



Woman's Rights in Iran Takes Step Backwards

By Jerriane R. Hayslett

Women's rights have ridden the crest of the wave around the world in recent years. The nation of Iran was swept up in the onrushing tide.

In a society where, just a few short years ago, women hid behind the draping cloak of black chadores, were seldom seen in public and were considered by their men to have more hair than brains, these women began, not only to attend school, but to teach, hold responsible positions in business and government, own property and serve in the armed forces.

However, even though Iran became a rapidly advancing power, freedom for its women was not completely won. An example is the law that a married woman could not hold her own passport, but must travel on her husband's

passport and then only with his written permission.

A case that highlights the dire consequences of such a policy concerns a young American woman who fell in love with and married an Iranian student attending the same university as she. After graduation the newlyweds settled in the groom's native country where his bride eventually took a teaching position at an international school for Americans.

The couple lived in bliss and eventually made plans to have a child. When the woman was five months pregnant, her husband's Iranian wife whom, unbeknownst to his American wife, he had married before going to the United States, demanded that he come back to live with her. He did. He also refused to give permission for his American wife to leave Iran and

refused to support her financially. The Iranian government had no provisions to force him to do so.

At this point, escalating turmoil in Iran reached a point that forced the indefinite closure of all international schools, leaving the American woman without a job. The Iranian government, itself crumbling in a revolution, could not help, and the U.S. Embassy also in a precarious and uncertain situation found its hands tied.

With the new Iranian government less sympathetic to Americans and their plight than the previous regime, the future of this young lady and her unborn child are very bleak indeed.

As she is pulled under in the rising tide of male-dominated Islamic tradition on the upswing in that country, there sinks with her Iran's newly-found women's freedom.

Popular speaker to lead poetry, problem solving workshops

By Elizabeth Littler

Bill Todd, instructor and keynote speaker for the recent Campus Day, will be returning to Alpena under the sponsorship of the Cooperative Extension Service to conduct two workshops on poetry and creative problem solving.

Todd is a published author and interpersonal communications specialist who is currently self-employed with B&T Associates of Ann Arbor.

The Writing and Appreciation of Poetry Workshop, which will explore the various components of poetry writing and aspects of publishing and copywriting, will be held April 2, 3 and 4, from 7 p.m. to 10 p.m.

Learning and practicing new techniques which lead to developing processes for solving problems is the object of the Creative Problem Solving workshop offered April 5 and 6, from 7 p.m. to 10 p.m., and on April 7, from 9 a.m. to 12 noon.

Each course is limited to 25 members and the cost for each three-day session is \$20. If interested, contact the Cooperative Extension Office for registration information at 719 Chisholm or 354-3636 by March 30.

Moving experience for East Campus

By Mary Kelley

President Donnelly announced yesterday that Alpena Community College will, as a movement toward conserving energy, relocate the East Campus building to the main campus, Sunday, April 1.

It was suggested by the Student Senate that the college utilize its immediate resources for the project. Keith Titus, speech instructor, says that his discussion class was asked to hold an enlightening session Wednesday, March 28, for the college community.

During the session they will discuss the best possible location and the hazards of transporting the building.

Possibilities for transporting the 80-year old building are: commissioning Joe Faber's psychology students to run a survey on the number of telepathic students who would be willing to expend energies for the project, (2) begging Wally Strom's chemistry classes to invent a shrinking potion to reduce the building to a handy size that could fit between the edge of Johnson Street and the centerline, (3) or trapping the hot air generated by the faculty concerning the jukebox in Van Lare Hall to inflate 3,000 gaily colored balloons to float the building to its new location. It was suggested by Gerry Hardesty's welding students that all three possible solutions be combined to make the task as easy as possible.

When the building is moved, the event is guaranteed to be a festive one. The dorm residents, who celebrate every weekend, indicated to President Donnelly that they are planning a parade to lead the building to its new destination. Final plans are expected to be made Sunday, March 31, at 6:30 p.m. in the piano room of Wilson Dormitory.

During a recent interview by Campus Update with the north wall of the East Campus building, the building disclosed that it was unhappy with the proposed transition. It revealed that VLH and it have a personality conflict and refused to elaborate further, saying that since the birth of the project, a nervous condition has greatly affected its heating system.

