

SPECIALS in HOSIERY

Ladies Full Fashioned Hose, Silk to the top
Beautiful Shades, reduced to..... \$1.49 Pair
Ladies Quality Silk Hose, new season's shades, only..... 89c Pair
Ladies Art Silk Hose, all colors..... 2 Pairs 95c

Children's Golf Top Hose from..... 39c Pair
Children's Cashmere Sox, from..... 30c Pair

Men's Sox in great variety..... 15c, 25c, 35c, 50c, 75c, 95c Pair

SALE OF REMNANTS AND ODDMENTS

Wools Embroideries **GRIGOR'S** Men's Furnishings
PHONE WEST 372 1410 MARINE DRIVE PHONE WEST 372

Maclean's Orange Pekoe Tea. Readers of the News will have noticed an advt. regarding this in recent issues. Mr. Maclean is a resident of West Vancouver. He has had over thirty years' experience as a tea blender having been in charge of the tea department of one of the largest wholesalers in B. C. until just recently. He is a recognised expert in his work throughout Canada. Maclean's Orange Pekoe is on sale at all stores. Put it on your order list this week.

SYMPATHY

Sweet are the uses of adversity,
For then we learn the power of sympathy,
Cold seem the words where trouble ne'er has been,
Hearts only meet, which sorrows' hours have seen.
When feeling deeply, words can be but few,
For silence speaks, a hand's warm clasp feel true,
A happy gift! To cheer some lonely heart
And, from the load of others, take some part
To bid them hope, and cease from sad reining,
And see behind the clouds the sun still shining,
That e'en the darkest day must have an ending
When all seems at its worst, things may be mending.
As every life must have its hurtful thorn,
The Pattern Life was still a life forlorn,
Through sorrow, suffering, parting death and loss
We all so sadly take and bear a cross,
To weep with those who weep, like kindly rain
Brings blessings great—when shines life's sun again,
Sweet Sympathy! What countless hearts you cheer
A Christlike gift, for Heaven itself draws near.

HOLLYBURN
Barber Shop
15th & Marine
EXPERT SERVICE
E. MARSH, Proprietor

THE

West Van News

Published Every Friday

H. HODGSON and F.F. LOVEGROVE
West 363 West 412L
Publishers

Business and Editorial Office:
1361 Marine Drive
Phone West 363
Mail Address:
P. O. Box 101, Hollyburn, B. C.

\$1.00 a year by mail or carrier, News-stands 5c per copy.

ADVERTISING RATES ON APPLICATION

WEST VANCOUVER Christian Science Society

CHURCH EDIFICE
20th and Esquimalt, Hollyburn
Sunday Services 11.30 a. m. and 7.30 p. m.

Subject March 17th
"SUBSTANCE"

Sunday School at 10.00 a. m.
Testimony Meeting Wednesday at 8.15 p. m.

Baptist Church

15th and Duchess
Pastor: Arthur B. Schulte.

Sunday School, 10 a. m.
Morning Service, 11 a. m.
Morning Sermon, subject: —
"Why do souls go away from Jesus."
Evening Service, 7.15 p. m.
Evening Sermon subject: —
"The method of Grace."

Weekly prayer service each Wednesday at 8.00 p. m.
B. Y. P. U. Tuesday at 8 p. m.
All young people invited.

St. Anthony's Church

Pastor—Rev. Father Kelly

Sunday—Mass, 8.30 a. m.
High Mass, 10.30 a. m.
Benediction, 7.30 p. m.
Week Days—Mass 8 a. m.

St. Stephen's Church

Lent 5 (March 17th)
8 a. m.—Holy Communion.
10 a. m.—Sunday School and Bible Class.

11.15 a. m.—Morning Prayer
7.15 p. m.—Evensong. Solo—
"Come Unto Him" (Handel) —
Miss Ivy Miles.

The preacher Sunday evening will be the Rev. Canon Wilberforce Cooper, rector of St. James Church, Vancouver. All young people are cordially invited to this service.

There is Divine service Sunday afternoon at St. Francis' Church, Caulfeild.

