

# Update!

University of  
St. Jerome's College  
Waterloo, Ontario  
Canada N2L 3G3

## The Heart of our Communities

*In keeping with our plan to focus on career issues as they pertain to our graduates, this issue of Update! features two articles on volunteerism. While volunteering and career issues may seem unrelated, the two concepts do share an interesting relationship. As community organizations rely more and more on volunteer effort, individual community members are provided with countless opportunities to learn new skills, hone current ones, and gain experience and contacts that can serve them well on their career path. And perhaps more important is the recognition of the emotional satisfaction that accompanies volunteer activity: happy, fulfilled individuals bring that sense of satisfaction to the workplace and to their own families. That's a combination too powerful to ignore!*

It has been said that we are moving from the "Me Generation" to the "We Generation." And nothing attests to this fact more clearly than the growing spirit of volunteerism evident in communities across the country. According to 1989 census statistics, 27% of all Canadians do volunteer work of some kind, and there is reason to believe that number has increased over the past five years. It is estimated that Canadian volunteers contribute over one billion hours in time to voluntary organizations each year. Translated into a dollar equivalent, the collective value of this volunteer time works out to a phenomenal \$13.2 billion.

Reva Cooper, the Executive Director of the Volunteer Action Centre in Waterloo, is thrilled that the incidence of volunteerism is on the rise. "Principally, I think there has been a change in the way people see volunteering; they no longer hold the view of volunteering for strictly altruistic reasons. People now realize that both parties will benefit equally if the volunteer is suited to the position."

The Volunteer Action Centre (V.A.C.), celebrating its tenth anniversary this year, is devoted to encouraging and enabling citizens to serve their community through volunteer participation. The V.A.C. represents some 120 volunteer, non-charitable organizations - mostly in the health and social services area - in the K-W community. In addition to recruiting and referring volunteers, its staff is also involved in public education, identification of agency needs, and consultation and training.

"When people come to us looking for a volunteer position, we immediately book a one-hour appointment for them," says Cooper. "This gives us the time to discuss

possible placements, as well as to determine their interests, skills, motivations, and the time commitment they feel able to make." She also stresses that volunteer positions have become increasingly more interesting and challenging over the past few years. Budget cutbacks have meant that many agency needs are now being met by volunteers. "It is important that people look through our listing of 'volunteer job descriptions' as the first step of their appointment with us. It is categorized according to interest area, and many people simply do not realize the number of volunteer possibilities open to them."

According to Cooper, individuals also have different motivations for, and different ideas of, volunteering. Most people don't think of volunteering as serving on the board of directors of a service organization, for example. But many people enjoy this type of opportunity in their volunteer work; it gives them the chance to work with people they wouldn't normally have contact with in their everyday lives. At present, notes Cooper, the most popular volunteer placements are the ones in the workplace, where people can develop skills and make contacts. Here at St. Jerome's, we also rely on volunteers to help with the work of the Development Office, the Grads' Association, and applicant recruitment.

However, there is still a great need for people in what might be considered the more traditional one-to-one positions. "With the integration of physically, mentally, and psychiatrically challenged people into our communities, and the realization that the elderly live better in their own homes, the need for volunteer support for these groups is greater than ever," says Cooper. *continued pg 2*

### Portrait of a Volunteer Helen Heimpel

Campus Ministry secretary Helen Heimpel prefaces her comments on her personal volunteer experience by saying that she can't lay claim to being one of those people who volunteers for strictly altruistic reasons. Whether this is true or not, her many years of volunteer commitment truly exemplify the spirit of giving at its best.



For the past twenty years or so, Heimpel and her husband, Keith, have been involved in various capacities with K-W Extend-A-Family, Parents for Community Living, and the Ontario Association for Community Living. "The motivation for us to become involved was our daughter, Jennifer," says Heimpel. "When we realized that she was developmentally challenged, it introduced us to a whole new world that we weren't aware of before." The Heimpels did more than just become "involved." In fact, they both played a large role in founding and developing the K-W Extend-A-Family programme. Heimpel refers to this as her most exciting volunteer venture. It began with a small steering committee looking at the idea, and after much hard work, it became a reality.

