

DEATH PENALTY WITHOUT AVAL

GOVERNOR DUNNE, IN MESSAGE
TO THE LEGISLATURE, RECOMMENDS
ITS ABOLISHMENT.

CONFINEMENT IS HIS POLICY

Makes the Claim That Extreme Punishment Has Not Put an End to Crimes That Call for Its Enforcement.

Springfield.—Plea for the passage of a law abolishing capital punishment in Illinois and for the appropriating of \$1,000 for the carrying on of the work of the state commission on unemployment were made in two special messages sent to the legislature by Governor Dunne.

Including his regular biennial message, Governor Dunne has sent five messages to this legislature. One asked for a law which would compel lobbyists to register and another asked for the immediate passage of an appropriation to reimburse farmers and stock raisers who suffered financial loss through the slaughter of their cattle in the effort to stamp out the foot-and-mouth epidemic.

Governor Dunne's message on capital punishment quotes statistics which tend to show that the states having a capital punishment law rank, as a rule, among the states having the greatest percentage of homicides.

"Imprisonment is equally effective, with less opportunity of irrevocable mistake," says the message. "Thou shalt not kill" is the law of Christianity and should be the law of the twentieth century humanity.

"In this state of ours 651 homicides were committed in 1910, after nearly a century's enforcement of this law, while in our neighboring state of Wisconsin, where capital punishment has been abolished, the percentage of homicides has not been much over 50 per cent per capita of those committed in Illinois.

"Such condign and repulsive punishment has, therefore, failed to have a more deterrent effect than imprisonment. Let us put to death not the wretched convict but the law which heretofore has taken his life without real advantage to society or the state."

Three bills providing for the abolition of capital punishment already have been introduced in the lower house of the legislature. They were introduced by Representatives George U. Lipschultz, Democrat, of Chicago; John H. Lyle, Republican, of Chicago; and Joseph A. Watson, Republican, of Elizabethtown.

Following is the full text of the message asking that capital punishment be abolished in Illinois:

"Gentlemen of the Forty-Ninth General Assembly: I respectfully recommend the passage of a law abolishing capital punishment in the state of Illinois.

"The strongest if not the sole logical argument in favor of its retention is that it acts as a deterrent upon the criminal and is therefore a protection to society against the commission of murder. If it is proved to be such a deterrent I would not urge its abolition. Experience in the United States does not sustain the contention. Capital punishment by law has been placed upon and has remained upon the statute books of nearly all of the states of this nation since the inception of their governments.

"United States statistics of 1910 show that five of these states rank among the twenty states having the lowest per capita of homicides, all of these five states having a percentage of less than .08 in each 10,000 inhabitants. The other noncapital punishment state, Kansas, has the same percentage of homicides, 1.01 in 10,000, as have the states of Illinois and Maryland, in both of which capital punishment has been enforced.

"The 21 states of the Union having the highest percentage of homicides, all of which have a greater percentage of per capita than Illinois, Kansas and Maryland, have capital punishment in their criminal codes, and such punishment has been duly enforced.

"From the foregoing statement of statistics it will be seen that the states having a capital punishment law rank as a rule among the states having the greatest percentage of homicides, while those which have abolished capital punishment as a rule rank among those which have the lowest percentage of homicides.

"Such condign and repulsive punishment has, therefore, failed to have a more deterrent effect than imprisonment in the United States.

"Why, then, should capital punishment be longer retained in Illinois?"

"E. F. DUNNE, Governor."

STATE NEWS BRIEFS

Articles of Incorporation. Following corporations licensed by Secretary of State Stevenson: A. Friedman & Brothers, Chicago; capital stock, \$10,000. Incorporators—Richard P. Poulton, Hato Hibbard and Benjamin E. Cohen.

Chandler Sales company, Chicago; capital stock, \$2,500. Incorporators—William J. Fox, James J. Leahy and Edgar J. Phillips.

Chicago Auto Wheel company, Chicago; capital, \$10,000. Incorporators—John E. Kelley, H. H. McCarthy and M. V. Walsh.

Chicago Waste company, Chicago; capital, \$10,000. Incorporators—J. George Collops, C. W. Brown and William A. Hoffbauer.

Maquon Drug company, Chicago; capital, \$4,000. Incorporators—E. L. Jimison, P. C. Lafferty and Fred Wells.

Rapid Engraving company, Chicago; capital, \$10,000. Incorporators—Benjamin O'Hara, Louis Weber and Frances Mead.