The Bible Study class will meet next Tuesday afternoon at 3 o'clock in the choir vestry.

There will be a Lenten sewing meeting of the Women's Auxiliary Monday afternoon at the home of Mrs. F. Eatock, 11th and Duchess.

The junior football team will play their postponed cup tie game against St. Giles United tomorrow afternoon.

The annual Easter sale of work of the Women's Auxiliary will be held Friday, April 5th.

Now, Mr. Durant, offer \$25,000 for perpetual motion. No plan will work, but it will be amusing to see which one fools the judges.

The meanest thing about 'flu epidemics is that they never occur during the baseball season.

Being a go-getter requires no original investment, unless they really are required to carry those three fountain pens in the breast pocket.

Queer world. A State jails a mother of ten children for selling liquor, and does nothing to the grown children who didn't support her.

Correct this sentence: "I had rather say worth while things in bum English," said the college professor, "than to speak platitudes with grammatical perfection."

West Vancouver Bible School

Ambleside Hall, Marine at 14th

NEXT SUNDAY at 3 P. M.

Leader

MR. PERCY KING

Subject:

"The Jubilee and the Restoration of all things."

YOU ARE WELCOME

United Church

Sunday School 10 a. m.
Morning Service 11.15 a. m.
Evening Service 7.15 p. m.

Dr. Henderson will be the preacher at both services next Sunday. His subject in the morning will be "The Religion of Power," and in the evening he will preach on "Don't Worry."

SCOTTISH SOCIETY MEETING—PRES. REID TO GIVE AN ADDRESS

President R. Reid of the West Vancouver Scottish Society will be the chief speaker at the regular meeting of the Society tonight at the Clachan. Mr. Reid will give an address on "The Rob Roy Country" of which he is a native. There will also be a musical programme and members are asked to be out in force. The meeting starts at 8.15 p. m.

INCINERATOR FOR GREATER VANCOUVER PROPOSED

J. T. Moriarty of Vancouver, on behalf of himself and associates sent a copy of their application for a franchise, covering a period of twenty years, for sole rights in connection with the erection, operation and control of a refuse disposal and power plant, generally known as an incinerator. A facsimile of this application, they stated, was being sent to the newly amalgamated city of Greater Vancouver, North Vancouver City, North Vancouver District, including Dollarton, etc. the Municipalities of Burnaby and Coquitlam, Port Moody, and New Westminster. Their principle object was to form a private company to be called British Columbia Incinerators Ltd. for the establishment of an up-to-date refuse disposal and power plant. They stated that the civic board of works of the City of Vancouver were carefully considering their proposal, and they asked from the council, as they were asking from the other areas mentioned, an expression as to what their attitude would be in receiving a more definite proposal through them from their principals.

The council replied that they were very much interested in the proposed project and would be pleased to receive a report of any progress in the movement.

Hale & Hearty

One should be full of the joy of living these bright spring days. If you don't enjoy perfect health CONSULT THE CHIROPRACTOR.

Some slight adjustment may make all the difference.

Consultation Free.

Roberta A. Vass

D.C., Ph. C.
Graduate of Palmer School

CHIROPRACTOR

Phone West 383
Next to Stratton Bakery
Marine Drive, Ambleside
also at Vancouver

Useful Recipes

Curried Lamb

2 lbs. lamb flank or forequarter
1/2 tablespoon curry powder
3 tablespoons flour
1 teaspoon salt
4 tablespoons butter or dripping.
2 small onions
1 1/2 cups boiling water
1 teaspoon vinegar.
Wipe lamb and cut lean meat in small pieces. Sprinkle with curry powder, flour and salt which have been mixed together. Melt butter, add onions cut in thin slices and the meat and stir and cook until the meat is seared. Cover with boiling water, add vinegar and bake as suggested above.

Oven-cooked Rice

3/4 cup rice
1 teaspoon salt
4 cups scalded milk or water.
Put rice in baking dish, sprinkle with salt, add the milk or water and cover and bake as suggested above.

