

## HEALTH CENTER NEWS

The Christmas Seal committee of the Health center brings its work to a close. It is highly gratified with the friendly sympathetic response. Many contributions were smaller but the number of responses and the sincere messages enclosed with a carefully wrapped piece of silver brought a quickened heartbeat.

Then there were the donations left by those grateful, patient friends who are almost without funds but who remember the benefits of our clinics or the visits of our nurse in a time of need. We pick up these pennies and dimes almost tenderly—they represent so much of these givers.

In past years the selling of seals has been placed almost entirely in the hands of school children. The method was changed somewhat this year. Boy Scouts assisted in the distribution of about five hundred envelopes with seals and letters explaining the scope of our work and our affiliation with the Chicago Tuberculosis institute. This saved us much postage expense.

Thank you, Scouts, it will be a long - remembered "good turn". Troops 1, 3, 4, 10, and 11 were called upon.

Seals were placed in all schools for those children who wished to buy for themselves or their parents who may not have received any seals. Our cooperation is always splendid.

A play, "Dannie's Christmas Seal," was given at the Central-Stolp schools, Miss Mildred Flaskered, dramatic teacher, coaching. The lines were original, stressing health habits, sunshine and fresh air.

Imogene Kaufman, Jim Clements and Jim Wolf took leading parts. Katherine Wenter and Alfred Huttie, with members of the glee club, added much to the program with their songs about seals.

The program was also given at the Howard school with John Welter, Louise Schreiber, and Murray Triplet taking leading parts, Bert Simons, Florise Jones and members of the glee club giving the songs. Mrs. Agnes R. Clark of the music department deserves much credit.

Sales at the Central-Stolp schools totaled \$137.67; Logan - Howard schools, \$134.42; Laurel, \$2157; Higherest, \$5.96; Avoca, \$3.87; St. Francis Xavier's, \$7; St. Joseph's, \$1.

To date, sales from all sources bring the total to \$614.83.

Contributions are still coming to the Health center at 1901 Schiller street.

The Christmas Seal committee thanks all who so cheerfully contributed in time and money toward this project of better health for all.

Jean P. Grinnell, chairman.

The report of the work of the Wilmette Health center, which is affiliated with the Chicago Tuberculosis institute, for the year 1932 is as follows:

"The nursing service of the Wilmette Health center has the St. Francis', St. Joseph's, and Avoca schools under its supervision, besides the community and clinical and nursing service. Over 900 school children of these three schools were given a complete medical examination by our local physicians at the beginning of the school year. Over 401 more physical defects were noted in children this year than in 1931. Cases of rickets, malnutrition, heart and glands were more prevalent in 1932 than in 1931. Three hundred and

five children received full immunization.

"Due to the economic program which the Health center has been forced to carry out, the Infant Welfare clinics were reduced from four a month to two a month. Four hundred and fifty-four babies were cared for at these clinics, while 300 school children received dental care at the Health center. Ten chest clinics have been held and were attended by 143 patients, of which 55 were new cases; 4 were pulmonary tuberculosis cases; 42 were contacts; 19 were adults; 23 were children; 7 were observation cases, and, of these, 2 patients were sent to a tuberculosis sanitarium, 1 died and 1 went to Arizona.

"The Health center referred 1,028 patients to private physicians, while only 25 patients were sent to clinics outside of Wilmette. Our local physicians and dentists assisting us in caring for our own patients have rendered the community an outstanding service. Seventy patients were referred to social service agencies for relief. One thousand, nine hundred and forty-one home calls were made, and, of these 91 patients were given nursing care. Three thousand, four hundred and forty-eight telephone calls were made pertaining to health problems of some nature. Two thousand, nine hundred and two people came to the Health center seeking information regarding health. We feel this was an outstanding factor in our health work, the fact that we no longer have to seek the public in regard to health matters, for people are becoming public health minded.

### Boost Seal Sale

"Not only does the Health center serve the community with its nursing service, but its board of directors, of which Mrs. Donald Maxwell, 1414 Forest avenue, is chairman, is composed of twenty members. This group of women is busy helping to raise funds so that some poor unfortunate boy or girl may have a pair of glasses, tonsillectomy, a bottle of cod liver oil, or a summer outing at the Wilmette beach, all of which are sponsored by these members. Of this group of women Mrs. A. L. Grinnell, 2425 Kenilworth avenue, was chairman of the Christmas Seal sale, which has been so successfully conducted in Wilmette. Besides the Health center board and the Christmas seal chairman, the staff of the Health center consists of Dr. Earl Christie, one of our local dentists, in charge of the Health center dental clinic; Dr. Paul Bass, also a local dentist, in charge of the Howard school dental clinic, which is also conducted at the Health center; Dr. Mila Pierce, in charge of the Infant Welfare clinic. Mrs. W. J. Flynn, 1515 Walnut street, has had charge of weighing babies at the Infant Welfare clinic for the past 3 years. Dr. Julius Novak, medical director of the Chicago Tuberculosis institute, is in charge of the chest clinic. Dr. Martin Seifert, commissioner of health in Wilmette, is in charge of all the health work done in Wilmette. Had it not been for the cooperation and the coordination on the part of the people of our community, parents, clubs, schools, and churches, this report could not have been made possible, and I wish to take this opportunity of thanking the people of the village for the interest they have shown in our work.

Wishing all a happy New Year, I am sincerely

Inez Crampton Bliss, R.N.,  
Community Nurse."

## WILMETTE GROCERY & MARKET

"For Better Things to Eat"

1144-46-48 Central Avenue

SIX TELEPHONES  
WIL. 420-1-2-3-4-5

FOUR DELIVERIES  
EVERY DAY

For Friday and Saturday

CHIPSO

2 large pkgs.

29c

MAXWELL  
HOUSE  
COFFEE

lb. 27c

Kraft's Mayonnaise,  
pints 29c

Campbell's Tomato  
Soup, 4 cans 29c

Peanut Butter. Beech-  
Nut, 2 large jars 29c

Libby's Salmon,  
2 No. 1/2 cans 27c

MEADOW GOLD BUTTER

Country  
Roll lb. 25c

SWISS  
CHEESE

Imported

lb. 59c

BAKER'S  
COCOA

1-lb. can

19c

MUSHROOMS

Fresh and firm,  
finest quality.

lb. 29c

BROCCOLI

Young, tender and  
crisp, no strings

2 lbs. 25c

ORANGES

For juice, good size

3 doz. 69c

COOKING APPLES

Selected for quality

5 lbs. 29c

LEG OF LAMB

Choice—Tender

lb. 19c

RIB ROAST BEEF

Prime, Native tender beef lb. 27c

PORK LOIN ROAST

Boneless, from young  
corn-fed porkers

lb. 19c

HAM  
SHANKS

Nice and meaty

lb. 10c

CORNER BEEF

Boneless brisket

lb. 19c

SIRLOIN ROAST

Beef. Young, tasty and  
boneless

lb. 29c

PEAS

Nice young full  
sweet pods

2 lbs. 29c

GRAPE  
FRUIT

Good size, thin-  
skinned and not  
pithy

doz. 59c