

Marty Mix, former Lumberjack returns to ACC to coach

By Heidi Skuse
Co-Editor and
Sports Editor

This season, ACC welcomes back Marty Mix, a former ACC basketball player. Only this season, he will not be playing Lumberjack basketball; instead, he will be an assistant coach along with Bobby Allen.

Mix is a 1999 graduate of ACC with an associate's in arts degree. He played point guard on the basketball team for two years and participated in intramural volleyball. He was also a tutor during his sophomore year, tutoring other students in algebra and math for elementary teachers. He is presently taking 15 credit hours at ACC and Spring Arbor as an elementary education major and history minor.

"Someday I'd like to teach in this area to be close to my family," Mix said.

If that doesn't work out, Mix said he would teach downstate or wherever he could be hired first. He has set up his classes around practices and has no classes on Wednesday nights for the games. He also has big gaps between his classes so if the guys are practicing, he can practice and then go to class when it's time.

Mix was born in Petoskey, Michigan, and resided in Onaway, Michigan, his whole life. He is 20 years old and has two older sisters who are married with children. He has two nieces and two nephews. Mix is a 1997 graduate of Onaway High School. Throughout high school he was very active. He played a sport in each season of his high school career. Mix played football, basketball, and ran track for the Cardinals. He played defensive halfback on the football team, point guard on the basketball team, and ran the mile, two mile, two mile relay and mile relay on the track team. He was class president for four years, in leadership class for four years, on the yearbook staff for four years, and participated on the student council and in SADD (Students Against Drunk Driving) for high school career.

Last year, Mix blew out his knee playing basketball in the Muskegon tournament, when an opposing player from East Lansing fell on it. He then got in touch with the coach from Spring Arbor and was going to take a medical redshirt and finish his last two years at Spring Arbor. A medical redshirt is when a player practices with the team and is still part of the team, but doesn't play in the games.

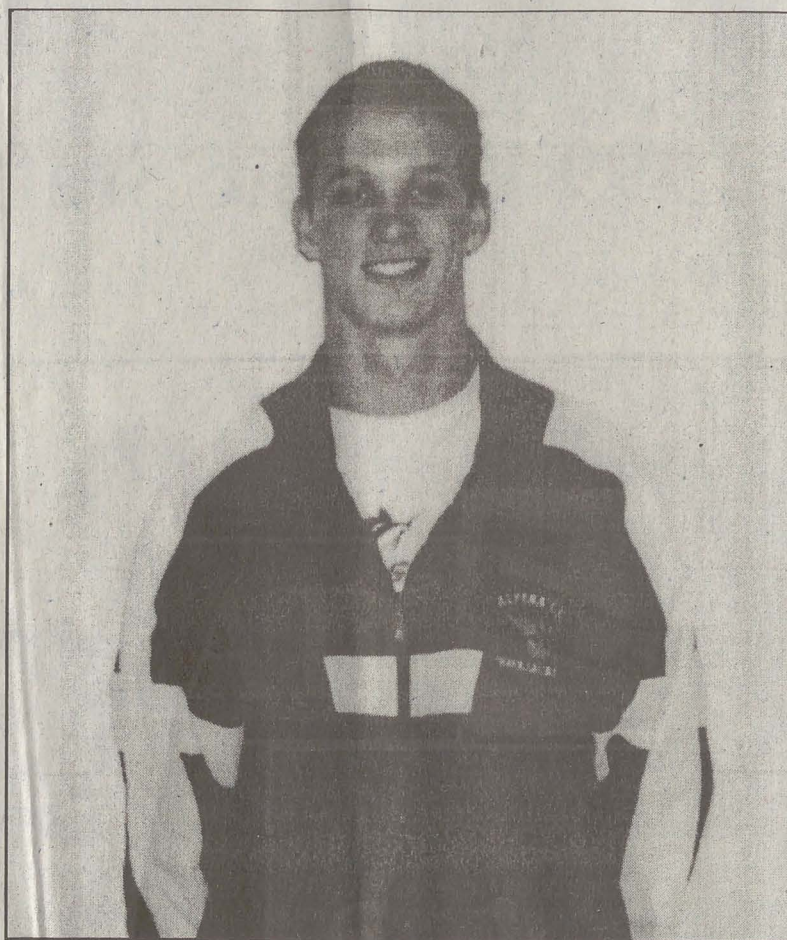


Photo by Heidi Skuse
The Lumberjack Basketball Team adds Marty Mix, a former Lumberjack, to their coaching staff.

Then, Frank McCourt, men's basketball coach here at ACC, asked Mix if he was interested in becoming an assistant coach at ACC. Mix told McCourt he would think about it. Mix decided that the coaching job would be a very good thing for him because he could finish his last two years right here close to his family and would be able to help with something he loves.

more of an inner city, but without the crime. They hardly get any snow, but it rains in the winter there. He's not sure he will like a winter in Alpena. "It's gonna be an experience," Adolffson said. Adolffson is studying to become a physical therapist. He will attend ACC for two years while playing basketball. He currently works at the ACC Bookstore. He hopes after ACC to transfer to a 4-year school, play ball, and finish his degree in physical therapy.

