitting attack. Kaiser, Brokenbrough, and Beth Buchner had three hits apiece to pace

Alpena's 13 hit total. Kaiser received the win for ACC.

*Alpena 6, St. Clair 4*

Alpena completed the twin-killing in the second game by going to the long ball. Cheryl Middleditch powered a home run and a triple for the Lumberjacks while Buchner knocked out a triple and a single. Again, Kaiser was the winning Alpena pitcher.

*Alpena 10, Monroe 5*

The ACC winning streak reached three as the Jacks cruised past Monroe in the first game. Buchner collected three hits to lead Alpena while Kaiser and Tammy Eller each had two. Kaiser recorded her third straight win on the mound for the Jacks.

*Monroe 12, Alpena 7*

Monroe snapped Alpena's string in the nightcap by pounding out 11 hits. Middleditch drove out a home run for ACC in the losing effort as Kaiser was tagged with the defeat.

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# Editorial

The occasion of the last issue for the year of Campus Update, is one that calls for a different approach. For many of us, it is our last issue. So, our purpose here is not a consideration of local and national issues, but rather a consideration of ourselves: How well we have done our jobs.

Looking back to the first issue, we established our goal as, "publishing an accurate and informative paper that will enable the community to be aware of the facts...." We see triumphs and failures in meeting this goal. Sometimes we were less than accurate, less than informative. But, we sincerely believe we have tried.

Each year, the paper acquires a special flavor that results from a blending of the talents of the staff:

This year's staff, dominated by women, has been diligently feminist. We have always strived to be fair to women and men.

Glancing back over past issues, we see the increasing sophistication that progress brings. Of course, some issues have been excellent, others less so. But overall, we are very pleased with the results.

Our existence is based on public service. We sincerely hope that you, the reader believe we have done this. We would like to believe that our being here has made a difference, that our presence has meant a better paper. One last wish we hold, is that the quality we have achieved will continue with the new staff next year. Thanks for reading our paper.

## AHS art displayed

An exhibition of artwork by the students of Alpena High School will be on view from April 27 through May 25, 1980 at the Jesse Besser Museum.

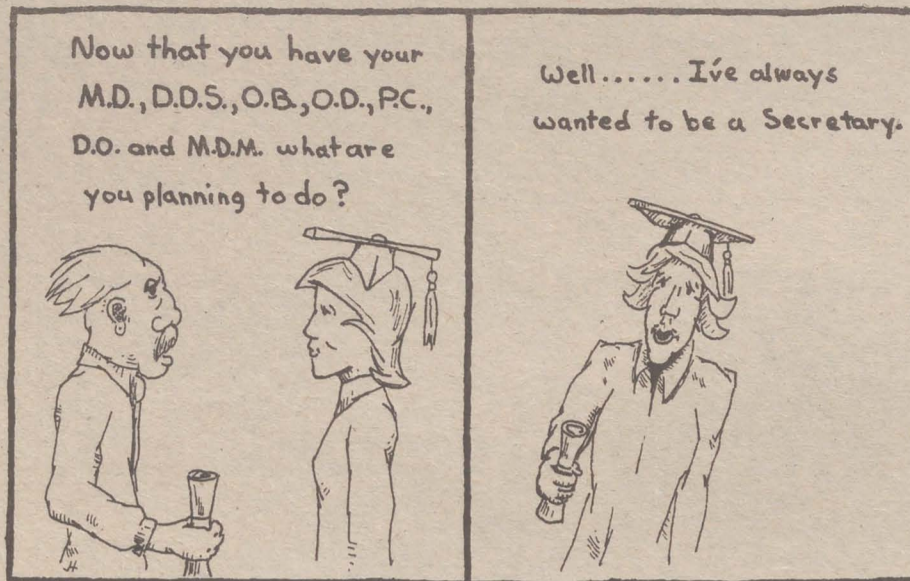
This work was done as a part of the art instruction classes at the high school and pieces on display were selected by instructors. Sandy Taylor, Gene Reimann, and Joel Marciniak.