W. H. Harman & Co., Chicago; capital stock, \$10,000. Incorporators—Russell Mort, Edgar B. Elder and James Arthur Miller.

JOHN D.'S WIFE DIES

MRS. ROCKEFELLER SUCCEUMS
SUDDENLY AT HOME AT PO-
CANTICO HILLS.

HUSBAND AND SON ABSENT

Old Magnate in Florida When End Came—Sister at Bedside—Wife of World's Richest Man Was Seventy-Six Years of Age.

New York, March 15.—Mrs. John D. Rockefeller, wife of the richest man in the world, is dead. She passed away Friday morning at 10:30 at the Rockefeller home at Pocantico Hills, after an illness of several months. She was seventy-six years old last September.

Although Mrs. Rockefeller had been an invalid for many months, it is understood that her death came unexpectedly. Her husband and her son were at Ormond, Fla., and were advised that Mrs. Rockefeller had taken a critical turn for the worse. Mr. Rockefeller and his son immediately engaged a special train. Mrs. E. Parmelee Prentice, Mrs. Rockefeller's daughter, and Miss Lucy Spelman, her sister, were the only immediate relatives present when she died.

Laura Celestia Spelman Rockefeller was born in Kadsouth, Ohio, of well-to-do New England parents, on September 9, 1839. She was her husband's junior by two months. As a child she lived in Wadsworth, in Burlington, Iowa, in Akron, Ohio, where her father, Harvey B. Spelman, achieved a competence in the dry goods business, and later in Cleveland. In the grammar school at Cleveland she met John Rockefeller, when they were fifteen years old.

Rockefeller was a country boy. She was the daughter of one of Cleveland's leading citizens. His home was a little farmhouse; hers, one of Cleveland's handsome residences. Notwithstanding other differences, the awkward youth and the city girl had in common a love of study and simple tastes, and they became fast friends.

Young Rockefeller prospered beyond his fairest hopes. As soon as he felt that he could ask her to become his wife he did so. They were married September 8, 1864, the eve of her twenty-fifth birthday, and started to keep house in a little two-story brick residence on one of Cleveland's side streets. Upon her marriage she became a Baptist, and to her religion and her home she devoted her entire time.

The surviving children are Aida, wife of E. Parmelee Prentice; Edith, who married Harold Fowler McCormick of Chicago; and John D. Rockefeller, Jr.

U. S. MAN SLAIN IN MEXICO

J. B. McManus Murdered in Home at Mexico City by Zapatistas—U. S. Flag on House.

Washington, March 15.—President Wilson and his cabinet, in session on Friday, were informed of the assassination by Zapatistas in Mexico City of John B. McManus, an American citizen, of Chicago; that the American flag was ignored and insulted, and that the United States consular seal on the residence of McManus was violated when he was shot. The cabinet discussed the case at length.

Later Bryan announced that the demand for punishment and indemnity would be insisted upon. The American demands were served by Brazilian Minister Cardoso directly upon General Salazar, the Zapatas general in command of Mexico City.

Two thousand Mexicans stormed the national palace in the capital to secure the liberty of 250 priests said to be imprisoned. The effort failed, but it was followed by a riot in which Gustavo, the chief of police of Mexico, was stabbed. Two Mexicans were killed and at least twenty persons injured. It was said that when the Zapatistas had control of the city McManus had trouble, and when they attacked him in his home he killed three of them. After killing McManus the slayers are said to have looted the house.

U. S. DEPUTIES STILL MISSING

It Is Feared That Indians Ambushed the Eight Men—General Scott's Efforts Unsuccessful.

Bluff, Utah, March 12.—The party of eight deputies believed to have been ambushed by Indians near Douglas Mesa have not been heard from, and their fate is unknown. Marshal Nebeker has sent out parties to look for them. It is expected that Marshal Nebeker will advance against the Indians about Saturday. General Scott's efforts to effect peace have been unsuccessful. A Ute that came into Bluff said that the Indians had procured plenty of ammunition from Mexican sheep herders.

Mystery for Chicago Police.

Chicago, March 15.—The police faced a deep mystery in their investigation of the death of F. C. White, whose body fell or was hurled from the seventeenth floor of a downtown office building.

To Kill Rockefeller Herd. New York, March 15.—Virtually all of Westchester county was quarantined because of the discovery of hoof-and-mouth disease among herds there. Order affects estate of John D. Rockefeller.

Czar Visits Helsingfors.

Helsingfors, Finland (via Petrograd), March 13.—Emperor Nicholas arrived here from Petrograd and was given an enthusiastic greeting. The city is decorated gayly in honor of the imperial visitor.