Extend-A-Family is a programme whereby a family with a special needs child indicates a desire to cultivate friends - usually another family - for the child. A programme co-ordinator then finds a family in the community who would make a good match with child and family. "The

*continued pg 2*

... Heart of our Communities

She adds that it is a current challenge for volunteer centres to attract people to these types of positions, but that once involved, volunteers recognize that the satisfaction from this type of work can be great.

The general sense of satisfaction that results from volunteer work is part of what motivates the volunteer efforts of St. Jerome's psychology professor Peter Naus; the other part of that motivation lies in the responsibility he feels as a faculty member of St. Jerome's. "I have always understood that, as professors, we are responsible for using our expertise for community service endeavours. Yet, I hesitate to use the word responsibility in the sense of obligation, because as long as I have been at university, I have always found volunteering necessary for my own sanity. Working outside the university context has kept me aware of many important issues in the wider community."

Naus is Chair of the Board of Directors of Community Justice Initiatives, an agency that runs programmes in sexual abuse treatment, victim/offender reconciliation, and other programmes related to issues of conflict resolution and social justice. He also tries to honour all requests for talks and workshops, whether they are paid or not. At Freeport Hospital, Naus serves on both the Board of Directors and the Health Care, Research and Education Committee. He is also a board member of the Sexuality Information and Education Council of Canada.

"I've asked the question, 'Where does the job end and the real volunteerism begin?'" says Naus. "I can say with confidence that I enjoy volunteering, and I would do it if I weren't a professor, and I will probably continue to do it when I retire. I don't at all feel this 'do-gooder' mentality because all along I have recognized the mutual benefit to myself and to the organizations I serve."

With the increasing demand for volunteer help, and the diversity of people looking to donate their time and energy, many communities are relying on the co-ordination services of organizations like Waterloo's Volunteer Action Centre to assist in matching volunteers with volunteer positions. Cooper notes that such centres are now present in communities throughout Ontario and across Canada. If you're interested in volunteering your time and effort, check the yellow pages for information about volunteer coordination in your community. You'll be glad you did! ◇

... Portrait of a Volunteer continued

whole idea is to provide friendship and informal support," stresses Heimpel. "The child gets to know a family and visit with them on a regular basis. I see it as having an incredible impact on the lives of everyone involved: the child – who is often segregated in a special school and in special activities with little opportunity to make friends – gets a chance to broaden his or her horizons; the parents of the child get a chance to spend time with their other children; and the volunteer family gets a chance to share their lives with a special needs child. The effect is very long-lasting because friendship is so important to us all – although I don't think we realize that until we are without it."

In the early years, the people involved in developing Extend-A-Family more or less followed their instincts. For Heimpel, it was her first real experience in a leadership capacity, and she forged ahead with what turned out to be a wonderful learning experience. For nearly six years, she played a front-line role, forming the Board of Directors and laying the groundwork for the programme. During this time, Heimpel served two years as volunteer co-ordinator, and then worked as co-ordinator for four years after the programme received funding. Since beginning work at St. Jerome's about eight years ago, Heimpel has remained involved by serving on various boards and committees.

"I don't want to give the impression that I did it alone," she says. "Many wonderful people were involved. It has been thirteen years since Extend-A-Family was incorporated, and while it has become much more than any of us ever envisioned, it has done so without losing that spirit which gave rise to it in the beginning; I'm really proud of it." When the programme first began, most families involved had young children, and therefore many of the original plans centred around the needs of families with young children. Since then, Extend-A-Family has evolved to develop "Circle of Friends" – a programme designed to find people, not necessarily families – to befriend and involve developmentally challenged teens and adults. As well, a respite programme was recently put in place, which is more of a service programme to provide a break for families. Out of this, too, comes strong bonds and friendships.

In 1986, the Heimpels were also among the founding members of Parents for Community Living, whose focus is to provide homes in the community that are linked to a faith community for developmentally challenged adults. The programme – with which the Heimpels are still quite involved – currently has two homes and one

apartment in K-W. Jennifer Heimpel, who is now 24, lives independently from her family in a PCL home.

Throughout all these years of volunteering, Heimpel comments that she feels privileged to have worked with wonderful people, especially individuals and their parents whose stories are often heroic ones. As well, she has been inspired by people she would otherwise never have had the opportunity to meet – those who are at the leading edge of this field at local, provincial, and national levels. But not only leaders in developmental challenges, Heimpel stresses, but also those whose cause is that of all people whom society marginalizes. She sees it in the larger social justice context of trying to develop the kind of inclusive community which benefits us all.

