
Time	Description
0:00	Introduction; changes in Vaughan over the years
2:55	Life lessons; life/childhood in England; family
5:05	Regrets; Religion
9:12	Education
13:00	Siblings; parents; education (continued); childhood aspirations; work life
23:07	Retirement; family traditions; parents; friends; children; husband
30:27	Teaching
34:12	Grenada; changes in Grenada; Trinidad
37:45	Canada vs. England; closing remarks