Calls New Canadian

To the Editor of

The Advance, Timmins

Bills "Infant Size"

Timmins, Ont., April 10th, 1935

Dear Sir:-Anyone who reads the

"Lost and Found" columns of the news-

papers know that wrist watches take

thing new that will be ahead of either

to work out. If it has been so easy to

lose the late large bills, it will be three

times easier to lose the latest infant

By James W. Barton, M.D., Toronto

A Family Tendency to Stomach and

Intestinal Ailments

Yours truly,

"OLD-TIMER

That

Bours

size. So be careful!

these cases.

testine were inherited.

tendency is strong.

ferior stomach.

In from one-fourth to one-third of

the families of ulcer patients there is

a history of diseases of the stomach.

There are moreover extensive family

trees of so-called ulcer families. An ul-

cer condition is found earlier and in a

ulcer families points to a weak or in-

that there is a family tendency toward

stomach digestive juice occurs in fam-

In regard to the liver and gall bladder it has been found that a tendency to jaundice and the formation of gall

stones appears early in families with a hereditary tendency to these condi-

The thought then is that if these ailments are a part of your family his-

tory you should not be afraid of these

ailments attacking you but should learn early just what foods agree with you

Thus Chauncy Depew who spoke on

an average at five dinners and banquets

each week, learned just what he could

eat safely, and avoided everything else.

As you know he lived to be well past

(Registered in accordance with the

A despatch from Milwaukee this morning says that a grey-haired Catholic priest who said that his sense of moral duty prompted him to break a long silence is expected to give the

authorities information that will fur-

ther disprove much of Bruno Haupt-

man's alibi in the Lindbergh kidnap-

Arkansas Gazette:—A gentleman

should still ask a lady's permission to smoke-if he's helping himself from

BRUNO HAUPTMAN'S ALIBI

INFORMATION UPSETTING

this ailment of the stomach.

of anaemia—thin blood.

and give no distress.

ninety years of age.

copyright act.)

ping case.

her cigarette-case.

tions.

Proof of the Pudding is in the Eating Thereof

Rice, Cream or Cranberry Tapioca and There is Cornstarch Pudding which Must Always be Well Cooked.



(By Edith M. Barber)

Do you like puddings? You either like them or you don't. I find that most men have a prejudice in favour of old-fashioned rice pudding, although I did meet a man recently who lumps all puddings together as the lowest class of food. Apple pie is the only dessert, and he would like to have it every night. The fact, however, that most of the chop houses specialize in rice puddin shows that he is a radical. Personally I like nothing better than creamy rice pudding cooked for hours in the oven. I also like very much rice steamed in milk and served with fruit or maple sugar and cream. Then there is that custard rice pudding, which, when flavoured with vanilla and a bit of almond. is so delicious.

tapioca which, by the way, can be made and flavoured. Sometimes cut oranges very quickly by the new type tapioca which cooks in five minutes. You have probably heard me mention my favourthe fig and nut tapioca made with brown sugar. Nothing is better than a good pudding of this type and nothing be made from one typical recipe. is worse than a poor one. A favourite combination of my childhood was made with stewed apples, heavily sweetened, and flavoured with cinnamon and grated lemon rind. All these should be chilled thoroughly before they are served. Most of them need whipped cream, although I prefer plain cream with the apple pudding.

puddings is made with cornstarch. very slow oven (275 degrees Fahrenheit) Every dessert of this type must be well stirring at least three times during the cate. Inc.) cooked and nothing is less appetizing first hour to break the crust which will than a raw cornstarch pudding. All form. One-half cup of raisins may be sorts of names are used to describe this added when the pudding is mixed. dessert. There is blanc mange which Serve very cold. is seldom seen as the title would indicate, as we have no scruples about put- 4 tablespoons pearl tapioca or

ting chocolate, coffee or caramel before the title. When I was a child a spade was called a spade, and I shall never forget the disappointment when the first time I was taken to a hotel for a meal I ordered intriguing blanc mange I still remember that square of gray, leathery material which floated in a colourless sauce. However, that is a thing of the past, and puddings which are given that name are usually good even at restaurants. Our home products are usually the favourite dessert. in our repertoire. If a "white mountain" is served it is usually fluffy with egg whites and well flavoured with vanilla or almond and sometimes with cocoanut. This is, by the way, very good with chocolate or caramel sauce of with crushed fruit. Sometimes it i made golden and flavourful by the addition of egg yolks.