But what impresses Heimpel the most are still the people and families who come into the Extend-A-Family programme and give of themselves to make it all happen. "I never realized people wanted to be involved, nor did I realize that so many parents who had a special needs child would take the risk and open up their families to make it all happen for their child," she says. Naturally, Extend-A-Family remains especially close to Heimpel's heart. She admits, though, that it wasn't easy to make it all work, despite the fact that they believed this kind of outreach should happen naturally in caring communities. "When I think back, I notice now that a lot of things have changed for the better for developmentally challenged children. We do live in a more accepting society. In a perfect world, you wouldn't need Extend-A-Family; I guess in the backs of our minds, we were always hoping we'd do ourselves out of a job." ◇

## • Writeback •

January 13, 1994

Dear Editor of *Update!*:

Thanks for all of your efforts on this newsletter. Both my husband and I really look forward to receiving it and devouring it. It allows us to keep in touch with a part of our lives that was instrumental in making us who we are today. St. Jerome's will always hold fond memories and great respect from both of us. Paul and I appreciate all the work you do.

Sincerely,

Marcia Cudmore (BMath '92)

*We welcome letters for Writeback.*

*Let us know what you think of your Grads' Association and its activities. The Editor.*

## Second Catholic Social Action Bursary Awarded

**F**ourth-year student Sheila McGlynn is this year's recipient of the Catholic Social Action Bursary. Valued at \$1,000, the award is donated by St. Jerome's graduate Peter Warrian (BA '69) to recognize "a student demonstrating an academic interest in or practical application of Roman Catholic Church teachings on social justice, and also demonstrating academic achievement." A graduate of St. Paul High School in Mississauga, McGlynn is studying Honours Religious Studies with a minor in Peace and Conflict Studies.

Since her arrival at university in 1989, McGlynn has been very involved with the Student Christian Movement (SCM), an ecumenical organization that focusses on combining issues of faith and social justice in an academic setting. It was through this movement that McGlynn spent a month in Nicaragua in the summer of 1992. There, she participated in a leadership development programme, learning about different Canadian organizations working in Nicaragua, and the general role of Canada in developing countries. "Since I've been involved with SCM, I've had a number of roles, including participant and board member. Now I'm more involved in organizing various activities, and acting as a resource person," says McGlynn. She is quick to add,

however, that she still enjoys participating in conferences.

That the SCM finds McGlynn a valuable resource person is evident from the fact that she was chosen to spend ten days in Ecuador in October 1991 as a member of the Latin-American Committee in a programme called "Encuentro" (Encounter). In this capacity, McGlynn helped choose and prepare three students from Ecuador to attend the SCM National Conference in Canada, and do some nation-wide follow-up education afterward. "In addition to choosing the best candidates to come to Canada," she says, "I was also very involved in planning what they would do once they arrived here. During this trip, we also had opportunities to travel around Ecuador and visit with other organizations working there."

The SCM is under the umbrella of the World Student Christian Federation, which will host a two-and-a-half month leadership/training programme in India beginning this July. As a member of the SCM, McGlynn was chosen as the Canadian delegate for this programme. "Unfortunately, though, I won't be going," says McGlynn. "Although I am the Canadian delegate, only 20 countries have been chosen to be represented at the conference, and Canada isn't among them." The conference will focus on

training in areas of social justice at an international level, something that has sparked McGlynn's interest as a possible career idea.

Here at St. Jerome's, McGlynn has been involved with the Student Catholic Community, and the Canadian Catholic Students' Association. The latter group will be holding its regional conference at the College in 1995, and McGlynn is playing an active role by sharing as much of her organizing expertise as she can before she graduates in October. In addition to all this, McGlynn has also been this year's President of the Students' Union. Given such a wide variety of local, national, and international experiences, what does McGlynn see in her future after St. Jerome's? "I've always thought of teaching in some capacity at some time," she says, "but I know I don't want to go to teacher's college right away. I'm very interested in chaplaincy as well, but I think I may take some time to do some volunteer work before I make any big decisions." ♦



Sheila McGlynn

Photo: P. B. B.