Shredded Carrots

1 pint carrots
1/2 teaspoon salt
1 tablespoon sugar
2 tablespoons butter
Boiling water.
Wash and scrape carrots, cut in fine strips, put in baking dish, add sugar, salt, butter and boiling water to cover, and cook as suggested above.

String Beans with Bacon

Remove ends and strings from string beans, cut diagonally in small pieces, put in baking dish, add water to cover, sprinkle with sliced bacon cut in squares, and bake. Season with salt just before serving.

French Russian Dressing

1 1/4 teaspoons salt
1/3 teaspoon pepper
1/2 cup salad oil
1/4 cup chili sauce
Few grains cayenne
1 teaspoon table sauce
2 tablespoons vinegar.
Put ingredients in French dressing bottle or small jar, and shake thoroughly just before using.
This dressing is also good served on hearts of lettuce.

Apple Pan Dowdy

Apples
3/4 cup sugar
1/4 cup molasses
1/2 teaspoon cinnamon
1/4 teaspoon salt
Emergency biscuit crust.
Half fill a baking dish with apples pared and cored and sliced, add remaining ingredients, cover with emergency biscuit crust, cover the dish and bake. Serve with vanilla cream sauce.

Home-made Lady Fingers

Beat 2 eggs well, add 1 cup sugar, 1 teaspoon soda, 2 teaspoons cream of tartar and flour enough to make a stiff dough. Roll out thin and sprinkle with sugar. Cut the size of a finger. Place on greased tins, being careful that they do not touch each other. Bake in a moderate oven until done, but do not let them brown.

Emergency Biscuit

1 1/2 cups pastry flour
3 1/2 teaspoons baking powder
3/4 teaspoon salt
3 tablespoons lard
2/3 cup milk
Sift together flour, baking powder and salt, or use instead 1 1/2 cups prepared flour. Work in lard with tips of fingers or piecrust mixer, add liquid, mix quickly and spread on top of the apples.

MR. AND MRS. J. NESBITT CELEBRATE GOLDEN WEDDING

Mr. and Mrs. J. Nesbitt celebrated the fiftieth anniversary of their wedding at their home at 13th and Clyde last Sunday. Mr. and Mrs. Nesbitt, who are very well known in West Vancouver, where they have resided for a number of years, were married at Wolfe Island, Ontario, on 10th March, 1879. A large number of their friends called to congratulate them, and they were the recipients of many bouquets of flowers and gifts. Foremost among these was a magnificent four-tier bride's cake most tastefully decorated in gold, the gift of a prominent West Vancouver lady resident, also a smaller cake given by their youngest son, Cecil, Harry and Cecil, two sons of Mr. and Mrs. Nesbitt, with Mrs. Harry Nesbitt and their children were present to felicitate their parents and grandparents, their eldest son, Bob, being too far from home to be able to be present.

Their many friends and acquaintances in West Vancouver join in wishing Mr. and Mrs. Nesbitt many years still of marital happiness.

CHURCH MEMBERS MAKE PRESENTATION

A number of members of St. Stephen's W. A. called on Mrs. John Nesbitt at her home at 13th and Clyde on Thursday afternoon, and presented her with a pair of beautiful silver vases in honor of her recent golden wedding. Tea was served and a very pleasant afternoon spent.

PIANO RECITAL BY STUDENTS

On Saturday of next week the first of a series of monthly student piano recitals by the pupils of Mrs. Clara Wilson will be given at her home studio 2367 Marine Drive. Those wishing invitations should get in touch with Mrs. Wilson.

CARD OF THANKS

Mrs. W. R. White wishes to thank those who sympathised with her in her sore bereavement in the loss of her mother.

Celebrating 3rd Anniversary In West Vancouver

SPECIAL OFFER

for month of March
Discount off all
CLEANING AND PRESSING WORK
and 10% off all
CUSTOM TAILORING WORK

LADIES AND GENTLEMEN'S
Plain Suits Cleaned and Pressed \$1.25

M. WILLIAMS

16th and Marine, Ambleside
CUSTOM TAILOR
Phone West 20