PRE-SCHOOL OPEN HOUS



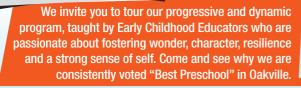
COME AND EXPERIENCE THE ART OF LEARNING

Friday, September 30, 2011 1:00pm - 3:00pm * We have limited 2, 3 & 5 day spaces available for our current school year * Students must be turning 3 years of age no later than December 31st, 2011





OAA's Preschool students dance, paint, sing and play their way to becoming joyful, creative, investigative and deeply invested lifelong learners.





Ms. Kim Speer, Director of Kinderschool Programs, recent recipient of the 2011 National Prime Minister's Award of Excellence for Early Childhood Education

Offering The Finest in Arts Exploration and Development! www.oakvilleacademy.com

1011 Upper Middle Road East & Eighth Line • 905.844.ARTS (2787)

How to Live, Love and Laugh a Lot

Living *Well* **Lecture Series**

DELMANOR SENIORS COMMUNITIES

DELMANOR

Glen Abbey Inspired Retirement Living

Bette Davis said it best -"Aging Isn't For Sissies." In this complimentary Delmanor LivingWell lecture for seniors, Judy Suke shows you how to use laughter to face life on life's terms. Seriously, you'll have a laugh as you learn the key tools to living in the present, controlling negative thoughts, reducing stress and sticking up for yourself!

You'll be in good hands: Judy Suke is a Motivational Humorist, College Professor, Coach and author. Her humour has helped make her Mississauga Woman of the Year and Pinnacle Business Woman of Distinction. Join us as you learn to use laughter to help heal the body, soothe the soul, lift the spirits and

Admission is free but seating is limited. Refreshments served. Please RSVP early. Missing out is no laughing matter.

Should you be unable to attend, contact us for other times and locations.

> Thurs., Oct. 18 2:30 p.m.

Lecture will be held next door to Delmanor Glen Abbey at Glen Abbey United Church RSVP by Oct. 10 905-469-3232



Oakville Beaver Health

Volunteer for Pink Ribbon Days

With October being Breast Cancer awareness month, the Canadian Cancer Society Halton Unit urgently needs volunteers for the annual Pink Ribbon Days campaign running from Thursday, Sept. 29 until Sunday, Oct. 2.



LEGO® Bricks

Bricks 4 Kidz After School Classes NOW available in October at Iroquois **Ridge Community** Centre, Oakville.

Register Now at www.bricks4kidz.com Contact Rona Amaral 416-473-2043



Harbour Nursery School...where every single child is valued, supported, encouraged and tre

Volunteers are needed to help sell pink ribbons Thingamaboobs at various retail locations in Oakville. Shifts are two and three hours in length and are worked in teams of 2 volunteers. This is a great opportunity for students to earn community hours while supporting a great cause, clubs, teams and church groups.

To volunteer or for more information, contact Sandy McDonald at 905-845-5231, ext. 3163 or e-mail smcdonald@ontario.cancer.ca.

Healthy bladder tips

The seminar, titled Healthy Bladder Habits As We Age, will take place at the Milton District Hospital on Thursday, Sept. 29.

Laura M. Robbs, a clinical nurse specialist on continence, will lead the

An information display begins at 6:30 p.m. with the seminar starting at 7 p.m. The hospital is located at 7030 Derry Rd. in Milton. Free parking passes will be provided at the seminar. To reserve a seat, call 905-878-2383, ext. 4379.





331 Sheddon Ave., Oakville • 905.315.0971 • www.oakvilleclinic.ca NO REFERRALS NECESSARY • SATURDAY APPOINTMENTS AVAILABLE

Take A Step in the Right Direction. Visit a Chiropodist





Sunday October 16th, 2011 11:00am to 3:00pm

> \$50 for a family of 4 \$25 for an individual

(minimum donation required)

Family Golf Learning Centre, 1455 Joshuas Creek Drive, Oakville

Help ErinoakKids Foundation reach our goal of hitting 10,000 golf balls. Each ball represents a child and their family that walk through the doors of ErinoakKids every year.

All participants are encouraged to raise money above the registration cost through pledges.

Everyone participating at the event will enjoy fun activities such as









Visit www.erinoakkidsfoundation.ca to register and participate in the Pride & Joy Golf Driving Challenge or contact Marla Bloomfield at 905-855-2690 ext. 4353; email mbloomfield@erinoakkids.ca



ErinoakKids Centre for Treatment and Development is Ontario's largest Children's Treatment Centre for children and youth with physical and developmental disabilities, autism, blindness and low vision, hearing impairments and speech delay.