**L**ast December, St. Jerome's student Brian Orend had the honour of being granted an interview as a finalist for one of two Rhodes Scholarships allotted to the province of Ontario. And although he did not win, he can count himself among the very few fortunate enough to have had the once-in-a-lifetime experience. Each year, the Rhodes committee for Ontario receives approximately 1,000 applications for the prestigious scholarship, but only a few students will be granted an interview, and only two will win. Valued at a minimum \$60,000 Cdn., the award covers two fully-paid years at Oxford, one of the world's oldest and most respected universities.

The interview process in which Orend participated was actually several interviews that took place over the course of a weekend at the University of Toronto. It began with a reception on the Friday evening, giving the fourteen interviewees a chance to get acquainted. "It was really quite a surreal experience," notes Orend, "with everyone sizing each other up, and all of us conscious that we were being observed. Very uncomfortable." Of all the students, Orend was the only one registered at a small college. Fully eight of the fourteen were from prestigious American universities such as Harvard and Columbia (though they were residents of Ontario), and the others were from institutions such as U of T and Queen's.

Faced with a panel of nine interviewers and two observers – all

### SJC's First Rhodes Scholar Finalist

of them Rhodes scholars – Orend describes his hour-long interview as "intimidating", "intense", and "merciless." He stresses that the committee was clearly seeking candidates who exemplified a certain type of person. "You aren't judged solely on

your academic merit," he says, "but also on your moral character, athletic prowess, and commitment to social issues. The official reason I was given for not being chosen was that I was deficient in the athletics category." Throughout the weekend, the students were required to stay on call for further questioning, and by Sunday the results were made known.

For Orend, it was an honour simply being invited for an interview, but there was another unexpected positive outcome of his experience – references for grad school. As a joint honours history and philosophy student who has been a scholarship winner since his arrival at St. Jerome's in 1990, Orend probably doesn't need these, but they're good to have. His plans for next September are already laid out; he's off to law school at the University of Toronto, where his consistent 90% plus average here at the College has earned him one of the few entrance scholarships the professional school offers. Originally torn between becoming a philosophy professor or a lawyer, Orend has decided on a happy medium – being a professor of law will give him the chance both "to teach and to practise a little law on the side." ♦

## Grad in pursuit of Olympism

This past summer, Bishop's University in Lennoxville, Québec was the site of the 11th Session of the Olympic Academy of Canada, where a select group of 50 Canadians and five international guests from various sport backgrounds gathered to explore the theme, "Achieving Daily Olympism." And among the select group chosen to attend the conference hosted by the Canadian Olympic Association (COA) was St. Jerome's grad and former resident Darcy Brioux (BA '86).

The Olympic Academy of Canada is a leadership development programme of the COA. During the week-long Academy, a wide variety of teaching styles – presentations, lectures, discussion groups, role playing, panels, and debates – were employed in an attempt to gain a deeper appreciation of the humanitarian, educational, and intercultural goals set out by the founder of the modern Olympic games, Pierre de Coubertin. "The week was very intensive," says Brioux. "Each day's activities started at 8 a.m. and finished around 6 p.m."

Notable participants at the conference included several leaders of the Olympic movements both at home and abroad. On hand from Canada were former Olympian and Director of the Olympic Academy of Canada Dr. Bruce Kidd; Vice President of the International Olympic Committee (IOC) Dick Pound; and President of the COA Carol Anne Letheran; as well as Olympic athletes Laurie Graham, Clark Flynn, Lucie LaRoche, André Benoit, and Sandra Levy. International guests included Zhang Quansheng of the Chinese Olympic Committee; Gosta Gardin, President of the Swedish Olympic Committee and medalist in the 1948 Olympic Games; and Tor Lian, Vice-President of the Norwegian Olympic Committee, and second-in-command for Lillehammer '94.

Topics of discussion for the week included some of the crises and considerations facing Canadian and international sport, such as drugs, commercialism, politics, and the selection of host cities for the

Olympic Games. "We also spent a great deal of time talking about the meaning of the Olympics," notes Brioux, "and ways that we can share the spirit of Olympism in our respective communities."



Darcy Brioux (left) receives his certificate of participation in the Academy from Dr. Bruce Kidd, Director of the Olympic Academy of Canada.

