

Children and youths bring joy to those around them

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At the cooking camp, he took part in three-hour sessions, participating in group activities with other campers and learning to prepare a variety of food — in addition, MacCartney overcame his sensory issues and was trying food he hadn't before.

"We are so proud of each and every one of our clients. It is such an honour to share in the joy these amazing children and youth bring into the lives around them, including ours at ErinoakKids," said Bridget Fewtrell, president and CEO of ErinoakKids.

The other award recipients included:

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Bridget Fewtrell
ErinoakKids president and CEO

• The Smilezone Foundation (Deep Roots Award) — in recognition of being a corporate ambassador and ErinoakKids supporter

• Roran Wright, 5, of Milton (Little Acorn Award) — given to an ErinoakKids client under age six who has shown determination and dedication to achieving goals, progress in skills development and has active fam-

ily participation in supporting goal achievement

• Aziz Memon (posthumous recipient of Mighty Oak Award) — honours a former ErinoakKids client, older than age 16, who has modeled community involvement, is an ambassador for young people with disabilities and serves as a mentor or role model to others.

McTavish Travel



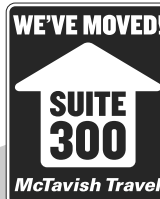
CUBA CRUISE

Cuba Cruise is ready to sail on 16DEC13, offering a total of 29 cruises through 24MAR14. The 7-night cruise program aboard Louis Cruise's 480-stateroom Louis Cristal will circumnavigate Cuba, calling at six ports, including Holguin, Santiago de Cuba, Cienfuegos and the Isle of Youth at Punta Frances, as well as Havana and Montego Bay, Jamaica. Passengers have the choice of boarding the cruise in Havana (Monday) or Montego Bay (Friday). As the market for the Cuba Cruise is primarily Canadian, the Louis Cristal will offer a "Canada-Cuba fusion" menu, featuring quality imported Canadian produce, beef and other food products, as well as specialty Cuban dishes. Unlike Cuba's land resorts, the ship is able to bring onboard its own food and beverages, assuring guests a top-notch dining experience. Shipboard renovations include a quintessential Canadian sports bar (with Canadian beer!) and an Alberta Prime steakhouse. Amenities onboard include a casino (open at sea), an internet corner, WiFi and roaming GSM mobile phone service. Air-inclusive packages for Cuba Cruise's 2013/14 inaugural season are available through Transat Holidays with pre- and post-hotel stays in Jamaica and HOLA Sun Holidays who offer pre- and post-hotel stays in Havana. Call us for details. www.yourcubacruise.com

BIG FIVE TOURS

Big Five Tours & Expeditions will launch two new safari adventures, seven-day "Botswana & Zambia - Three Rivers" and nine-day "Botswana & Zambia".

Both safari tours begin in Victoria Falls before making their way to Botswana's Linyanti Wildlife Reserve and the private Selinda Reserve, one of the least visited corners of the country shared by a very small number of camps assuring outstanding wildlife viewing. On the "Three Rivers" safari, travellers will explore the Okavango Delta, one of the seven natural Wonders of Africa and home to a wide variety of species. Guests will participate in safaris in open-sided 4x4 vehicles, water safaris in poled "mokoro" watercraft or motorboats, night game drives and walking safaris with experienced guides. The "Botswana & Zambia" itinerary heads into the Moremi Game Reserve, where a network of game drive routes through the reserve as well as permanent delta waterways in Xakanaxa make this an ideal locale for wildlife viewing. Big Five Tours and Expeditions, which originated in Nairobi in 1973, are celebrating their 40th anniversary and are committed to sustainable tourism practices — "40 Ways to Sustainability", for example utilizing a mix of vegetable oil and diesel in the game drive vehicles to limit the harmful effects on the environment and treating drinking water with a UV filtration system to eliminate the use of disposable plastic water bottles. Call us for more information. www.bigfive.com/40ways



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