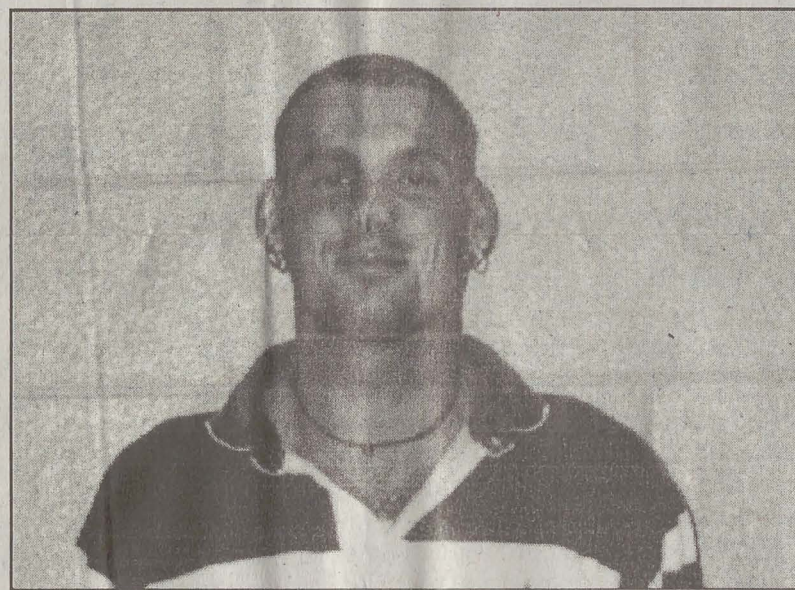


Photo by Heidi Skuse
The ACC men's basketball team adds freshmen Christian Adolffson at power forward and center.

Mix's knee is still not 100% and may never be so this will give him a great opportunity since he wants to coach in the future.

"Frank has taught me so much already and I'm still learning from him," Mix said. "It will be fun to see what he's got in mind for me this year. He made me into a good basketball player and will make me into a good coach."

Mix plans to be right with the players through everything. He will be running with the guys to motivate them.

"[Coach Allen] Bobby has taught me a lot and I will practice with the guys just like he does," said Mix.

Mix believes three people working with the team will help keep practice more focused and the team more focused. Mix worried that coming back this year as a coach would be a little awkward for his former teammates, but that isn't the case. Mix said the first day when he saw David Manchester a former teammate, that Manchester came up to him and said, Hey coach what's up? Mix said that this made him feel good and helped him to realize that there would be no problems.

Manchester said, "[It's] great that he comes back. He pushes us really well and he's a great guy."

He added, "I like it because he has been there. He knows what were going through. He just got done going through it."

Mix said the guys have been "really cool" about everything. After the first game he believes everything will have fallen into place, all of the hardwork that the coaches and players have put into practice will pay off.

"It will be fun to watch everything come together," said Mix.

Mix will be bringing the same attitude from last year back to the court -- to work hard and do whatever it takes to win, to fire up the guys and to get hyped up with them just like last year.

"The only difference that there will be from last year is that I will be dressed up instead of wearing a jersey," said Mix.

Scramble for Scholarships is a hole-in-one for Dave McDonald



Dave McDonald takes the keys for his new 1999 Ford F150 Super Cab 4x4 from donator Dave Dixon. McDonald won the truck after getting a hole-in-one on the seventh hole at ACC's Scramble for Scholarships. The annual fundraiser raised more than \$15,500 for ACC scholarships. The Alpena Country Club hosted the event on Saturday, September 18. McDonald's team also took first place in the competition.

EXCHANGE CONTINUED

The difference between Denmark and the United States is that each university is for one specific job.

Adolffson was born in Spain and he was adopted a few weeks after he was born by his mom and her husband. His parents had his younger sister and then divorced. Adolffson's mom is a nurse and his sister works at a bank and has a baby. His mom likes it that he is going to school, but of course she wishes he were closer to home. When he was at home he worked the front desk at a hotel. He made \$15 an hour, but half of that goes to taxes.

In Denmark certain things are paid for out of income taxes, including school, insurance, hospital bills, and doctor bills. Things are more expen-

sive. It costs \$1,500 to get a driver's license, which people get at 18. Vehicles are more expensive too so most people walk or ride their bikes. Adolffson will be trying to get his driver's license here and then transfer it over to Denmark because it's cheaper here.

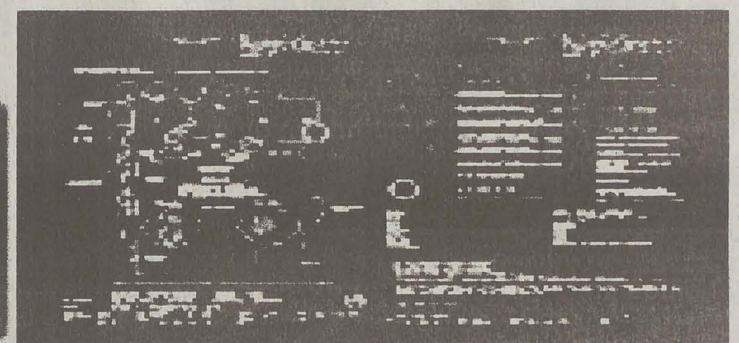
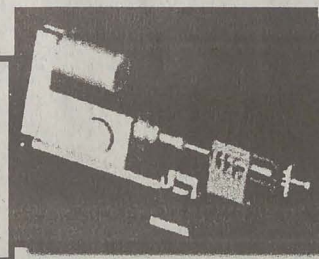
In the United States, Adolffson lives with Wayne and Chris Christopherson. Wayne works for the health department and his wife Chris is a school teacher. Wayne enjoys jogging and running marathons. Chris likes horses.

"They are super cool," Adolffson said. "They treat me real good. They make me feel at home. It's a warm family atmosphere."

In Copenhagen, Denmark, Adolffson said there isn't as much nature as here. Also, it's

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