For his part, Brioux plans to make presentations at high schools and in his community to spread the idea of Olympism and what he learned at the Academy. Brioux believes that the Olympic values of fair play, racial tolerance, and the sharing of cultures set out by de Coubertin are of vital importance and cross all boundaries, as such events as the Math and Music Olympics have already demonstrated. At the conference, Brioux met a teacher from London who is already using the

Olympic model in the classroom to promote these specific values. "Olympism isn't just for sports," says Brioux. "We just most naturally associate it with that. What it was intended to do, however, was to provide an example of a high profile model for learning about different cultures."

Brioux works at the University of Toronto, where he is responsible for the programming of campus recreation activities (non-varsity sports), and community services for children and youth. His strong belief in what the Olympics stand for permeates most everything he does. "Since attending the Academy, I'm very involved in using and promoting everything that I learned there. I'm fortunate that both my job and my volunteer community activities will allow me to do something that's very important to me – to take the word about Olympism out into the community." ◊

## • News Briefs •

**Robert Zuccherato** (BMath '92, Combinatorics and Optimization) was honoured as the top student in a Master's level Mathematics programme at fall convocation in October.

**Fr. John Allan Loftus, s.j.** will join the College community as a full-time faculty member in the Department of Psychology on July 1, 1994. Loftus is widely-known for his role as a principal advisor to many church groups throughout the world on cases of sexual abuse by the clergy or within a religious context. He comes to St. Jerome's from Southdown – a private hospital for religious professionals in need of emotional or spiritual care – where he has been the Executive Director since 1986. (An in-depth article on Fr. Loftus will appear in an upcoming issue of *Update!*.)

The Grads' Association hosted "The Keirse Sorter Revisited" on Saturday, March 5. Joan Martin, a teacher with the Metro Separate Board, returned to facilitate the three-hour workshop, and the group in attendance – albeit small – left the workshop knowing yet a little more about themselves.

If you will be returning to campus for "Waterloo Weekend" from June 3-5, please remember that you are invited to attend Mass at St. Jerome's on Sunday, June 5, at 11:30 a.m. in Siegfried Hall.

**Patrick Dean**, a fourth-year honours English student (Rhetoric & Professional Writing), recently won the Albert Shaw Award for Poetry. On March 29, the UW English Society presented him with the award, and \$100.00, at the English Department's wine and cheese ceremony. Dean submitted three poems to the competition, all of which were short listed, and one of which, "Trip", was declared the winner. This past year, Dean served as Editor of the SJC student newspaper, "Across the Creek." He says he writes a lot of poems in his spare time, and notes that "it was good to hear that someone who isn't related to me likes my poetry."

### "Trip" by Patrick Dean

Two cookies,  
an apple, carrot  
sticks,  
cheese, one wagon  
wheel  
and a peanut butter  
sandwich.

All in a paper  
bag.

His dad picks  
up a  
Hires  
coming home from work.

A class field  
trip  
to a tree farm.

And lunch at home  
is never this  
good.

## Thanks for the help!

Over 50 St. Jerome's graduates and friends employed by the Waterloo Region Catholic School Board assisted the College in its annual fundraising appeal to teachers and administrators within the Board.

These volunteers made presentations on the College's mission and needs at their October staff meetings, and circulated literature to all Board personnel.

"The willingness of so many of our grads to serve as representatives of the College within the Board is very affirming," remarks St. Jerome's President Doug Letson. "We value and appreciate their support and participation."

The College boasts over 250 graduates within the Waterloo Region Catholic School Board. Twenty-eight per cent (28%) of the Board's principals are also St. Jerome's graduates. Of 1,271 people canvassed, 57 donors contributed \$3,055.

College representatives for this appeal included: Cathy Williamson, Bruce Rodrigues, Mary Pegg, Paul Tratnyek, John Callaghan, Ken Bisch, Kathryn Seegmiller, Anne Hind, Anke Naus, Sally Van Osch, Judith Dona, Donna Rich-Bradie, Nancy Troyak, Diane McCormack, Larry Missere, Elvira Sentes, Mary Jo Schropp, Mary Fedy, Mary Francis Wallace, Debra Curtis, Garry Massell, Mark Godin, Jo-Anne Whitney, Jean Krulicki, Rosemary Guerreiro, Paula Kienapple, Bill Haber, Sr. Mary Kevin Harkin, Mary Beth Fenlon, Mary Worden, Madeline Hughes, Wayne Buchholtz, Rob Bamberger, Barb Schamp, Jennifer Renner, Barb Shewchuk, Richard Zilinskas, Thelma Ignor, Sharon Carey, Monique Krulick, Barbara Lavigne, Chris Eaton, Filomena Sienna-Hollidge, Charlie Van Alphen, Gerry Clifford, Keith Spitzig, Henry Bink, Karen Aitchison, and Brian Annable.

