

Afternoon Fatigue

and Headaches

ARE COMMON AILMENTS WITH OFFICE AND FACTORY WORKERS AS WELL AS OTHERS.

A dull headache, heavy eyes, and that tired feeling slows you down. Prolonged work over a typewriter, figures, a factory machine or close work of any kind is a strain on the delicate eye muscles. This condition, even while your sight may apparently be good, is usually caused by eye strain. We prescribe TILLYER (single vision) lenses and FUL-VUE bifocals. These lenses are accurate to the very edges, giving you the maximum of sight obtainable, enabling you to do your work more efficiently and with less effort.

TILLYER (single vision) lenses and FUL-VUE bifocals are far superior to the much advertised (at supposedly low prices) Toric and Toric Kryptoks which are accurate in the centers only.

Come in at any time, and we will be pleased to tell you whether you need glasses or not. If glasses are needed you may obtain them on our deferred payment plan. With payments as low as \$1 per week, NO INTEREST, NO CARRY-ING CHARGE.

Jewelers — Opticians

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Terms if Desired-as Low 25 \$1 a Week.

AVIATION

720 DEGREES TURNS
By Lea J. Orr

As the term is in itself explanatory, 720 degree power turns are two complete 360 degree turns. A 360 degree the same operation is performed in the turn is, of course, one full turn; therefore, the 720 degree turn is twice

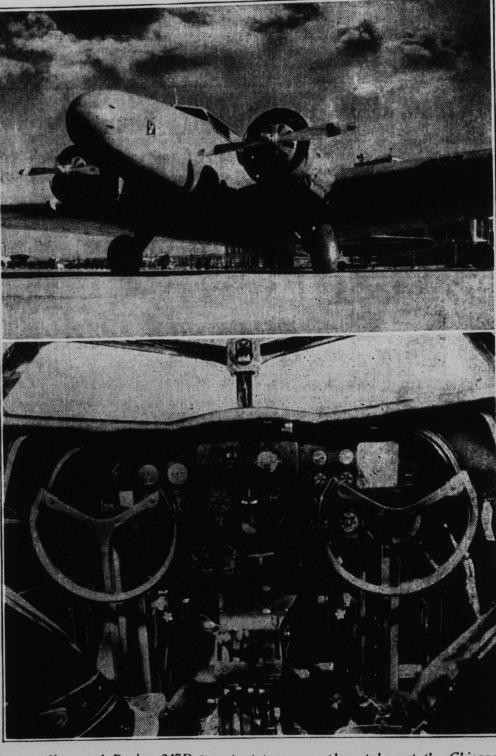
and right verticle banks.

titude and headed into the wind. At The steep eight is given you for

point you should again be flying level at cruising speed, and without the loss of any altitude.

The procedure is now reversed and opposite direction.

Your attention is called to the fact that in the steep banks in this maneuver, This maneuver is solely practiced that your ship changes points of confor the purpose of learning sharp left trol when the rudder functions as an elevator and it is important that this The ship is taken to a 2000 foot al- be watched so as not to lose altitude.



Above: A Boeing 247D transport passenger plane taken at the Chicago municipal airport. Below: the pilot compartment and instrument panel of the same ship, which carries 14 passengers and has retractable landing gear.

this altitude, while flying directly into perfection of technique in the executhe wind, the ship is trimmed. This tion of a steep bank. This maneuver means that the stabilizer is adjusted so that the ship will fly at a constant altitude without either climbing or diving when the hand is taken from the stick. The feet alone are on the rudder pedals merely to correct any drift.

With the ship now properly trimmed, power on at cruising speed, you are ready to start the 720 by flying into a steep bank of approximately 60 to 70 degrees bank, which should be done one-half turns are made, using the remaining one-quarter of a turn to bring the ship to a level position. At this

is also done at an altitude of about 2000 feet and you are not required to maintain a position with relation to definite objects on the ground. However, for practice in general orientation, you should maintain a general cross-wind drection so that the plane is flown into the wind while banked at each extremity of the eight.

In the execution of this maneuver. the plane is rolled smoothly into a steep bank and so much of a circle in about one quarter of a turn. This described as will necessitate rolling the degree of bank is held until one and plane slowly out of one bank and slowly into the bank in the opposite direction without pausing in a wing-

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