There are a number of mixtures which need only cooking and cooling to provide a very good pudding. Cornstarch is used in some of them to provide the thickening, but some of the best have a mixture of arrowroot and gelatin. Arrowroot is occasionally used at home in the preparation of these puddings. It has a larger thickening and cook for at least twenty minutes, dian five-cent pieces that youngsters power than cornstarch.

flavoured with chocolate, with browned To make a light, fluffy pudding the picked up on the streets and in many almonds or with coffee or with cara- yolks and the whites may be beaten public places because they can be so melized sugar. There was, and per- separately, the yolks mixed with the easily pulled out of the pocket when haps there still is, a market restaur- sugar and the whites folded in after carried loose like lots do. When a ant in Philadelphia which specializes the pudding has been removed from number are rolled into a wad they can in this type of dessert. The filling is the fire. For chocolate pudding mix easily slip out unnoticed. So the best put between oblong pieces of spange cake and it is covered with a liberal cornstarch, or scald one and one-half good purse or pocketbook that grips in Another pet pudding of mine is cream portion of whipped cream, sweetened or bananas are mixed with the filling and used as a garnish on top of the cake or ple. Occasionally thin slices ite cranberry tapioco, but I am not sure of sponge cake are covered with cream whether I have told you so often about filling, rolled, chilled and served with a sauce or whipped cream. You see there are numerous desserts which can

Yes, I like puddings! Old-Fashioned Rice Pudding 4 cups milk

1-4 cup rice 1-2 teaspoon salt.

1-4 cup sugar Nutmeg

ingredients, and pour into a buttered shells fold in the half cup of whipped The third number of this group of baking dish. Bake two hours in a cream.

Cream Tapioca

1-3 cup sugar

Soak pearl taploca for one hour in cold water to cover and drain. Min-

ute taploca does not need soaking. Add it to the milk and cook it in a double boiler until the tapioca is transparent. Add the sugar and salt to the egg yolks. ightly beaten. Pour the hot mixture slowly over this, return to the double poller and cook until it thickens. Remove it from the fire and add the stiffly beaten egg whites. Add flavouring and chill the pudding.

Fig Tapioca 3-4 cup granulated taploca 1-2 teaspoon salt 1-2 cup brown sugar

3 1-2 cups boiling water 1 cup chopped figs 1-2 cup chopped nuts Cook tapicca, salt and boiling water

gether until clear. Add sugar, figs and nuts. Cook five minutes, chill and serve with cream.

Cornstarch Pudding 4 1-2 tablespoons cornstarch

3 1-4 cups milk 2 eggs

1-3 cup sugar

1 teaspoon vanilla Scald three cups of milk. Mix the second place. But now there's somernstarch with the remainder of the cold milk and add to the scalded milk one, and that's the new infant size in the double boiler, stirring constant- Canadian five and ten dollar bills until the mixture thickens. Cover These little infants are like the Cana-Beat the eggs and add the sugar and enjoy putting in their mouths and bit-

Occasionally flour is used as a thick- salt. Pour some of the mixture slowly ing them, and those little three-cent ening for puddings. It is particularly over the mixed egg and sugar, stirring pieces that were so easily dropped when ood in cream fillings for ple and for constantly, add to the mixture in the taking money from the pocket. I fee the dessert known as Boston or Wash- double boiler. Cook three minutes, add sure it will be the same with our new ington cream pie. This filling may be vanilla and pour into molds to cool. tiny bills. There will be a lot of these four tablespoons of cocoa with the thing to do is to be careful and get a squares of chocolate with the milk and the pocket and is not slippery enough

> beat well. The eggs may be omitted. Cream Filling

3-4 cup sugar 1-3 cup flour

1-8 teaspoon salt

2 cups scalded milk

1 teaspoon vanilla, or 1-2 teaspoon lemon extract

1-2 cup whipped cream Mix the dry ingredients, add the eggs slightly beaten and pour on gradually the scalded milk. Cook fifteen minutes in a double boiler, stirring constantly until thickened, afterward stirring occasionally. Flavour and cool in re-Wash the rice, mix it with the other frigerator. Before filling cream puff

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Financial Post:-In the establishment of an economic council for Canada, the Government is taking the first step along the path that may eventually lead to very important developments.