The following non-St. Jerome's graduates also assisted: Loreen Boldt, Harry Kieswetter, Bryan Strub, Lino Guidolin, Ghislaine Williamson, and Lise Adam.

Thank you all! ◊

## SJC and Waterloo Separate Board enter into partnership

The official signing of a contract sealing a partnership agreement between St. Jerome's College and the Waterloo Region Roman Catholic Separate School Board (WRRCSSB) took place on December 13, 1993 at the Board office on Moore Street in Kitchener. The term for the partnership began January 1 and will end on December 31, 1997. After that date, it will continue on a yearly basis according to the wishes of both partners.

The purpose of the partnership is to promote and develop the belief that the continuum of Catholic education is a life-long process from childhood through adult life. In this respect, both the College and the WRRCSSB share the responsibility of educating students of all ages to serve the Church and Canadian society. Amongst other things, the partnership will provide both parties with opportunities to share human resources, facilities, and programmes.

Prior to this formal agreement, St. Jerome's and the WRRCSSB worked together in various capacities. Over the past few years, the College has worked especially closely with Maureen Innes, the Board's Personnel Development Officer, to provide information to the Board. This has taken the form of public lectures, mini-courses, and resource personnel. Topics have always been worked out in conjunction with the Board.

The formal partnership agreement was developed by College President Doug Letson, Religious Studies Professors Michael

Higgins and Mary Malone, Board Director Bill Brown, and Superintendent Tony Truscello. "It is natural for us to work together," comments Letson. "Since full-funding, especially, more and more people are realizing that Catholic education isn't just from JK to OAC, but that it continues on to include post-secondary education as well. For example, the courses offered at St. Jerome's as part of the new Master of Arts in Religious Studies were worked out specifically with the Board as a way to provide the essential background on the Catholic tradition for those within the Board."

One of the articles laid out in the partnership agreement is the establishment of an advisory committee which will ensure follow-through on the other articles. There is also a provision for co-operative education placements for students that will involve College students interested in pursuing teaching careers with the Board, as well as high school students who may wish an educational experience at the university level as research assistants, or in other capacities at St. Jerome's. This part of the agreement has already been seen in action at the College - a grade eleven student from St. David Catholic Secondary School in Waterloo spent her fall co-op term as a research assistant for Ted McGee of the English Department. "This partnership is exciting, natural, and comprehensive," says Letson. "I know that the College has much to offer teachers, Board administration, students, and parents." ◊



Have you received our new Planned Giving brochure *A Foundation for the Future*? This informative brochure outlines several charitable giving options which can advance the work of the University of St. Jerome's College. It also provides information on various tax benefits available to you. If you would like a free copy, please contact the Development Office at (519) 884-8110, ext. 245.

On June 2-4, 1995 St. Jerome's will hold its last reunion before the new millenium begins. As a result of a recent decision made by the Grads' Association Exec, the St. Jerome's Reunion will now take place just once every five years. That's right - after 1995, you won't have another chance to meet up with all your former College classmates until the year 2000!

Watch the upcoming issue of Update! for more details.



## Mark Your Calendars Now!

# JUNE 2-4, 1995

## Grads share career expertise

*What do the following people have in common?*

... a manager of market development with the Bank of Montreal  
 a litigation lawyer from Hamilton  
 an agency producer  
 a Guelph addictions therapist  
 an employment counsellor  
 from The Mutual Group  
 the vice-president of developer relations of Watcom  
 a programme animator at the Global Community Centre  
 and a parole and probation officer ...

A disparate bunch, you may think, but they do share a common bond – they are all St. Jerome's grads, and they all returned to the College on Wednesday, March 2, to participate in Career Forum '94.

Sponsored by the Grads' Association, Career Forum '94 gave current students the opportunity to glean some career information and advice first-hand from College grads who have made the transition to the world of work. On hand were Rita Moore (BES '72), Larry Brock (BA '87), John Curtis (BA '83), Stephanie McLelland (BA '80), Barbara Cullen (BA '68), Jack Schueler (BMATH '74), Marc Xuereb (BA '93), and Annette Bryce (BA '90). For an hour and a half, grads shared their individual career paths in a panel setting, offered kernels of wisdom wrought from experience, fielded questions, and mingled informally with undergraduates in the Common Room.