Chance for Sealing Vessels. St. Johns, N. F., March 13.—The ice pack in which the sealing steamer Diana Erik Viking, and Terra Nova have been caught is changing its direction and the ships will be able to escape.

ILLINOIS BREVITIES

Moline.—The annual encampment of the Grand Army of Illinois will be held here June 1-3.

Plainfield.—Plans have been accepted by the school board for the erection of the new high school building voted by the taxpayers last year.

Galesburg.—Fred Cline, a farmer living near Abingdon, was instantly killed when a team of horses which he was hitching to a wagon became frightened and ran away.

Galesburg.—"Uncle" Rufus Cleveland, one of the few survivors of the Mexican war and a Civil war veteran, is dead here at the age of ninety years.

Sterling.—Dope fiend burglarized George P. Perry's drug store here and stole all of the cocaine and morphine in the store, amounting to hundreds of doses.

Abingdon.—Fred Cline, residing five miles southwest of Abingdon, was knocked down by a team of runaway horses driven by his fifteen-year-old son, and was instantly killed.

Champaign.—The University of Illinois has 6,004 students and 777 instructors, according to an announcement made by President Edmund J. James.

Peoria.—The committee appointed to look after the guaranty fund for bringing Rev. "Billy" Sunday to Peoria for a religious campaign reports that \$18,000 of the \$20,000 desired is pledged.

Mount Sterling.—Rev. M. W. Wright, who has been pastor of the Baptist church for several years, has resigned and gone to Cedar Rapids, Neb., where he has accepted the pastorate of the Baptist church.

Bloomington.—Advices received by local relatives announced the suicide by shooting of Harry H. Jones, wealthy mine owner of Phoenix, Ariz. He left here 20 years ago. Jones was well known in Chicago and New York. He leaves one sister.

Chicago.—Joseph Fish, fire insurance adjuster, charged with having conspired to cause the burning of a clothing store, was found not guilty of arson. Fish was acquitted on Christmas eve of a previous charge of arson. He was accused of having paid David Korshak \$1,160 for starting the fire.

Decatur.—Julius Usquern, eighty-one, a hero of four European wars, including the Crimean war of 1855, died at his home in Paris. Usquern was a guest of honor at the French celebration held in St. Louis last year and at which he was one of the principal speakers invited by Gov. David R. Francis.

Anna.—Dr. W. W. Mercer, assistant superintendent of the State hospital; Dr. E. C. Jacoby, employed on the medical staff; Plumber Doyle and Engineer Fitch of the same institution have tendered their resignations to the state board of control on complaint of Dr. R. A. Goodner, superintendent in charge, who detected and traced intoxicants into the room of one of the employees. Their successors have not been announced.

Pontiac.—Frank L. Smith of Dwight announced his candidacy for the nomination of governor on the Republican ticket. Previous to his announcement the Livingston county Republican committee passed resolutions endorsing his candidacy. The committee also endorsed the candidacy of George W. Harris of Pontiac, Thomas M. Harris of Lincoln, and Sam Welby of Bloomington for circuit court judges in this the Eleventh judicial circuit.

Elgin.—Percy Calame, twenty-one, struck by a speeding automobile at State street and Walnut avenue, died at the Sherman hospital, and a few minutes after he died the police received a note from Robert Meadows, son of W. J. Meadows, superintendent of Borden's Condensed Milk plant, admitting that his car hit him. The police spent the entire night hunting the machine, which speeded away from the scene of the accident, dragging its victim nearly a block.

Sterling.—A faithful Scotch collie saved John Clark from a horrible death on his farm near Orangeville, north of here. Clark was attacked by an enraged bull who drove him to a corner in the barn yard. Clark's cries for help brought his wife and the collie and the wife and dog battled with the bull the best they could for some time, but being unsuccessful. Mrs. Clark secured help by using the telephone but during her absence and before farmers arrived the faithful Scotch collie kept up a constant attack on the heels and nose of the bull, causing the bull to divide his time between the man and the dog and by this method the life of Clark was saved. When neighbors arrived Clark was unconscious and bleeding from many wounds. Physicians found five ribs fractured, one leg and arm broken, but state that he will recover although it will be long and tedious. The dog holding the bull at bay saved his life.

Pana.—After being closed for five months by quarantine due to scarlet fever and measles, the public schools and churches of Owanoeco were permitted to resume sessions and meetings by an order of the board of health. Several cases of scarlet fever are still being treated, but the epidemic is thought to be under control. There were several deaths.

