

Fall Registration

Advertorial

Make resolutions for the real New Year in September

(NC)—Many of us, even those without children or in school themselves, view the first day back at school as the start of a new year. As we're all in school at one time or another, we all recognize that the day after Labour Day really is an opportunity to start fresh, shake off some bad habits and

kick-start some new ones.

As such, it's a great time to reflect and make some steadfast "resolutions" to stick to until the end of the school year (or even permanently). We all know it's easier to turn a resolution into a habit by doing it with other people. In doing so,

you'll feel more responsible to hold up your end of the bargain, so why not extend the resolution to your entire family? Kids can get really excited about new activities and rituals, so take a minute to sit down together to brainstorm. By making—
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Fall Golf Programs

GOLF FOR WOMEN
TUES. SEPT. 13TH 10 AM & 6:30 PM
ADULT FULL SWING

SAT. SEPT. 10TH 9:30 AM & WED. SEPT. 14TH 6:30 PM
PARENT & CHILD

SAT. SEPT. 10TH 9:30 AM OR 11:00 AM
ACTIVE 55+ SENIORS: WED. SEPT. 14TH 11 AM

GOLF FOR KIDS: SAT. SEPT. 17TH 11 AM

AFTER SCHOOL GOLF: TUES. SEPT. 13TH 4:30 PM

Family Golf Oakville

A Great Place to Practice, A Great Place to learn

1455 Joshuas Creek Drive
www.FamilyGolfOakville.com
905-842-6120






studio X

xperience the movement
Dance. Pilates. Fitness

Fall Registration
September 6th, 7th & 8th
From 5-9pm each day.
Register in person, by phone or e-mail.

Open House and Pre-Registration
Saturday August 27th,
Noon-6pm.
Come to our facility and meet the staff!
Free BBQ!

We offer:

- Jazz, Tap, Ballet, Hip Hop, Acro, Modern, Lyrical
- Exam classes through the C.D.T.A.
- Competition and Recreational classes
- Parent "While you Wait" Fitness and STOTT PILATES
- Birthday parties! (See website for details)
- Ages 2 & 1/2 to Adult

Mention this ad and get 10% off your September 2011 enrollment.

www.studioxdance.ca
3600 A Laird Rd. Unit #1 Miss. ~ 905-569-3959



Grace Academy

OF DANCE & PERFORMING ARTS

Academy Director: Heidi Knapp
Fellow and examiner with the Imperial Society of Teachers of Dancing

Technical and creative excellence in a warm and friendly environment for students age 3 to adult.

Classical Ballet • Modern Theatre Dance/Jazz
Tap • Musical Theatre & Acting • Hip Hop

SPACES AVAILABLE IN OUR 3-4 YEAR OLD PROGRAMS
CALL NOW TO REGISTER!
VISIT US ON:

August 24th 5pm-8pm • August 25th 10am-2pm • August 31st 5pm-8pm
September 1st 5pm-8pm • September 7th 4pm-7pm



For more information and to register please contact us at:
905-338-0210
785 Pacific Road, Unit 1, Oakville www.graceacademy.ca





HORIZON TAEKWON-DO



NEW! One-Stop Family Fitness Centre

10th ANNIVERSARY OPEN HOUSE

Saturday, August 27, 2011
10:00 am - 2:00 pm

- Black Belt & Students Demonstrations
- Free BBQ

BACK TO SCHOOL REGISTRATION SPECIAL
3 months for only **\$99** plus HST & get a **FREE UNIFORM!**
(New members only. Offer Ends Sept 30/11)

We offer:

- Cardio-kickboxing • Zumba Classes
- Spinning Classes • Weight Training
- Personal Trainer available
- Separate Children & Adult Classes
- Day & Evening Classes
- Classes 7 Days a Week
- After-school programs

Lit' Dragons Program
3 - 4 Years
starting September 10th

new location

212 Wyecroft Road, Unit 26
Oakville (Just east of Dorval)

www.horizontkd.com
(905) 844-8384

