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Useful Recipes

GOOSEBERRY FOOL

Stew the gooseberries with just enough water to cover, till reduced to a pulp, then rub through a sieve, sweeten to taste and thicken with a custard.

GREEN BEAN SALAD

Have the beans previously cut up and cooked. Dry them and mix them in a salad bowl with two or three sliced spring onions and some chopped parsley. Pour over a vinegar dressing and garnish with one of two hard-boiled eggs.

SWEET PICKLED CARROTS

Two quarts carrots, one pint vinegar, half pound granulated sugar, one ounce mixed whole spices. Select small, slender carrots of uniform size and color; clean with a vegetable brush and blanch in boiling water 4 to 6 minutes. Cold dip and skin. Place in a saucepan and boil until nearly tender in slightly salted water, drain and cover with vinegar in which the sugar has been dissolved. Tie spices in small muslin bag, add to vinegar and let simmer for half an hour. Handle carrots carefully so that they will not be broken. Pack into hot sterilized jars and seal.

BUTTERMILK CAKE

Cream half a cupful of butter with one cupful of brown sugar and two lightly beaten eggs. Mix together one and a half cupfuls of sifted flour, one eighth of a teaspoonful of ground cinnamon, one-fourth of a teaspoonful of cloves, a few grains each of nutmeg and mace and four table-spoonfuls of chopped black walnuts. Combine the two mixtures, alternating with half a cupful of rich buttermilk into which has been stirred half a teaspoonful of baking soda. Bake in a large pan lined with buttered paper, using a moderate oven, and frost with lemon or orange frosting. This cake will keep moist for two weeks.

To get an obstinate cork out of a bottle dip the neck of the bottle in hot water and you will be able to lift the cork out with your fingers.

GARDENS AND GARDENING

By MINA G. HUTT,
Landscape Architect

Graduate in Landscaping U. of C., American School of Landscape Architecture and Gardening. Member National Landscape Service.

Much of the subsequent success of your garden depends on the care taken to place the plants in the soil in such a way that they find at once conditions suitable for growth.

The square hole is easier to dig and is very much better than the circular one as the roots tend to force themselves beyond the walls of a square hole but in a circular hole are apt to confine themselves to the hole itself. The hole should be larger than the plant requires so that the roots will not be cramped. They should be allowed to spread themselves out to their full length. The hole should be as wide at the bottom as at the top, and slightly deeper at the sides than in the centre so that the water will run to the sides and not to the centre where it might remain for a considerable period and rot the roots.

In throwing the soil about the plant, start from the stem, and work outward. This will have a tendency to keep the roots straight and unbroken.

After covering the roots with two or three inches of loose soil, take hold of the stem of the plant and shake it gently so as to settle the soil around the roots, fill in to within a couple of inches of the top of the hole, then fill the hole with water, let it soak away and fill again. After this has soaked away, fill with earth to the top and tamp firmly.

After planting it is a good plan to mulch with half rooted manure. This helps to retain the moisture and keeps the soil warm and mellow and the humus and plant food of the mulch are washed into the soil around the roots of the plants when watered.

Evergreen shrubs and trees require watering more frequently than those which shed their leaves, due to the greater evaporating surface of the leaves on the evergreens.

Evergreen trees and shrubs are usually received from the nursery with a ball of earth

around the roots, wrapped in burlap. This should be kept thoroughly wet until after planted. After placing the evergreen in the hole cut the string around the top of the burlap and spread away from the stem and fill in the hole with earth. The burlap will soon rot and will not interfere with the growth, while if it is removed the ball of earth may be broken and the roots exposed. Never tamp the ball of earth or jump on it with your feet, but tamp the soil carefully all around it and fill in the hole as explained above.

In transplanting shrubs and trees, especially those of a deciduous nature, care should be taken to cause as little injury to the roots and branches as possible so that there will be fewer wounds and bruises to heal up during the time the tree or shrub is establishing itself in its new location.

NOTE—The writer will consider it a pleasure to answer questions concerning the garden in this column.

The questions should be addressed to the writer in care of the Editor. The answer will appear in an early issue or if a personal reply is desired a stamped, self-addressed envelope should be enclosed.

ORANGE LODGE VISITS ORPHANS AT BOUNDARY BAY

The members of L. O. L. No. 2990 left here at 9 a.m. last Sunday in seven cars for Boundary Bay, where they gave about 50 orphan kiddies in the Orange Camp there a real day's treat. Plenty of dainty eats, ice cream, fruit and candy were supplied to the youngsters, whose ages range between 3 and 11 years. After lunch pictures were taken and every child was given cash to buy candy. The party spent the afternoon bathing. The land and camp is owned by the Ladner Lodge and is situated about 50 yards from the beach, making it convenient for the children to go in bathing. It is the intention of the local lodge to put on another big day for the kiddies before they leave the camp to return to New Westminster.

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