

Five local youth receive Duke of Edinburgh Silver Award

Five Oakville youth are among 90 recipients of the Silver Award of Achievement in the Duke of Edinburgh's Award Young Canadian Challenge, to be presented this Saturday at Queen's Park.

The recipients, and their four criteria for winning - service, expedition, skill and fitness, are:

William Acheson, 17, environmental and natural disaster fundraising volunteer, canoed in Temagami, plays saxophone, and keeps fit playing squash and tennis.

Laura Bradfield, 17, volunteered in a maternity ward, canoed in Algonquin Park, is skilled at Tae Kwon-do, and keeps fit playing field hockey and soccer, swimming, roller blading, and using work-out machines in a local gym.

Lauren Flemming, 17, taught

dance class to children aged 2 to 8, canoed in Algonquin Park, is a member of the St. Mildred's Lightbourn School Senior Choir, and plays baseball, volleyball and enjoys war canoeing.

Duncan Selby, 19, volunteered at Oaklands Regional Centre and worked with the disabled, canoed in Algonquin Park, is skilled at debating, and keeps fit with cross country running and playing outdoor ball hockey.

Margaret Wilton-Siegel, 17, worked with the elderly at Oakville Trafalgar Memorial Hospital, canoed in Algonquin Park, lists choir as her skill, and enjoys basketball, volleyball and war canoeing.

The Duke of Edinburgh's Award Young Canadian Challenge is an individual achievement program tailor-made to help young people develop a sense of responsibility to themselves

and the community.

More than 300,000 young Canadians have taken this challenge since it began in 1963.

The Duke of Edinburgh Awards pro-

gram was founded by Prince Philip to encourage personal development and community involvement among youth.

It has a Bronze, Silver and Gold awards level, and is open to all youth

aged 14 to 25.

Participants achieve the award by attaining personally established goals in community service, skills development, physical fitness and expeditions.

Charities welcome at St. Mildred's event

Once again, St. Mildred's-Lightbourn School is preparing for its annual Spirit of Giving Christmas Festival on Saturday, Nov. 27th, 9:30 a.m. to 2 p.m., at the school, 1080 Linbrook Rd.

Last year's event was a huge success. Many non-profit and charity groups that participated in the Christmas Festival found it to be beneficial.

St. Mildred's-Lightbourn Parents and Friends Association con-

tributed \$2,000 to participating non-profit agencies.

This year's format will also include charity and non-profit groups selling their products. There will also be 'Buy a Bow,' Bake Sale, Kris Kringle Shop, face painting, and other activities.

New this year will be the Children's Wish Foundation - Wishing Well. Bring foreign currency (coin), and make a wish as they toss it into the well. The proceeds

will be given entirely to the Children's Wish Foundation.

The event will be held Organizations interested in joining the Spirit of Giving Festival, contact Jennifer Fronk at 844-9940 or Tracy Bowie at 339-1025.

Kiwanis net \$20,000 shared by 2 charities

In excess of \$20,000 will be shared between Rose Cherry House and Child Find Ontario. Participants and sponsors contributed this amount at the sixth annual golf tournament organized by the Oakville Kiwanis club and their lead sponsor, Moen Inc.

Fred Mahanna, president of Oakville Kiwanis, says, "We are most grateful to Moen Inc. and their Canadian president, Michael Dennis, for supporting this fundraising event so generously. We both focus on charitable organizations whose object is to support young children. Child Find Ontario and Rose Cherry's Home are certainly organizations worthy of our support."

"A golf tournament needs golfing enthusiasts, fundraising projects and prizes. We appreciate the support received from hole sponsors and donors of prizes and auction items. Our organizing committee composed of Intergram Marketings' Michael Smith and Duracell's Bruce McGowan have done a bang-up job and they and the people who have supported them in this project deserve our vote of appreciation."

The Kiwanis club invite civic-minded men or women to join them at their bi-weekly dinner meetings held at the Oakville Holiday Inn at 6:30 p.m.

For more information, call David Johnson, publicity chair, 827-7538.



Make it a day in Downtown Oakville

by Kym Funnell

What better way to start your day than with a frothy Cappuccino (or a steaming cup of tea) in one of downtown Oakville's many quaint coffee shops? Whether it be a lounging, leisurely day or a day when you need to get things done, all your wants and needs can be found here, and any day can begin with a Cappuccino! Oakville was founded in 1827, and as a quaint, historical town has preserved its rich heritage, especially downtown. Strolling through downtown Oakville you can't help but notice the exquisite 19th century buildings that are home to 350 shops, services and restaurants.

Enjoy a relaxing day, starting at one of the many beauty and hair salons, pamper yourself! Move on to the art galleries, gain some insight on how to fill that blank spot on your wall you've been looking at for so long. If art galleries aren't your cup of tea, you can't go wrong checking out some of the mens', womens' and children's fashion boutiques. Then stop for lunch at one of the 30 different restaurants or pubs, offering a variety wide enough to please even the pickiest palate! Make a day of it, and enjoy the beautiful colours of fall in Lakeside Park, at the foot of Navy Street. Walk a little further and explore one of Oakville's two harbours, a charming atmosphere for a leisurely afternoon. If you arrive with a to-do list, the options are plentiful. From doctors to dentists, lawyers to counseling services, anything you could need - you can find here. Other businesses you can find downtown are a variety of banks, accountants, florists, funeral homes, pharmacies, gift shops, and specialty food stores, to name a few. You can even visit one of the two local radio stations, ask them to play your favourite song.

With a mix of commercial, business and retail, downtown Oakville will shower you with suggestions and selection. From everyday needs to frivolous fun, downtown offers it all, every day of the week.

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