Mount Vernon.—The Mount Vernon Memorial Alliance has designated Sunday, March 14, as "go-to-church day." The ministers have asked for the assistance of every church member to interest some nonchurchgoer.

Mattoon.—Dr. Harold Ronalds was arrested following his indictment on a charge of having murdered his wife, Alice, during a debauch in the physician's home on New Year's night. The crime became known as the "Ruby poison mystery." The doctor has been out on parole.

Pana.—William M. Anthony, seventy-four years old, retired farmer and Civil war veteran, died at his home in Grove City, following two days' illness of pneumonia. He moved into Grove City from his farm only three days previous. His widow, four sons and three daughters survive.

\$250,000 Left to "Hobo." St. Louis, March 15.—James Eads How, founder of the Brotherhood Welfare association and known over the country as the "millionaire hobo," was given \$250,000 by the will of his mother, Mrs. James Flintham How.

Newton Dougherty Freed. Joliet, Ill., March 16.—N. C. Dougherty of Peoria arrived at the penitentiary Saturday at 9:05. At 9:45 Governor Dunne in a telephone call to Warden Allen ordered his release. His pardon was forwarded.

Have Operation on M'Adoo. Washington, March 15.—An operation for appendicitis was performed on Secretary M'Adoo at a hospital here on Friday. The physicians issued a bulletin saying the operation had been successful.

COST H. K. THAW \$6,000

SLAYER OF STANFORD WHITE
PAID TO FLEE ASYLUM.

Defense Loses Fight When Conspiracy Charge Is Denied—Millionaire Planned Escape.

New York, March 12.—The story of his escape from Matteawan, of the plot leading thereto and the subsequent flight into Canada was told by Harry Kendall Thaw before Justice Alfred Page in the criminal branch of the supreme court.

Thaw denied conspiracy. He assumed all credit for the escape. He admitted paying Richard Butler \$6,000, out of which Butler was to reward the others and gave Richard, alias "Educated Roger," Thompson, the chauffeur, a "present of \$1,000 in addition to \$10 to \$15 daily wage."

Thaw declared that he had been advised, prior to his escape, by the late Alfred Henry Lewis, that there was no law in New York state making it a crime to escape.

Thaw declared that his plan to escape was worked through "one of his agents," H. A. Hoffman of Poughkeepsie, once undersheriff in Dutchess county. Hoffman, he declared, hired the men, arranged for the motor cars and at his (Thaw's) direction, stationed the cars outside the gates of Matteawan on the morning of August 17, 1913.

Stanfield in his cross-examination for the defense tried to show that Thaw was sane at the time of his escape, realized that he was sane, and that as a sane person was justified in leaving Matteawan.

The ruling out of evidence to show Thaw sane, a vital blow to defense, came during the cross-examination of Bernard H. Kelsey, deputy sheriff of Colebrook, N. H. Stanfield asked Kelsey whether Thaw did not appear entirely rational. Deputy Attorney General Cook objected and the crucial battle was precipitated. Justice Page sustained the objection. The jury was excluded during the arguments.

BERLIN CLAIMS BIG VICTORY

Germany Asserts She Lost 45,000 in Big Battle in Champagne District—Own Losses Were Heavy.

Berlin (Wireless to Sayville), March 12.—An official statement issued by the general staff on Wednesday declares that the three weeks' fighting in Champagne has resulted in a victory over the French equal in importance to the recent victory over the Russians in the Mazurian Lakes district of East Prussia.

The German losses are admitted to be greater than the German losses in the Mazurian fighting, but on the other hand the French losses are estimated at over 45,000 men.

Reference is made to the enormous amount of ammunition used by the French.

MAKE GAINS IN FLANDERS

British Forces Make Material Advances Against the Germans—Take 700 Prisoners.

London, March 13.—Material advances for the British forces and the destruction of the Courtrai-Menin railway junction in West Flanders is announced in an official statement from the war office on Thursday. The statement follows:

"An advance was made by British forces on March 4. The Indian corps, operating over a front 4,000 yards long, gained three-quarters of a mile on Wednesday, taking all the German trenches and occupying positions formerly held by the Germans. Seven hundred prisoners were taken. A British airman destroyed the Courtrai-Menin railway junction."

173 DIE ON BRITISH CRUISER

Commander and 172 Others Go Down With the Bayonne—Torpedoed by German Submarine.