Students don't dance for MD

By Mary Kelley

The Muscular Dystrophy fund raising event the Student Senate sponsored Friday, March 16, did not prove to be as successful as anticipated.

Student Senate President Paul Meyers and Student Activities Director Henry Valli feel that the poor turnout by the community was due to the numerous activities taking place during the same time slot.

One hint that numerous activities in the community affected the 50-person attendance is the fact that there were more students from Oscoda than there were from Alpena.

Whether or not the event churned interest among the students, there

was about 50 hours of planning and working put in by the Student Senate members—Paul Meyers, Tom Kane and Bill Faitel, as well as miscellaneous hours put in by many other students.

Meyers commented, "We thank the people that worked for the dance—the athletes for participating, the Made Rite and Coco Cola companies for helping with the refreshments and Darrel Kelley from WHSB who supplied the music."

U.S. sets dietary goals — *The Thinning of Americans*

By Elizabeth Littler

"Exciting, complex and frustrating," that's how Dr. Kathryn Kolasa, MSU Department of Food Science and Human Nutrition and Community Medicine viewed the field of nutrition in her keynote address opening the "Nutrition through Life" workshop held March 10 at the Alpena High School.

People's dietary awareness has improved, said Kolasa, but the jump in fast-food consumption and soaring food prices have complicated the picture for nutritionists. Besides

changes in societal eating patterns, conflicting scientific information, such as the cholesterol question, and defensive food industries that feel discriminated against, provide plenty of challenge to the experts deciding the dietary goals and guidelines for the United States.

Kolasa told an audience of 125 from northeastern Michigan that, although everyone has the right to an adequate diet, each person is responsible for his own food choices. To help individuals make sound food choices, the U.S. Senate Select Com-

mittee on Nutrition and Human Needs Issued the 1977 **Dietary Goals of the United States**.

According to Kolasa, the basic goal for the next five years is for persons in the U.S. to approach their recommended weight by decreasing the current fat consumption by 28.6% and increasing the carbohydrate intake by 26%. Protein intake is considered adequate.

The total American diet is fattening, Kolasa said; that is, caloric intake exceeds energy expended. Car-

Continued on page 2

editorials

How to shock teachers, remain in school

Do you feel as though the same old things are always happening? There's no doubt about it, parking tickets, a messy lounge, late arrivals to class, incomplete homework, lack of participation in class, responsibility avoidances, etc., have trenched a rut for college students. Let's face it, we're no different from other college students; we blend right in. To be recognized, we must participate in unique activities. Riots and mild revolts have occurred repeatedly and they no longer have the impact on us that they used to. We are just going to have to do something that is believed to be impossible. One suggestion is to revolt in a new way--surprise the heck out of people--do what is not expected of us--do everything right.

How do you suppose the faculty, administration and other authoritarians would react to student perfection? More than likely they wouldn't be capable of handling such preposterous absurdity. (Are we objective-minded enough to avoid possible success-shock ourselves?)

Because we all like a "good laugh", it might be worth our while to make extensive efforts towards acquiring straight A's participating in class and avoiding parking tickets. (Everyone had better attend class prepared

by wearing a hard hat because, although the stability of the building structure is strong, the sudden change in the atmosphere might drive the building crazy; it might even turn to climbing its own walls. When that starts happening, do the unexpected--hand the instructor a hard hat.)

While we're making memorable history, we might as well add to the list by arriving to classes on time. Everyone knows (even English instructors) that human is spelled l-a-t-e. Let's take roll of the amount of instructors who manage to talk with any degree of sense when everyone in class arrives on time. Students' experiences at the present indicate that an instructor stumbles over words when he is denied the opportunity to stare at a later-than-everyone-else student.