Prospects Good for the Peninsular Mine Outlook Much Better than

for Several Years. Being Developed by Capable

A recent letter from the president, J. Albert McKay, and the vice-president, James R. Dodworth, Jr., to the shareholders of the Night Hawk Peninsular Mines, Limited, executive offices, 323 Fourth avenue, Pittsburgh, Pa., submits a balance sheet for the company as at Feb. 28th, 1935, and also a brief summary of the company's activities since the suspension of mining operations through lack of working capital in May, 1926. The letter says, in part:-

"By means of loans to the company Thinks They will be Easy to by a small group of its shareholders the mine was kept dewatered and all build-Lose and Will Cause Much ings and equipment kept in good repair Trouble in This Way. during the period of idlness.

held in Toronto on June 9th, 1931, company's assets to its completely owned subsidiary, Porcupine Peninsular the lead in lost articles and dogs get Limited. A committee was appointed promptly turned his attack on the sec- extraordinary durability and utility. with power (a) to enter into negotia- and man. Another swing of the cruel Through their experiments and distions and take such action or actions as paw torn the sweater coat of the second coveries in this direction Canadians of Percupine Peninsular Gold Mines to two men used their axes and soon the with England and other parts of the be sold to any outside interest or inter- bear was not only out of the fight but | Empire. ests for the purpose of further develop- he was also out of this world. ment of that company's property and (b) to direct that the selling of said Laboratory at Cobalt shares and the price per share sold and all matters pertaining thereto be at the discretion of this committee.

> "The holders of the \$398,500.00 outstanding 7 p.c. first mortgage bonds of the company, at a meeting held in Toronto on May 15th, 1933, agreed to waive accumulated back interest amounting to the sum of \$211,316.62 and to accept cumulative income 6 p.c. bonds due June 1st, 1953, in the ratio of \$125.00 p.c. cumulative income bonds for \$100.00 7 p.c. first mortgage bands. These new bonds allow the company until July 2nd, 1940, to pay the first coupon dated December 1st, 1933. respect to the notation on the balance sheet that \$625,000 is the authorized total for 6 p.c. cumulative income bonds it is the intention at the next convened meetings of the bondholders and shareholders to change this authorized total to read "Authorized \$500,000" conform to the originally authorized total of the old 7 p.c. bonds.

"All holders of the outstanding 7 p cumulative preference convert shares in the amount of 254,500 shares have waived their cumulative dividend rights, past, present and future, thus saving the company a total amount of \$142,500.00 dividends in arrears.

"The authorized capital of Porcupine It has been known for some years Peninsular Gold Mines. Limited, was that about one individual in every six increased from 1,000,000 to 3,000,000 has a tendency toward hay fever, as- shares (par value \$1.00), Night Hawk thma, or eczema. It is known also Peninsular Mines, Limited, retaining its that this tendency has been handed 1,000,000 shares less six director's shares, down from parents or grandparents. leaving 2,000,000 treasury shares to be However it is only within recent years issued for further development work.

ticing that in questioning patients with dated October 2nd, 1933, entered into ahead of the Laboratory." stomach, liver, or intestinal ailments a between Porcupine Peninsular Gold great many stated that among their Mines, Limited, and Anglo-Huronian, Detroit News:-Two New Orleans parents, grandparents, uncles or aunts, Limited, the 2,000,000 shares of the motorists struck the same telephonsthere was a considerable number of treasury stock has been optioned to pole within an hour. There may have Anglo-Huronian, Limited, to adequately been no negligence on the pole's part Dr. H. Kalk recently discussed before develope the mining property of Por- but it looks funny. the Berlin Medical Society how many cupine Peninsular Gold Mines, Limited ailments of the stomach, liver and in- and bring it into production.

"At the present time there has just been completed a very extensive and thorough geological examination and diamond drilling campaign totalling approximately \$0,000 feet of drilling. It is expected that the results of this work will be known to us in the next more severe form when the hereditary few weeks.