The items in this exhibit are representative of the work done in the jewelry, ceramic, drawing and painting, craft, sculpture, and graphic classes offered at the high school.

The museum is open from Monday to Friday 9-5, Thursday evenings 7-9, Saturday and Sunday 1-5.

# Campus Strip

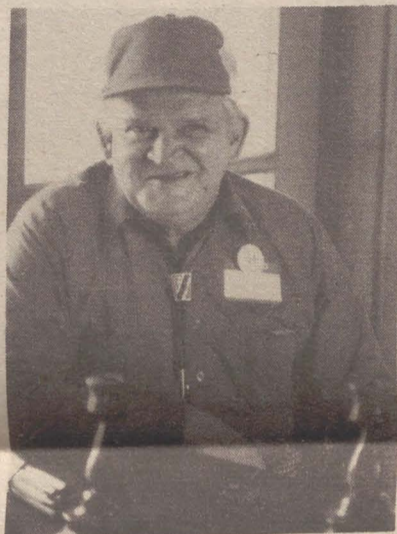
by John Holcomb



## Student optimism revealed

Students are optimistic about marriage. A recent journalism class survey of Iowa State U. students found that 90% of single students expect their marriages to last a lifetime.

## Blindness doesn't affect his independence



Bill Rush

Madeline Briggs, Staff Reporter

Bill Rush, a State Representative of the Michigan Association For the Blind, pondered thoughtfully and then shared a few words of wisdom for any blind person, "One of the most important things is to be independent," He quickly added with a chuckle, "Please, Mother, I'd rather do it myself."

Rush, age 56, lives with wife Corrine in Mikado. Together they have 12 children and 18 grandchildren. He serves as a Consumer Advocate on the Accessibility Committee For the Physically Handicapped, often initiating lengthy evaluations with management to comply with the requirements.

Rush practices what he preaches. Daughter Sharyn Ownes gave testimony to his independence when she remarked, "He gives the impression that he feels that you're only as handicapped as you allow yourself to be."

Recently, Rush attended an intensive three-day seminar concerning

the Rehabilitation Act of 1973—Section 504. This act states that all governmental buildings or agencies (receiving HEW funds), must make their program accessible to a handicapped person by providing appropriate equipment and hiring policies.

Since the seminar, Rush and his wife have evaluated schools in the Intermediate School districts of Alcona, Montmorency, and Alpena. They have also worked as a team determining whether the Social Services in Harrisville and Alpena General Hospital have complied with the requirements of Act 504.

Since Rush's loss of sight, at age 28, from a disease called Tuberculosis of the retina, he readily admits he has spent little time feeling sorry for himself. He has achieved a remarkable independence in his life. When asked what type of activities he is able to perform, he answered, "I can better answer the question, what can't I do? Only two things, read a book not written in Braille and drive a car."

The couple have given numerous Blind Awareness workshops for the sighted, and conduct bi-monthly craft classes at the Mikado Hall. They are hopeful that knowledge gained from the Awareness workshops will dispel many falsehoods which a blind individual often encounters. Corrine commented about one frequent misconception saying, "Some people think since a blind person can't see, they can't hear." Often when she and Bill dine out, the waitress will turn to Corrine and ask her what Bill would like to order. Corrine, turning to Bill, added on a light note, "I think I'll get you

a t-shirt with the following words printed in front—I'm blind, but I can still think, smell, hear, and touch."

Rush will not allow himself to consider blindness a handicap. He has been an active member in the Lion's Club for ten years, and has served as president of the Lincoln Lion's Club in 1977-78. He is the only blind member who has served in this capacity. He has also held the office of president of the Pine River Association of the Blind and was one of the original five charter members.