We don't want to be forgotten easily! We can't delay our strategic actions any longer if we're going to do this before the end of the semester. Let's begin planning our course of action now. Who's going to be in charge of answering the 24-hour nursing department telephone that we will be forced to install because of the predicted need for shock treatment, (we might as well give the nursing students educational experience.)

wafb report

Wurtsmith names LaFond outstanding student for 1978

By Greg Longacre

Peggy LaFond has been named recipient of the 1978 Outstanding Achievement award for the Wurtsmith campus of the college. LaFond was selected for the award by the ACC/WAFB Student Advisory Committee. The award will be presented at the Wurtsmith graduation on May 6.

The award is designed to recognize outstanding academic achievement, and also to recognize outstanding contributions to the Wurtsmith Center.

The Student Advisory Committee indicated that "it was easy to choose Peggy because everything she did with the college was outstanding."

Greg Longacre, the WAFB Program Director, stated that "Peg is one of the few people I've met who genuinely 'cares'. She did so much for the college and for people. I'm very glad that she's getting some recognition."

LaFond graduated from the college with a 4.0 average. She served as vice president on the 1977-78 Student Advisory Committee. She was also an active member of the Graduation Committee.

She served as editor of the bi-weekly student newsletter, the Alpena Chit-Chat, and was a contributor to the Earth magazine and the Polemic(now Campus Update). LaFond also directed and participated in the last two ACC Interpretative Reading Dinner Theaters at Wurtsmith.

In an interview with LaFond, she indicated that she was "really proud to receive the award--it made me feel good. I wish everyone could experience how good I felt when I received the letter notifying me of the selection."

College at the Wurtsmith Center allowed LaFond "the opportunity to express myself. I learned what I was capable of...and I'm not going to settle for anything less than what I want to be."

Publicize easy courses

MADISON, Wis. (On Campus Report)—Easy courses (as determined by average grade distributions) would become more widely known if the faculty of the College of William and Mary had their say. In a recent poll, over half said such distributions should be made public.

DIET, continued from page 1
bohydrates, often thought of as the villians that cause obesity, are now in favor, providing the carbohydrate food is high in nutrients per caloric unit. The senate committee, therefore, suggests a reduction in refined and processed sugars which contain no nutrients.

They also suggest that people decrease foods high in cholesterol and salt. The cholesterol level is not a simple issue since individuals vary in the way their bodies handle it. However, there is good evidence that large amounts of sodium (above 2 gms. per day) causes high blood pressure.

Limiting butterfat, eggs, animal fat and organ meats in the diet will reduce cholesterol intake. Cutting down on salt, shellfish, cured and smoked meats, bacon and sauerkraut will lower sodium intake.

Limiting certain foods is what is upsetting the food industry especially since the scientific evidence is not clear-cut. Kolasa pointed out that the guidelines were only suggestions and that there is no one perfect diet.

The guidelines, if carried out, may give protection from the major killer diseases, such as, heart disease, cancer, stroke and diabetes, but, it provides no guarantee, only a strong probability that the recommended diet will reduce the risk of disease.

Society needs mistakes

By Mary Kelley

The United States' news media is promoting error free news reporting. After a three year research period, the U.S. Insurance Corporation, a non-partisian insurance company, concluded that reporting errors are made by reporters who are not professional in the field they are reporting.

They have proposed to Senator Griffin that he introduce a bill to the Senate mandating that all news makers write their own news article. Therefore, all who commit suicide, all who murder, all who get killed in car accidents, all who are in politics, all who are involved in any event that generally would be in the news media will have to write their own article.

Griffin commented yesterday on the dangers of error-free news reports, "Our citizens are not well enough adjusted for perfection. The move would be detrimental to a society that evolves around such errors."

'Don't write letters' contest

"Why I don't write letters to the editor of the college newspaper,"—in 25 words or less.

A cash prize of \$5 will be awarded for the most original and thought-provoking letter submitted.

All letters must be typed, placed in an envelope, addressed to Campus Update and put in the C. U. mailbox in the business office, VLH by March 30.

Don't forget to write your name, address and phone number on your entry.

The winning letter will be published in the April 4 issue. All applicants will receive a free one year subscription to the Campus Update.



Cyclists pay

MADISON, Wis. (On Campus Report)—Bike parking in lots near the center of campus will cost students a \$5 yearly fee at Iowa State U. under a new plan approved there. Free lots are placed at the edge of campus but planners estimate 8,000 cyclists will pay the \$5 fee for close-in parking.