About thirty-five undergrads attended the forum, and it was captured on film by UW's audio-visual services for future use at SJC and in the Career Resource Centre.

*We would like to put together a list of grads who are interested in participating in future career forums. If you are one of those people, please drop us a line here at the College. Thanks! ☺*

### Update!

*In our next issue ...*

- Changes for *Grail*
- Learning Disabilities Programme phases out
- College Retirements

*... and more!*

## Where are they now?

'68 Cheryl (née Plomske, BA '68, MA '72) and David (UW, BMATH '69, MMATH '70) Greenberg are living in Middle Sackville, Nova Scotia. Cheryl is an English professor at Mount Saint Vincent University in Halifax.

'67 Ron Scanlon (BA '72) has retired from the Air Force after 24 years of service. He is currently the computer manager of the Montgomery, Alabama branch of Old Republic Insurance Company. Ron writes that he would love to hear from fellow graduates of Resurrection College.

'75 Eva Kmiecic (BA '75) and her husband have been invited to work with the Government of Australia through a programme entitled Executive Interchanges. Writes Eva, "1993 has been quite a year, with the federal government restructuring and changes that have taken place. Australia will afford us a good opportunity to see how similar changes have taken place in that country." The Kmiecics will take up residence in Canberra.

'81 Paul (BES '81) and Rosemary (née Brady, BES '85) McNamara celebrated the birth of their first child, Colleen, on September 21, 1993. Paul teaches at St. James High School, and Rosemary teaches at Our Lady of Lourdes High School, both in Guelph.

'82 Martin Frith (BES '82) is completing his first year as Senior Chaplain at West Park Hospital in Toronto. He spent the previous year on sabbatical in Calgary at the Pastoral Institute in Marital and Family Counselling.

'83 Brian Freiburger (BA '83) and his wife, Lily, welcomed their third child, Karly Meagan, on February 9, 1994, weighing 8 lbs. 15 oz. Karly is a new sister for Joshua and Caitlin. Brian is a Trust Officer at Canada Trust in Kitchener and a member of the College's Planned Giving Committee. The Freiburgers live in Waterloo.

'87 Chris (BA '87) and Connie (née Mercante, BA '87) Eaton celebrated the birth of their first child, Danielle Andrea, on January 29, 1994. Both Chris and Connie work for the Waterloo Separate School Board. The Eaton family lives in Kitchener.

'88 Michael (BA '88) and Annette (BSc '90) Barry were blessed by the birth of their second child, Daniel Leonard, on September 11, 1993. Michael is currently

pursuing a Bachelor of Education degree at Western. The Barry family resides in St. Thomas.

Mark Gauthier (BA '88) and his wife, Rhonda, have just returned from a three year stay in Tokyo, where Mark was Head English Teacher for the Idemitsu Oil Company, and wrote a book entitled *Making it in Japan*. Back in Canada now with their new daughter, Noelle, born January 5, Mark intends to start a Real Estate Management Company.

'90 Guy D'Amours (BA '90) recently earned a Bachelor of Theology from the University of St. Paul in Ottawa. He is now a pastoral assistant with the Commission Scolaire des Draveurs, and is studying at Université du Québec à Hull to obtain his teaching certificate. Guy lives in Gatineau, Québec.

'91 Tracey Taylor (BA '91) received her MASc in health psychology from UW in August 1993. She recently bought a home in Kitchener and is working at UW doing research on smoking prevention with youth. Tracey also owns her own consulting and disc jockey companies.

'92 Chris Brady (BA '92) studied for a term at St. Michael's College in Toronto, before being accepted into McGill's Faculty of Education. He is now in his first year at Fr. Leo J. Austin High School in Whitby, where he teaches Religion.

Boniface Fung (BMATH '92) is working as a programmer/analyst with Toronto-Dominion Bank in Toronto.

'93 André Rajna (BA '93) is in his final year of law school at Osgoode Hall, and will article with the Kitchener Crown office in July. He is married and has a three-year-old son.