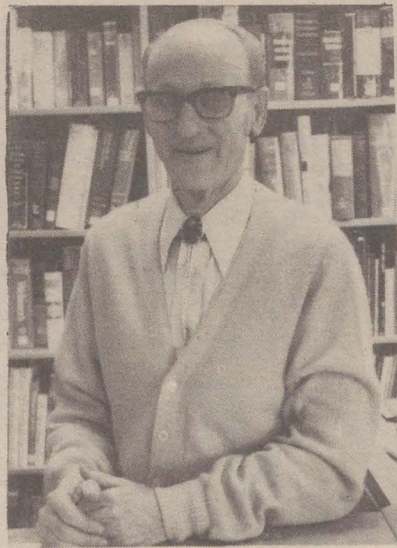
Before moving to Mikado, Rush founded the Leo's Club of Allen Park in 1970. This youth organization patterns itself after the Lion's Club. It is a coed organization for young adults, ages 14-18.

With Spring in the air, Rush is anxious to complete his work on the nature trail in the Lincoln-Alcona Recreational Area, where he is identifying 23 points of interest. The or partially-sighted person will be able to read and gather data about trees and flowers from the Braille and large-print signs that Rush places on waist-high posts.

Rush is skilled with tools of woodworking. In the pole-barn structure he built behind his home, he designs and creates floor and table lamps, candle holders and pedestal tables. He incorporates the natural wood-grain patterns of pine and butternut into intricate graceful lamp silhouettes. Rush displayed one of his favorite lamps, a table lamp shaped like a brandywine goblet, at the

cont. pg. 3, col. 2

## Staff Feature



**Jule Hartwick**

Bev Brandenburg, Staff Reporter

"I decided to become a Librarian through my enjoyment of books," said Jule Hartwick recently. "I felt I could help students, staff and patrons of the Library develop a desire for knowledge through books."

Hartwick has been the ACC librarian since 1957 and has taught courses in library technician science for the past 23 years. This year he retires.

Hartwick is a native of Lansing. After military service from 1941-1945, he started his education, earning a B.A. at Michigan State and an M.A. at Western Michigan University.

Before becoming a librarian, he taught English at Oxford for one year. His first library post was in Garden City, followed by work at other Michigan schools.

During the 23 years Hartwick has been librarian, he has seen many changes. The library has grown from one tiny room which was shared by three libraries to the present spacious room on the second floor of the NRC building. The number of volumes has grown as well, from 2,900 in 1953 to more than 30,000 in 1980.

"I am sure my replacement will have his or her own ideas on the improvements or additions in the library," Hartwick commented. He added, "Upon my retirement..., I will miss daily contact with the students and their reference question needs."

After retirement, Hartwick and his wife Thelma, a retired ACC math teacher, will enjoy a trip to Norway. He will also spend more time "enjoying my hobbies: making jewelry, rock collecting, puttering with wood making, fishing, and traveling."

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## Urge caution to joggers

Although the real extent of the problem is unknown, some safety officials are becoming concerned about the increasing numbers of joggers, many of whom seem largely unaware of the risks and hazards present on and near roadways.

Joggers should be reminded that pedestrian accidents claimed the lives of 354 persons last year—a figure that represents about 17% of all traffic deaths in Michigan.

As a case in point, a recent article in the Detroit Free Press indicated that a 70 year-old Belle Isle jogger was killed when one car involved in a crash with another jumped the curb where the man was running. He was pronounced dead at the scene.

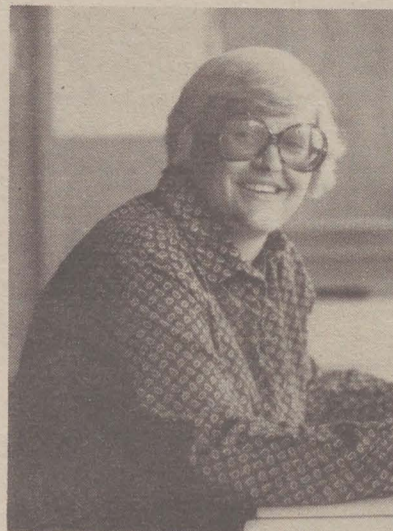
Common sense should dictate that certain basic precautions be taken while jogging. For example, wearing light colored clothing or reflective arm or leg bands at night, or even carrying a small light where it can be seen easily by oncoming traffic. Police officials also say it is okay to leave your wallet at home, but recommend that some form of identification be carried in case something does happen. The best advice—be constantly alert to traffic—regardless of how safe you think you are.