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CAMPUS UPDATE

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One in a series on lifesaving techniques



When a life depends on you

LONDON, Eng. (Observer)— You're sitting on the beach and see someone drowning, driving on the motorway and see a crash, eating in a restaurant and see someone choking on his food. What do you do? the right prompt action can save the person's life.

When someone starts choking on a piece of food you may have only four minutes to save his life. Bang him hard between the shoulder blades on his back. If that doesn't help try the 'Heimlich hug' (maneuver). First grasp the victim round the waist from behind. Clench one

fist with the thumb side toward the stomach and clasp it with the other hand. The first should be above the navel and below the rib cage. Then give a sudden squeeze, pushing the clenched fist as far as possible into the upper stomach with a lifting thrusting motion. The piece of food should shoot out after one or more hugs. Get the victim to a doctor as soon as possible.

If a child under four chokes, hold him up by his legs and smack him hard three or four times between the shoulders. An older child should be put over your knee, head downwards, and given three or four slaps between the shoulders.

Skiers raise a big stink

By Suzanne Kitts

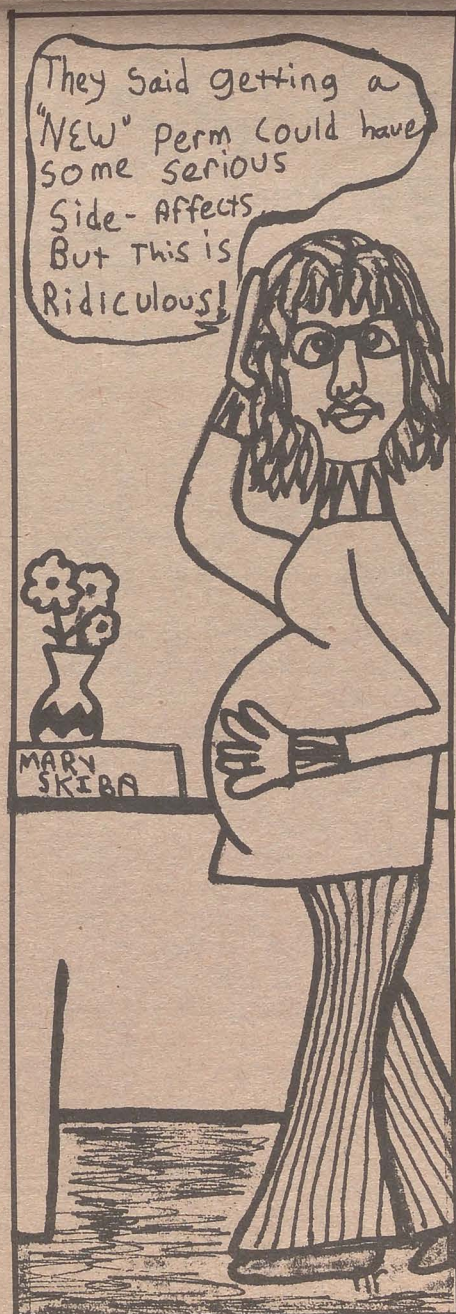
As all sports fans know, every sport has a dangerous side to it. Normally, however, the expected danger in skiing is fractured bones. An experience of two formerly enthusiastic skiers added to the list of possible dangers.

Skiing down the Baker Trail at a fast rate of speed, one of the skiers had the misfortune to run smack into a skunk who was making his way casually across the trail.

Frightened by the human being with enormous feet suddenly disturbing his cross-country excursion, the skunk raised a big stink about the situation. The skiers, who weren't thrilled either, continued down the remainder of the trail.

Making their way into the lodge, the unpleasantly perfumed skiers did not attract crowds.

It's a known fact that it takes a long time to get rid of the sweet smell of skunk, so if you happen to see someone walking towards you with people fainting at their heels and the snow melting, run the other direction.



Chicanos favor own dorm floor

MADISON, WIS. (On-Campus Report)—The recent addition of an honor floor in a Colorado State U. residence hall prompted an unusual request: Chicano students want their own dorm floors, too.

