

Dolphins results

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Here are the results for each member of the Dolphins.

**10 and under girls**  
Courtney Elliott: 1st 50m free, 1st 100m back, 2nd 200m free, 3rd 100m free; Shivaun Henrickson: 7th 100m fly, 8th 200m IM; Courtney Elliott, Shivaun Henrickson, Christina Duhamel, Christine Jackson: 1st 200m free relay, 3rd 200m medley relay

**10 and under boys**  
Brandon Cuzzino: 3rd 50m back, 2nd 100m back, 8th 100m fly, 8th 50m fly, 8th 200m IM

**11 and 12 girls**  
Kristin Elliott: 4th 50m free

**13 and 14 girls**  
Katie Ellison: 4th 200m back, 6th 100m back, 8th 400m free; Megan Weise: 7th 50m free, 8th 200m back; Kelsey Robertson: 6th 200m free; Erin Doherty: 6th 200m back, 8th 100m back; Katie Ellison, Kristin Elliott, Megan Weise, Kelsey Robertson: 8th 200m medley relay; Kelsey Robertson, Kristin Elliott, Megan Weise, Erin Doherty: 6th 200m free relay

**13 and 14 boys**  
Davin Elliott: 2nd 100m breast, 2nd 200m breast, 2nd 50m free, 3rd 200m free, 4th 100m free; Michael Laing: 3rd 400m free, 5th 200m free

**15 and up girls**  
Blaire Houde: 3rd 50m free, 5th 200m IM, 5th 100m fly, 8th 100m free, 5th 200m free; Katie Turton: 3rd 100m back, 7th 100m free, 8th 50m free; Geeta Arora: 7th 400m free; Blaire Houde, Katie Turton, Geeta Arora, Megan Weise: 2nd 200m free relay; Katie Turton, Margie Newlands, Blaire Houde, Geeta Arora: 3rd 200m medley relay

**15 and up boys**  
Craig Ross: 1st 200m free, 1st 400m free, 3rd 200, IM, 3rd 100m fly, 4th 100m back; Craig Lund: 1st 200m back, 2nd 100m back, 4th 50m free, 6th 400m free; Doug Fleming: 1st 400m IM, 2nd 200m back, 2nd 100m free, 2nd 50m free, 3rd 100m back; Mark Gaynik: 5th 200m back, 6th 50m free, 7th 100m free, 4th 400m free, 4th 200m free; Ross, Lund, Fleming, Gaynik: 1st 200m free relay, 2nd 200m medley relay.

Oakville Aquatic Club results

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... tied for sixth.

Plyley, a Grade 9 Q.E. Park student, is one of six Oakville Aquatic Club members who have already qualified for the Canadian Olympic trials. The others are Anna Lydall, Sandy Henderson, Julia Pomeroy, Christina Kubacki and Bryson Tan.

Here are the in-depth results for each swimmer at the competition.

**INDIVIDUAL RESULTS**

**Girls & Boys 12 and under**  
Ivana Corovic: 4th 100m breast, BRONZE 200m breast  
Jessica Plata: 5th 100m breast, 4th 200m breast  
Ivana, Jessica: Katie Swift, Megan Provost: 7th 200m free relay  
Ivana, Jessica: Katie and Alex Loh: 6th 200m medley relay

Kevin Jones: 9th 100m back, 10th 200m back

Scott Samuel: 9th 400m free, 3rd 1500m free, 6th 100m back, 5th 200m back, 10th 100m fly, 6th 200m fly, 6th 400m I.M.

Kevin, Scott, David Landry, Sam Thrall: BRONZE 100 free relay

**Girls & Boys 13-14**  
Tianna Day: 12th 50m free, 13th 100m breast

Kimmi Labett: 6th 100m breast, BRONZE 200m breast

Kate Plyley: GOLD 100m free (in a new meet record) and 5th 100m fly. Because of the upcoming Youth Nationals, Plyley only swam a limited number of events in which she qualified).