"Your directors feel that the outlook Frequency of sensitive stomach in of the company is much better than it has been for several years, and that the property of Porcupine Peninsular In gastritis-inflammation of the Gold Mines, Limited, is now being destomach—the frequent occurrence of veloped by capable and experienced sensitive stomach or a tendency to indigestion in certain families would show

North Bay Nugget-Countless people know from experience that a hitch-A lack of hydrochloric acid in the hiker is in much the same category as a panhandler. The difficulty is to deilies with a tendency to the severe type termine the "deserving case." Under certain circumstances, it is safer to A tendency to diarrhoea appears to be pass right by either hitch-hiker or panthe result of an easily disturbed nervous handler-regardless of a possible tug at the conscience.

GOLDEN CORN SYRUP

A GREAT ENERGY FOOD

Axes Used in Repelling

Giving Milling Service

In its issue last week The Haileyburian had the following interesting reference to the Temiskaming Testing Laboratory at Cobalt as described in an discovered process these fibres can be address to the Haileybury Rotary moulded by intense heat pressure un-

"How the Temiskaming Testing Laboratory at Cobalt has been converted from the mere experimental plants which its name implies to a commersial institution treating ores in considerable quantities from the smaller mines of the district, was told to members of the Haileybury Rotary Club at the weekly luncheon on Monday by Arthur A. Cole, formerly mining engineer for the T, and N. O. Railway and now in charge of the laboratory.

"Mr. Cole told something of the early history of the plant and gave an outline of the important part played during the days when mining was carried on to a greater extent in Cobalt than at present. Ores from the new prooerties were tested and treated, at rates that did not involve great expenditures on the part of small developers and much good work was done for the industry. More recently the work has been extended until at present ores are being treated in large quantities from the smaller producing mines at reasonable rates, and the steadily increasing revenues from this source have enabled it to become practically selfsustaining. The service being given is of great importance to the mining industry, according to Mr. Cole, who forthat research physicians have been no- "Under the terms of an agreement sees many years of useful operation

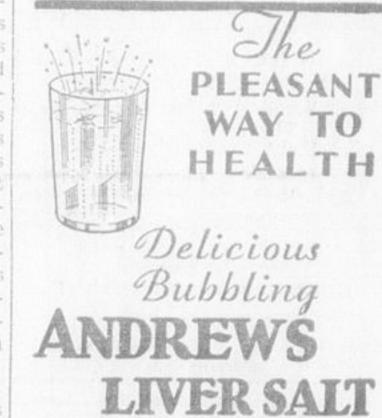
Making "Leather" Fabric Attacks of Large Bear Now from Canadian Spruce

When workmen on the North Bay to One of Canada's presents to Princess Cemiskaming highway last week cut Marina, now the Duchess of Kent, was lown a large pine tree they found the probably unique. For a considerable tree was hollow and that inside there time experts have been carrying out was huddled a large black bear. When extensive experiments with Canadian "At a special meeting of shareholders the tree toppled over the bear emerged spruce wood, says Canada's Weekly, in a very ugly mood. Bruin attacked London. The ultimate success attendone man nearby but the workmen man- ant on these experiments has resulted aged to escape a swing of the bear's in the introduction of a new and inpaw. Another workman at once grab- tensely interesting fabric to the Mether bed an axe and hastened to his fel- Country, and one which is destined to Forcupine Peninsular Gold Mines, low's defence. The bear just as immense popularity on account of its might be necessary to permit an unen- man. By this time the first man also may well be instrumental in opening up cumbered interest in the capital stock had an axe. To shorten the story the new and important trade connections

> The fabric resulting from the experiments with Canadian spruce wood startlingly similar in grain and tex ture to leather, with all its commendable features of durability. Yet the fabric is actually manufactured from the purified celluloise fibres of the spruce wood. Bp means of a recently til this takes on the form of a leatherlike fabric, which has withstood remarkable tests, enabling it to be placed n the front rank of durable fabrics.

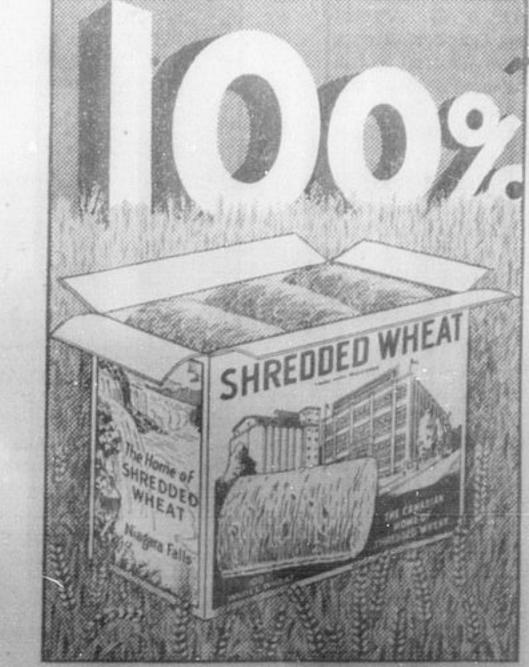
> Two of the first articles made from this new fabric for introduction into this country may be found among the wedding gifts of the Duke and Duchess