Don Fulton, assistant director of housing, says those students have yet to submit a formal proposal. "If they propose a cultural exchange by not limiting residence to only Chicanos, that's one thing. But saying only Chicanos can live there is probably legally impossible."

Abel Amaya, Centro Chicano director, talks as if he favors an exclusive Chicano floor, however. He says such an arrangement would provide a smooth transition to the university from the "traditional backgrounds" which many Chicano students are accustomed. "Many come from a barrio and feel alienated and isolated at CSU," he says, citing a 60% to 80% dropout rate.

Meanwhile, about 20 students who are being asked to relocate to make room for the honors floor staged a noisy demonstration, chanting obscenities at residence halls officials while a group of high school students were making an orientation visit.

ATTENTION COLLEGE STUDENTS

You may be eligible for a two-year Air Force ROTC scholarship. The scholarship includes full tuition, lab expenses, incidental fees, a reimbursement for textbooks, and \$100 a month tax free. How do you qualify? You must have at least two years of graduate or undergraduate work remaining, and be willing to serve your nation at least four years as an Air Force officer. Scholarships are available to students who can qualify for pilot, navigator, or missile training, and to those who are majoring in selected technical and nontechnical academic disciplines, in certain scientific areas, in undergraduate nursing, or selected premedical degree areas. Non-scholarship students enrolled in the Air Force ROTC two-year program also receive the \$100 monthly tax-free allowance just like the scholarship students. Find out today about a two-year Air Force ROTC scholarship and about the Air Force way of life. Your Air Force ROTC counselor has the details.

Contact: Major Gene Baynor
AFROTC Det 380, MSU
East Lansing, MI 48823

AIR FORCE

ROTC

Gateway to a great way of life.

faculty feature

TOM MEARS

By Len Gabrysiak

Tom Mears arrived in Alpena 10 years ago and has played a major role in developing the fisheries program at ACC. Now, a decade later, Mears has accepted a most interesting job offer from the Cook Inlet Aquaculture Association of Alaska where he will conduct "salmon enhancement programs" in an area as big as Michigan's lower peninsula.

Mears, a Flint native, who received both his B.S. and M.S. at Michigan State University, may finally have his chance to fulfill his dream of being a pioneer in a wilderness state. Alaska, Mears says, is capable of fulfilling this dream for quite some time, since it is so large and undeveloped.

The challenge of moving to Alaska is a giant step for Mears and his wife, Donna, not to mention the adjustment the couples children, Amy, 7, and Jason, 4, will have to make.

Besides the monumental task of moving and traveling over 4,000 miles of countryside, Mears' new job is definitely going to be a challenge. Most of the area where he will be working is inaccessible by wheeled vehicles. This obstacle may require that Mears learn how to fly a helicopter.

While the Mears family adjusts to its new lifestyle, the ACC fisheries students have to adjust to a new teacher.

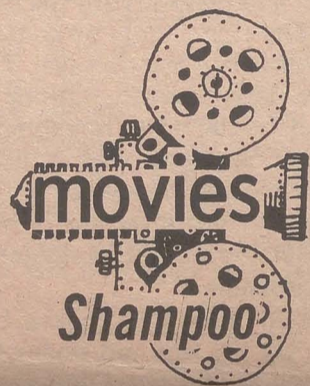
Daniel Duffield replaces Mears as the new fisheries instructor. Duffield, who is finishing an M.S. in Fisheries and Wildlife at MSU, came to Alpena with his wife, Gloria, and 20-month old daughter, Amy, to teach for the remainder of the semester.

Besides losing an excellent fisheries instructor, Alpena will also say farewell to a little league baseball coach who for the past three years has led Alpena's teams into the thick of tournament action.

But Tom Mears won't have time to worry about such things, as the preparations for departure must be taken care of quickly. Every second counts now as the Mears family try to ready themselves for a completely different way of life.



Flower Drum Song is in performance this week thru Sunday, March 25. Pictured above during a rehearsal last week are: Yolanda Beegan as Madame Liang, Charley List as Wang Chi Yang, Carol Witherbee as Mae Li, Dave Greenfield as Dr. Li, and Tom Kraft as Sammy Fong.



