

## FIND GOITER ON INCREASE

### Wilmette School Board Sug- gets Tablet Remedy

Prevalence of goiter affection among the children of the Wilmette Public School has prompted the Board of Education, upon recommendation of school physician Dr. E. E. Moore, to purchase a quantity of the chocolate iodine tablets now being used in many schools in the Great Lakes area including Winnetka and other schools of the north shore.

Simple goiter, Dr. Moore explains in an open letter addressed to parents of Wilmette school children, results from an insufficient supply of iodine in the body. In many sections this salt is present in the drinking water, but the water in the Great Lakes region is lacking in this food. Examinations show that more than 50 per cent of Wilmette school children are affected with goiter.

The letter addressed to the parents, reads:

"To the Parents:

"For a number of years it has been known that simple goiter is prevalent in certain districts while other localities are practically free from it. In the United States Epidemic Goiter is to be found in all the states around the Great Lakes. The high per cent of Simple Goiter among school children is just beginning to be generally recognized. The routine school medical inspection and examination through the great Goiter belt show that 35 to 60 per cent have simple Thyroid Goiter.

#### Lack of Iodine

"Recent discoveries indicate that Goiter results when an insufficient supply of iodine is given to the body. In some sections this salt is present in the drinking water but the water in the neighborhood of the Great Lakes is lacking in this food. It is the function of the thyroid gland to take this food element from the water and distribute it to the tissues of the body. If this food is not present the thyroid gland may become abnormal—that is, a Goiter may result.

"There are several ways to give this food but the simplest way is in the form of a specially prepared chocolate tablet containing the iodine salt of sodium. These tablets should be taken at the rate of four a day for a period of ten days in grades 1 to 5 inclusive and six a day for a period of ten days in grades 6 to 8 inclusive. Of course this remedy need only be given children affected. Then, this treatment should be repeated in from four to six months.

#### Tablets Recommended

"The Board of Education has secured a quantity of these tablets and will sell them at cost which is 30 cents for a box of 40 tablets or 45 cents for a box of 60 tablets. These tablets may be secured at the nurse's office in the Central school or from the nurse at the Logan and Laurel schools. The time at which the nurse may be seen

at these out-lying schools will be announced in the schools. Mrs. Stopka is in her office in the Central school from 9 to 10 every morning.

"The enclosed notice indicates that your child has a tendency toward this disease. We suggest that the remedy be secured through the School Nurse or through your regular physician.

"If you secure treatment through other sources we shall be glad to have it reported to the school nurse.

Very sincerely,

E. E. Moore, M. D.,  
School Physician.  
J. R. Harper,  
Supt. of Schools.

### Wilmette Legion Bulletins

#### HEY BUDDY

SOME of your 1924 memberships are not in. You have received your statement. Won't you place it with your other obligations for immediate payment. Buddy, we sure need you to carry on.

ONLY paid up members can enjoy the programs, the smokers and social evenings which are part of 1924's program and which is all covered in that 5 case note known as your annual dues. In addition you will also receive the "Legion Weekly."

LEND us your active support and interest. Help make Legion history for Wilmette Post No. 46 during 1924. Members count Buddy, and can't you see that the town is getting behind us. So look up the Finance Officers, the Buddy with the one way pockets, except where your interests are concerned.

WILMETTE POST NO. 46  
AMERICAN LEGION  
R. C. Wessel

### SCHOOLS DO BIT IN NEAR EAST CAMPAIGN

"Won't you open your heart to me?" That is the question appearing on the little envelopes which are being distributed among the Wilmette school children this week as part of the Near East campaign which is scheduled to

**London's**  
Flower  
Shop

Cut Flowers  
for all occasions

Phone EVANSTON 632

1712 Sherman Avenue  
EVANSTON

### JANE POLSON SPEARIN

Teacher of Singing

"Mrs. Spearin has trained these singers to a remarkably good style of singing"—Music News, Chicago.