North Bay Nugget:-The opponents of hunting-by-dogs have done well to concede a point to gain a higher bounty on wolf kills. Ontario as a whole will benefit by the concession . . . which should lead to a greater effort to exterminate this enemy of valuable game.



Small Tin 35c, Large Tin 60c, Extra Large Bottle 75c SCOTT & TURNER LIMITED Newcastle-upon-Tyne, Eng. 49 Sole Agents: McGillivray Bros. Ltd., Toronto.





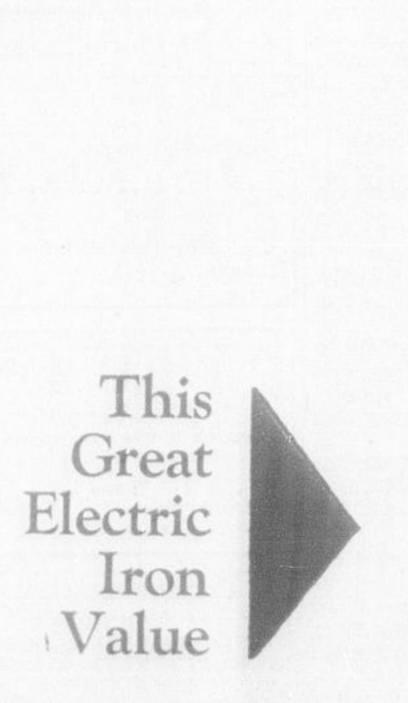
NOTHING ADDED NOTHING TAKEN AWAY

A ND only selected Canadian Wheat. Buy this 1 100% whole wheat food in its most delicious form . . . golden-brown, oven-crisp biscuits . . . easily digestible. Try it this way: dip the biscuit quickly into hot water-drain-and serve with milk or cream.

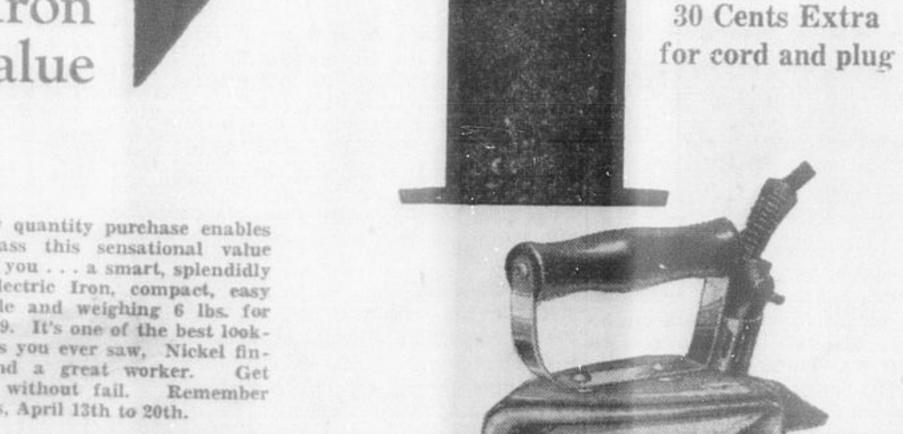
THE CANADIAN SHREDDED WHEAT COMPANY, LTD. Niagara Falls, Canada



For One Week Only! April 13th to 20th



A timely quantity purchase enables us to pass this sensational value along to you . . . a smart, splendidly made Electric Iron, compact, easy to handle and weighing 6 lbs. for only \$1.29. It's one of the best looking Irons you ever saw, Nickel finished and a great worker. Get YOURS without fail. Remember the dates, April 13th to 20th.



Canada Northern Power Corporation, Limited

Controlling and Operating NORTHERN ONTARIO POWER COMPANY LIMITED NORTHERN QUEBEC POWER COMPANY LIMITED