



First-time blood donor Daniel Podlovics gives the thumbs-up to Canadian Blood Services' Bozena Karasinski as Oakville Trafalgar High School held a blood donor clinic for students and staff and challenged people to see how much blood the OTHS Red Devils have. | photo by Chantal Ayotte- Oakville Beaver (Follow on Twitter @ halton\_photog or facebook.com/HaltonPhotog)




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# Are you Dizzy????

 **SENSE OF HEARING**  
now offering in Oakville  
**Vestibular Assessment\***

## SELF QUIZ: DO YOU FEEL.....

- ☐ Motion, spinning or falling when moving your head suddenly or changing position? (like rolling on a bed)
- ☐ Dizzy while walking in a mall or down the grocery store aisles?
- ☐ Dizzy while looking at moving objects such as a train or looking out the side window of a car?
- ☐ Difficulty keeping your balance when walking on different surfaces? (Like grass to pavement)
- ☐ Like you are drifting or being pulled to one side when walking?

**IF you answered YES to any of the above questions see your Doctor for a referral for a Vestibular Assessment\***

\*Applicable fees will apply.

## What is Vestibular Assessment?

It is a variety of balance and vestibular tests which enables the clinician to analyze the information about the inner ear, eye movement and its connection to the brain to determine the cause of the dizziness.

Diagnosis and treatment options have become more effective over the past ten years

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