Tianna, Kate, Laura Frazer, Jillian Harkness: 5th 200m free relay

Tianna, Kimmi, Laura, Kate: 5th 200m medley relay

Joe Bajcar: 10th 100m free, 4th 200m free, GOLD 400m free (he beat his morning time by six seconds!), BRONZE 1500m free, BRONZE 200m fly, GOLD 200m I.M., BRONZE 400m I.M.

Simon Borjeson: 8th 1500m free

Gareth Chantler: 10th 100m breast, 6th 200m breast, 13th 200m fly, 14th 400m I.M.

Marco Monaco: 6th 100m breast, BRONZE 200m breast, 7th 100m fly, SILVER 200m I.M., GOLD 400m I.M.

Marco, Gareth, Joe, James San Pedro: 4th 200m free relay

James, Gareth, Marco, Joe: 8th 200m free relay

**Girls & Boys 15-16**  
Michelle Bailey: 11th 100m breast

Chrissy Bajcar: 15th 100m breast, 13th 200m breast

Kristy Carson: 13th 100m back, 13th 200m back

Kelly Millar: 7th 100m breast, 12th 200m breast

Kristy, Kelly, Chrissy, Kate: 9th 200m free relay, BRONZE 200m medley relay

Also competing were Laura Pomeroy, returning after an injury and placing 3rd in the 100m free prelims; Kristie Labbett swimming 200m and 100m back; Carrie Swift swimming 100m breast and 200m breast.

Ian Ford: 13th 100m back

Kyle Welsh: 9th 200m free, 8th 400m free, BRONZE 1500m free, 8th 400m I.M.

Also competing were Grant McGuire and David Wassenich in two events, and Steve Okanyi in four.

OAK A (males): 10th 200m free relay, 12th 200m medley relay

Cowan back home in May

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Olympic class boat, I was not surprised when I saw 105 boats on the start line the first day of the regatta. Winds throughout the regatta were typically light, but we had 3 of the 8 races that were as much as 15 knots.

With so many competitors, the key to success in the regatta was to be consistent. I, fortunately, was extremely consistent and managed to score a 6,9,2,4,1,9,9 in the first 7 races.

This made the regatta all the more exciting as I would go into the last race of the regatta in 2nd place, only one point out of first place.

A match race ensued from the start gun all the way to the first mark... and Bill Hardesty of San Diego, California would focus all of his attention on me.

I initiated a tacking duel early on and we proceeded to do about 20 tacks as opposed to the normal 5-10 on the first leg.

Bill and I would round 25th and 30th respectively around the first mark. This was good for me. I hadn't sailed a very bad race so far and in sailing we get to discard our worst race of a regatta. Bill had sailed a 23rd in the previous race, a finish he wished to discard.

The problem now was: could I keep him back there and would the guy in third place have a good enough race to pass us both and win the regatta.

Bernard Luitmer, in third place in the regatta was in 10th in this race. A finish of 4th or better would secure him the regatta so long as Bill and I stayed back in the

fleet. We raced around the course passing boats like crazy.

At the finish it was Bernard, 5th; Bill, 9th; and myself, 20th.

Luitmer would end up in third in the regatta; Bill would manage a one-point victory over me, in second. A very exciting regatta and a great regatta for me.

This was a huge regatta for me as it was the last chance that I would have to match myself up against all of my Canadian competitors. I was top Canadian here, a good thing just 3 months before the trials.

My next major competition was (earlier this month) in France. I represented Canada and Queen's University at the World University Sailing Championships. I placed a respectable 7th place there in what was a very tough fleet. Many of the Olympic representatives from other countries were in attendance and racing was tight. My first day with finishes of 10, 13, 13 would prove to hurt my overall results. I came out fighting after that, posting finishes between 4 and 9 in the days to follow.

I am currently in North Carolina practicing in windy conditions for the next few weeks. I will return home to Canada in May in preparation for the Olympic trials.

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wishes to announce

- \* Rep Tryouts to be held April 29 & 30 & May 6 & 7
- \* Annual General Meeting to be held Mon. May 8 at 7 p.m. at Town Hall 1225 Trafalgar Rd.
- \* We are now accepting registrations for the 2000/2001 season for Rep & House League. Ages 5-20 yrs.

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