## **NEWS RELEASE**

## Wilfrid Laurier University



## Exhibition delves into the cycles of life in Dance of the Hours

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WATERLOO – The Robert Langen Gallery will host an exhibition of mixed-media paintings titled *Dance of the Hours* from January 8 to 26. The public can meet artist Catherine Gibbon at a reception in the gallery from 4 to 5 p.m. on Wednesday, January 9.

The exhibition explores the artist's observation of the Dundas Valley. She frequently walks in the area and began noticing the cycles of change that occur with the valley's plants, animals and trees. *Dance of the Hours* is Gibbon's attempt to showcase the natural cycles of valley life.

"At the completion of the year, I began to get a visceral sense of the momentum behind all the changes I was seeing," said Gibbon. "It was a huge revelation to me because, although I had understood the cycles of the seasons in an intellectual sense before, I had never experienced this knowledge intuitively."

Gibbon has been an instructor at the Dundas Valley School of Art since 1974. Her work has been shown at numerous solo exhibitions, including Artsplace in Annapolis, Nova Scotia, the University of Exeter in Exeter, England and the Carnegie Gallery in Dundas, Ontario.

As Laurier's visual arts centre since 1989, the Robert Langen Gallery provides the local community with knowledge, appreciation and enjoyment of Canadian art and culture. The gallery is located in the John Aird Centre and is open 10 a.m. to 5 p.m. from Tuesday to Friday and noon to 5 p.m. on Saturdays. Admission is free.