

# VALENTINE'S DAY

Advertorial

## Give the gift of Jet Peel skin-rejuvenation this Valentines Day

By Kelly Mencfeld

Because I have always had, let's say, not so perfect skin, I was skeptical when I first learned about the Microdermabrasion with Jet Peel service that the Beauty Institute and Day Spa offers. This new procedure is often used to improve skin texture, reduce wrinkles, remove unwanted pigmentation and for overall skin rejuvenation. It is also very useful with acne, blackheads and other come done eruptions.

Thinking that it would be like any harsh sounding, skin treatment, it would make my sensitive, acne-prone skin do what it does best – breakout; however, after much research and self-convincing, I packed up my stuff and went to my appointment.

Once I arrived to this modern and luxurious day spa, I was escorted into my private room to prepare for the treatment. When I was ready, my experienced aestheticians began the process that took the better part of 90 minutes.

Like any facial treatment, it began with the cleansing of my face, neck and décolleté area to remove any makeup and dirt and oil that had built up on my skin throughout the day. Once my skin was prepared, the aesthetician explained how the Jet Peel procedure worked. "It is an all natural, virtually painless skin treatment that dramatically improves the appearance and texture of your skin," she explained. "It is like a 'pressure wash' for your skin, uti-

lizing, a two-phase jet stream comprised of air and micro droplets of a hospital grade saline accelerated to supersonic velocities. This jet stream gently yet effectively impacts the skin and unclogs pores, exfoliates, hydrates and removes any debris that has naturally built-up in your skin over the years."

The Jet Peel, in my case as well in many others, is often paired with an Intense Pulse Light (IPL™) facial treatment to achieve ultimate skin rejuvenation results and has shown to provide astonishing results while treating acne, rosacea, hyper pigmentation, skin discoloration and broken capillaries. "This procedure is often sought out by women in their 50's to help rejuvenate and minimize any unwanted lines, however it is great preventative treatment for younger women as well."

The final step to my treatment was a hydrating and soothing mask. The mask was left on my skin for 15 minutes to achieve ultimate hydration. After a brief, yet relaxing nap, my 15 minutes was up and the aesthetician was back to finish off the treatment. After removing the mask and placing a protective moisturizer on my skin I was handed a mirror to see the difference the treatment had made on my skin – and what a difference it was! My skin looked and felt 10 years younger; I couldn't believe that I was first skeptical about the treatment.

Seven days later, my skin is still much smoother and my pores are

much less noticeable than ever before. I cannot wait to go back for my next appointment; with results like this, how could I not? Possibly my husband will catch on to my not-so subtle hints and get me my next treatment for Valentine's Day.

For more information about the Microdermabrasion with Jet Peel service and the other services the spa offers visit [www.beautyinstituteandspa.com](http://www.beautyinstituteandspa.com), call 289-291-0168 or visit the day spa conveniently located next to the Whole Food Market at 361

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