1159 Wilmette Ave., Glover-Brown Bldg.  
Wilmette

For appointments telephone Wilmette 2922

#### CLEANING

#### APPEARANCE

#### DYEING

Reputation largely depends on good appearance. If you wear a baggy, untidy suit, people will lose confidence in you. Let us help you to keep up a good appearance.

#### REPAIRING

#### HEMSTITCHING

### DeLuxe Cleaners

1105 Central Ave.

Phone Wilmette 690

## E. A. DANNEMARK ELECTRIC COMPANY

TELEPHONE WILMETTE 214

Washers and Ironers — Vacuum Cleaners

Radio Sets and Supplies

Fixtures — Appliances — Wiring

PRIDE IN OUR SERVICE

Opposite Village Theatre

1151 Wilmette Ave.

begin February 17. The following Valentine jingle typifies the plea for the Near East children:

"On good St. Valentine's natal day,  
I may not eat, or sleep, or play,  
Unless you 17 cents can give  
That I another day may live;  
So send your pennies quick to me  
And I your Valentine will be."

A hearty response is expected from the children, and, in the meantime, Wilmette is preparing to take care of her \$6,000 quota in the village-wide drive which opens next Monday.

### Recommend Hero Medal for Child's Rescuer

Several Wilmette families are said to have added their names to a lengthy petition requesting consideration of Robert Pihl, Marshall Field and company delivery driver, for a Carnegie medal for heroism in view of his heroic action in saving a small Evanston girl from drowning in the drainage canal early this week.

Pihl is a resident of Evanston, but is well known in the north shore com-

munities which comprise his delivery territory.

The petition signers, it is understood, will also recommend Pihl for special recognition by his employers.

Pihl leaped into the ice-clogged waters of the canal at Noyes street and Railroad avenue, Evanston, to rescue little Marie Schramm of Evanston, who broke through the ice when attempting to cross the canal on a dare by her child companions. Pihl effected a rescue only after a terrific struggle in which he narrowly escaped drowning.

# Advanced Spring Modes

WE are sure you will enjoy inspecting these new displays of Wearing Apparel, and we will be just as much pleased to show them to you. The new "boyish" suits, the new sportswear of striped and checked flannels, and the "chic" coats with snap collars—are all so distinctively new and different, that you, the same as others, will admire them very, very much. Come in and see them your next opportunity.

## Dresses—

Dresses! Our racks are full of them! All fresh and new, and every one with a style all its very own. We are proud of them, and justly so, because never before have we shown so large, or so varied, a selection. Prices as usual, are very reasonable.

## A Special, on Sale Saturday, Feb. 16th

Through a fortunate purchase we secured a limited quantity of new skirts, made in both plain and pleated styles, from neat velour checks. The waistband sizes are from 26 to 32 inches. We will price these specially for Saturday, while the quantity lasts, your choice for ..... **\$3.95**



## Ginghams for Spring

—were never more attractive and alluring. The new colorings, the new patterns, and the guaranteed fast colors, make this fabric more popular and serviceable than ever before. Here we are sure, you will find ginghams just to suit your purpose.

## Linens

A special showing of pre-shrunk linens, of a fine smooth finish and close weave, full 36 inches in width. These come in a variety of colors including white, blue, orange, green, yellow, helio and brown. Specially priced, a **95c** yard

## Tissues

Neat checks, hairline stripes and tweeds, make these new tissues ideal for dainty summer frocks. Childrens garments are particularly attractive made from these fabrics. Priced 35c yard to 60c yard.

## Silks—

And where there's silk, there's crepes, both woven crepes and crepey silks. Bo-peep crepe, and Satin-faced crepes and crepe-de-chines—all these fabrics are represented here in a display featuring many colors.

Whatever your Spring sewing needs may be, try this, your home store, first. The Springtime fabrics and materials now on display in our store are more varied and attractive than ever before. We invite you to inspect them—today.

## The McAllister-Worthen Co.

1146 Wilmette Ave.

Wilmette