

Scotiabank branch manager Patrick McNeely (centre) recently presented four members of the Oakville Children's Choir with copies of the Scotiabank Bright Future Community Voices CD at his Lakeshore Road East branch. The Oakville choir is the only Canadian group featured on the CD along with 12 other choirs from around the world. Here, (from left to right) Ana Castro, Laurie Johnson, Kendra Miller and Robert O'Halloran show off the new CDs.

| photo by Graham Paine - Oakville Beaver (Follow on Twitter @halton\_photog)




## Gabrielle's Ride

**In Support of SickKids Foundation  
For Congenital Heart Disease and Pediatric Stroke**

**Join us for a day of fun and fundraising!**  
Collect pledges to improve the lives of children affected  
by congenital heart disease and pediatric stroke.

**Oakville's Original Family Cycling Event**

- 100km, 50km, 25km & 10km routes
- Tyke Ride
- Gabrielle's Ride T-shirt
- Gift bag
- Rest Stations (water & snacks)
- Bike Repair & Support
- Family Celebration and Barbecue with Live Entertainment
- Bouncy castles, arts and crafts, fun hair styling, face painting, balloon animals, snow cones and cotton candy
- So much more!

**Only \$25 Registration**  
Children age 12 and under are **FREE** with an adult registration!

Register at:  
[www.gabriellesride.com](http://www.gabriellesride.com)



**SickKids**

**Sunday July 21, 2013**  
Sixteen Mile Sports Complex  
3070 Neyagawa Blvd., Oakville

## 'I want to save the planet': Seibt

continued from p.17  
equipment.

Though she no longer does this work, the knowledge is still there.

"The background is there. It's not hands-on anymore. It's more of an entrepreneur, teacher, presenter now."

She continues to stay educated in marine biology. Seibt is an "ocean keeper" for the David Suzuki Foundation, supports projects such as *Sharkwater* by filmmaker Rob Stewart and *The Cove* by filmmaker Richard O'Barry, both of whom she met, she participates in ocean symposiums and she has spoken about aqua culture at Laurier University.

Her new school-based initiative is an extension of her lectures and it's enabling her to get the message out to wider audiences.

"I want to save the planet," she said. "I educate myself constantly and I see what's happening and I feel that many people just don't know what's going on. It's not that they don't care. I feel that there's a lack of knowledge and I would like to, not tell them what to do, but at least show them facts that are carefully researched and just tell them what's going on and 'what do you think we could do to help in our daily life?'"

For more information, visit [www.andreaseibtart.com](http://www.andreaseibtart.com) or email her at [andreaseibt@cogeco.ca](mailto:andreaseibt@cogeco.ca).

Advertorial

## Oatmeal re-hydrates, soothes summer skin

(NC)—The mantra for skin protection outdoors is to: wear a hat, wear sunglasses, play in the shade, drink water, use a reliable sunscreen and now—add some oatmeal. "As it turns out," says skincare expert and Toronto dermatologist, Dr. Paul Cohen, "this comfort food for breakfast is also exceedingly nourishing and hydrating when applied to the skin. The proteins of colloidal oatmeal have excellent re-hydration properties." This can be seen in the sunscreen line called Aveeno Protect+ Hydrate. Why not get both of those desired benefits at once and leave

skin healthier looking than before it was even exposed to the sun? Oatmeal soothes and hydrates, so when those proteins are skillfully blended with sunscreen formulations (as in the line called Sensitive Skin) that are fragrance-free and hypo-allergenic, it's ideal for sensitive skin at any age, especially tiny tots and teens. Be sure to identify such benefits on the labels, says Aveeno, a brand best known for the active naturals ingredients and a pioneer in the study of natural ingredients for efficacious skincare.

[www.newscanada.com](http://www.newscanada.com)

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