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Health

"Connected to
your Community"

HDSB gets \$40K gift for its Mental Health and Addiction Strategy

by Tim Whitnell

Metroland West Media Group

The Halton Learning Foundation (HLF) and the RBC Foundation will continue their long-standing relationship.

RBC renewed its commitment to Halton District School Board (HDSB) students with a gift of \$40,000 to support the board's Mental Health and Addiction Strategy.

The funds were to be put to immediate use in supporting the board's Mental Health Symposium this month.

The outcome of the symposium will include increasing mental health literacy across the school board, one of four targets identified in its mental health strategy.

It will also ensure every school has a resource tool kit designed to promote student mental health during Children's Mental Health Week May 4-10.

The board says research shows student mental health and well-being impacts school performance, attendance and achievement.

"The HDSB moves forward in our goal to create positive, engaging, safe and inclusive learning environments for our students to succeed by increasing mental health literacy across our system, making connections to the Ontario curriculum, promoting positive mental health and communicating the services available within the school board and within the Halton community," stated

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*Halton Learning Foundation
Halton District School Board*

a Halton Learning Foundation press release.

John Lever, RBC regional vice-president for Halton South, said the RBC Foundations supports children's health in all aspects.

"Through the RBC Children's Mental Health Project, we focus on supporting early intervention, increasing public awareness and reducing the stigma of mental illness because we believe that all kids should feel healthy inside and out," Lever said.

The Halton Learning Foundation is a fundraising arm of the Halton public school board.

It acquires and allocates resources to enrich educational opportunities and eliminate economic barriers to learning for Halton board students.

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