*Death in Venice*

The ACC Classic Film Series offers *Death in Venice* on Thursday, May 8, at 7:30 p.m. in NRC 150. This film deals with homosexuality: An artist's search for purity and beauty leads him to Venice where he becomes infatuated with an exquisite young boy. Experience the emotion of *Death in Venice*; pick up your ticket in VLH 107 with your student ID.

## Student Feature



**Kim Schwiesow**

Shari Ratz, Staff Reporter

"I don't mind driving forty-nine miles to school," says Kim Schwiesow, captain of the ACC women's softball team, "because if you really want something, you have to sacrifice a little bit. I think my long-range goals are worth the trouble."

Chosen by the softball coaches on the basis of her leadership ability and enthusiasm, Schwiesow's duty as captain includes representing the team before each game as she meets with umpires and coaches to learn the ground rules for each field. She reports these rules to the team, gives strategical opinions to the coaches, helps to boost team morale, and acts as mediator between team members and coaches. She also plays catcher for the team.

Schwiesow plans to minor in Athletic Training, a fairly new field in physical education. State laws may someday require an athletic trainer to be available at every school-related sporting event to provide preventative medicine and immediate aid in case of injuries. Her main goal, however, is to be an elementary school teacher.

"I think the quality of education depends on the teachers and how much extra time they're willing to put in," says Schwiesow, "Too many teachers are pushing kids through school without caring whether or not the students actually gain any knowledge or experience through the class. I'd like to work toward being available after class is over, not run out of the door when my eight hours are up. I want to be dedicated enough to give extra help to

students who need it."

Schwiesow will commute to Saginaw Valley State College beginning this May to continue her elementary education program, hoping to complete her training in two years. She says, "I know that one teacher can't change the system, but if I can help even one student, I think I will have accomplished what I set out to do."

Schwiesow lives with her husband Frank and their two children, Cody 4 and Sky 3 on a farm in Millersburg, where they raise and sell registered quarter horses. As a full time student, she attends classes two days a week, leaving five days to spend at home with her family.

When anyone mentions spending more time with her kids, Schwiesow replies, "It's not the quantity of time you spend with your children, it's the quality of time you give them that matters." Schwiesow leaves her homework and school problems at school so that she can devote all of her attention to her family when she's with them. On the days that she spends in school the kids attend a day care center where they are well taken care of and can learn in a creative environment. She says her children are very proud that she's going to college and are always telling people that their mom is going to be a teacher.

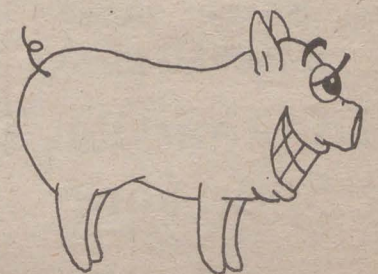
Schwiesow enjoys all sports including basketball, volleyball, tennis, and all water sports. She also loves to attend rodeos where her husband, a professional cowboy, is a "bull-dogger" (steer-wrestler). In addition to all of her other activities, Schwiesow coaches the girls' J.V. basketball team at Onaway High School.

There are two things she's always wanted to do. One, is to travel to Las Vegas and the other is to run a humane society for animals. She hopes to save enough money to build one on the farm.

"I love my house and I love being a wife and mother," states Schwiesow, "but I have my goals in life. I don't want to be an "average" housewife."

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