"Sexy" Warren Cleanses Hollywood Shampoo will be shown March 26 at N.R.C. 150 at 7:30 p.m.

The film stars are Warren Beatty, Goldie Hawn, Julie Christie, and Lee Grant.

The plot revolves around Beatty, who is a hairdresser at a swank Hollywood beauty parlor. He divides his time between three girls, trying to find the right one for him, and he almost does.

This is a "classic" Hollywood portrayed movie. It lasts 2 hours. It will also be shown in the dorm March 25 at 7:00 p.m.

French children observe life

Small Change will be shown at NRC on April 5 at 7:30 p.m.

Small Change was directed by Francois Truffant. The cast includes Geory Desmouclaux and Philippe Glodman.

The film is about a group of children, and exposes how they feel about things, and how they handle them.

Said to be a rare and sensitive film, it lasts approximately 1½ hours. This is a French film with English subtitles. It was written in 1976. **A Day in the Life of a Director**

The film 8½ will be shown at N.R.C. 150 on March 22 at 7:30 p.m. The film was directed by Federico Fellini. The cast consists of Marcello Mastroianni, Claudia Cardinale, and Anouk Aimee.

Mastroianni plays a director who is plagued by many problems, including the making of a film, a film company on the verge of extinction and various women in his life.

This black & white film lasts approximately 2 hours.

NOT JUST FOR SENIOR CITIZENS

The Alpena Senior Citizens Center at 501 River St. schedules many activities throughout the year, several of which are open to people of all ages.

The program for April includes two films, a slide lecture and two classes, one on vegetarian cooking and the other on western square dancing.

The schedule is as follows:

Film; "Cross-country Skiing Experience"

"Attitudes Toward the Blind" with lecture by Terry Bornemann

April 27, 12:45 p.m.

Slides: "The Holy Land"

with lecture by Jerri Stegall
April 9, 12:45 p.m.

Classes: Vegetarian Cooking Class

with Betty Harris. A four week session starting April 5, 1:15 to 2:15

Square Dance class

with Jim and Nancy Foster. Every Tuesday, 7 to 9:30 p.m.

Fee: \$1 per person

MADISON, Wis. (On Campus Report)—Rock beat disco 70% to 27% in a survey of New York Institute of Technology students. Freshmen, however, expressed a preference for disco while upperclassmen opted for rock.

record review



Harrison cuts first LP in two years

By Art Ross

After two years in the making, George Harrison's new LP has arrived and been received like the Harrison we all know.

The LP entitled, **George Harrison**, has some excellent music, reminiscent of the Beatle-style Harrison. The album shows versatility and with its wide and varied musical styles, it is sure to have songs to please almost all tastes.

Some of the selections on the album show that Harrison has dug back into his past, with titles such as, "Here Comes the Moon," reminiscent of the Beatles classic, which he wrote, "Here Comes the Sun" and others, such as, "Half-Hearted Hanna".

In our next issue, we'll take a look at one of the newest groups on the circuit, Bighorn, and their first LP, **Bighorn**.

If we missed one of your favorites, just drop us a line at the Campus Update.

COLLEGE POETRY REVIEW

The NATIONAL POETRY PRESS

announces

The closing date for the submission of manuscripts by College Students is

April 1, 1979

ANY STUDENT attending either junior or senior college is eligible to submit his verse. There is no limitation as to form or theme. Shorter works are preferred because of space limitations.

Each poem must be TYPED or PRINTED on a separate sheet, and must bear the NAME and HOME ADDRESS of the student, and the COLLEGE ADDRESS as well.

MANUSCRIPTS should be sent to the OFFICE OF THE PRESS. See Dr. Lawrence Aufderheide in VLH 2 for further details.

classifieds

MOTORCYCLE: 1972, 380 Suzuki 3 cylinder engine, 6 speed transmission, 8,500 miles in excellent condition. \$500 firm. Ph. 379-4483

FRIDAY, April 6, 1979 is the deadline for applications for the editor, assistant editor, administrative assistant and advertising person of the 1979-80 Campus Update. Application forms can be picked up in room 108, VLH.