Liza Régimbal (BMATH '93) and Bradley Mills (BMATH '92) were married on October 10, 1993. Liza began her first position as a software specialist with CompEngServ Ltd. in Ottawa in February 1993. Brad has been working for Bell Northern Research since September 1992. Liza writes that they own two kittens "who are just like children."

Anna Marie Stante (BMATH '93) married John Beaton on May 22, 1993. She is currently working full-time as an actuarial specialist with Tillinghast Consulting Company in Toronto, while continuing to write her actuarial exams. The Beatons live in downtown Toronto.

# Career Bank

THANK YOU to all of you who took the time to send your career information to us. The "Career Bank" is off to a good start! We know that there are many more grads out there with interesting jobs and great advice for others – we hope to hear from you soon!

Name \_\_\_\_\_ SJC ID# \_\_\_\_\_

Company/Organization \_\_\_\_\_

Current Position \_\_\_\_\_

Business Address \_\_\_\_\_

Business Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Academic Programme \_\_\_\_\_ Faculty \_\_\_\_\_ Grad Year \_\_\_\_\_

Other formal training & degrees earned \_\_\_\_\_

1. Outline briefly what your job entails.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2. What career path led to your current position? (ie. what positions did you hold prior to this and with which organizations? how long did you spend in each position?)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

3. What are the most valuable skills you have acquired during your education and career, and how have you applied these throughout your career path?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

4. What advice would you offer to others with respect to work or career issues?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Would you be willing to have current St. Jerome's students or other graduates contact you should they have questions about your particular job?

YES  NO

Would you prefer being contacted at  home or at  work?

*We're very interested in all the details, so please add more pages if necessary! Thanks!*



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## IdeaFile

# Sharing Innovations

*As promised, we plan to share with our readers the responses we receive to our IdeaFile request. Here is the first (of many, we hope!) innovations in the workplace. Keep those great ideas coming!*

**T**im Paleczny (BA '77 and UW MA '85) writes to us of his involvement with a team of individuals that developed the first graphic electronic newsletter in the Ontario government. It featured colour graphics, illustrated text, photos, some animation, and sound. Called *Currents*, the newsletter was distributed internally to more than 200 employees in the former Ministry of Energy. An electronic newsletter saves money on production costs and eliminates paper, thus saving trees and reducing the amount of waste put back into the environment.

The team was made up of Paleczny, who was the editor; Vo Tran, another University of Waterloo graduate who programmed the system; and Doug Darrah, who designed the illustrations and layout. As editor, Paleczny encouraged employees to write their own articles, giving readers a variety of voices and a richness in style. According to Paleczny, the team had to re-think traditional design practices for presenting the written word, moving away from small type and limited space restrictions into the boundless realm of electronic communications.

Paleczny is currently developing an electronic bulletin board system (BBS) that will facilitate efficient information sharing for more than 4,000 employees across the province of Ontario. *Currents* received the Gold Award from the Information Officers Forum of the Association of Communications in the Ontario Public Service.

Thanks to Tim Paleczny for providing this article. ◊

Please write –  
keep us informed!

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Postal Code \_\_\_\_\_ Telephone \_\_\_\_\_

Job Title \_\_\_\_\_

Name of  
Company/School etc. \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Postal Code \_\_\_\_\_ Telephone \_\_\_\_\_

I.D. # \_\_\_\_\_

Year of Grad./Program \_\_\_\_\_

What's new in your life? Job Change? Married? Family? \_\_\_\_\_

Get ready for  
Stratford!

SJC's annual Stratford excursion is planned for Sunday, September 11, 1994. Once again, our resident Shakespearean, Ted McGee, will be on hand, and this year's performance is *The Comedy of Errors*.

Take note and watch the next *Update!* for more details.



## Update!

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*Update!* is the newsletter of the University of St. Jerome's College Graduates' Association. It received the 1985 and 1984 Communications Award of the Canadian Association of University Information Bureaus and the 1988 Best Newsletter Award of the Canadian Council for the Advancement of Education, a Canadian organization of university alumni, development, and information officers. It is published quarterly and mailed free of charge to all graduates, former residents, students, faculty, and friends of the College for whom we have reliable addresses. If your address has changed, or if you would like to receive information from the College, please complete and mail the coupon on page 8. We welcome letters for Writeback and general news of graduates for **Where Are They Now?**

Editor: Dana Weiss      Assistant Editor: Laina Weisman  
Layout: Monica Lynch      Photographs: As indicated