London, March 15.—The admiralty issued an official statement reporting the loss of the auxiliary cruiser Bayonne while on patrol duty. Evidence points to her having been torpedoed by a German submarine. More than 200 of the Bayonne's crew of more than 200 were saved. Fourteen officers drowned, including the commander. The Bayonne was a steel twin screw steamer of 5,984 tons. She was built in Glasgow in 1913, was 416 feet long.

BATTLES WELSH TO DRAW

Willie Ritchie Holds Champion to an Even Break in Ten Tame Rounds of Milling.

New York, March 13.—Willie Ritchie and Freddie Welsh boxed a tame ten-round draw in Madison Square Garden on Thursday night before a big crowd.

Ask for a Change.

Washington, March 15.—Banks in 34 counties of Wisconsin filed a petition with the federal reserve board asking to be detached from the federal reserve district of Minneapolis and joined to the district of Chicago.

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FATE TOO MUCH FOR CHICAGO MAN

Buffeted by Misfortune. He Was
Unable to Understand
World.

HAD ROSEATE DREAMS

His Feet Were on the Road to Success
When Demon of Ill-Luck Intervened
and Haunted Him
to Grave.

Chicago.—Joseph Macaluso died in a Chicago hospital a few days ago, and he died without understanding the world. Several months ago Macaluso sat in his squalid home in the metropolis of the lakes, trembling with the bitterness that filled his heart. He was dying then, and he cried out to a visitor: "Why should they do this to me? Why should I suffer like this? My children have nothing to eat and I have nothing to eat, and we are cold and I am dead soon. Why?"

The man who couldn't understand wasn't railing against poverty. Macaluso had come to America with a wife and dreams of a fortune. He had worked and succeeded, saving a little of the money he made each month, investing it in a store. He was a laborer with ambitions. Things were looking rosy.

"America—I tell you there is no country like it," Macaluso used to say.

Then one day two men with United States badges came and arrested him. He was wanted in Italy for the murder of a boy. Macaluso, unable to believe what had happened, pleaded and fought in vain. He was extradited.

Lay in Prison for a Year. They tore him from his home and family and left them to shift for themselves. While Macaluso was being carried across the sea his wife spent the savings of the happy years. While Macaluso was being detained in an Italian dungeon awaiting trial his wife sold the furniture they had bought in the happy years.

For one year Macaluso waited in a dark cell, his skin growing yellow, his eyes black and lustrous with the fever that was eating into his strength. For a year his wife washed clothes, scrubbed floors and each week sold another piece of furniture.

The Victim of a Mistake. Then Macaluso went on trial. It was a mistake. The Italian government had made a mistake; the American government had made a mistake. They begged Macaluso's pardon, but wouldn't pay his fare back across the ocean.

Charity raised the money, and Joe came home. He found his wife and his little girl, Angelina, living in a squalid rear flat. They were destitute. They had spent everything. Joe, pale and trembling, couldn't get work. He grew worse in health. Deeper and deeper the bitterness of his life sank into him and finally Joe was taken to the hospital. His lips, thin as the edge of paper and as colorless, trembled in a remembered prayer as he was dying.

His wife and family were unable even to raise the money to bury him. They, too, do not understand.

CALL IT HORSE AND HORSE

Man Who Shot Bird Turns to Shoot
Another and Is Put Out by No. 1
as It Falls.

San Jose, Cal.—Sydney Farrington, a wealthy rancher, was knocked "cold" by a duck which he shot in South Bay, according to a story vouched for by other members of the Huntington club, of which Farrington is a member.

Farrington took a shot at a pair of high-flying birds. With the first barrel he killed duck No. 1. He turned quickly to bang away at duck No. 2, and as he ran his eye along the gun barrel No. 1 fell squarely on the back of his neck. Farrington was "out" for several seconds.

He was none the worse for the experience.

Mystery in a Suitcase. Niagara Falls, N. Y.—The police are puzzled over the finding of a suitcase containing a man's clothing and a package of letters written in German, found in a clump of bushes on Goat Island, a short distance above the American Falls. The letters were written by Ernest Meyer of Cobmoosa, Mich., and Fritz Meyer of Emmons, Kan.

The Real Winner. The man who really wins in a lawsuit is the lawyer.—Aitchison Globe.

THE COLONEL'S GOLD MINE

Out in Gregory County, South Dakota, three Colonels—Johnston, Smith and Alkiff—King of that great section.

About thirty years ago he left Wisconsin for that domain. All he had was willing hands, a clear brain and a bright vision. Today he is the owner of thousands of acres, president of several banks.



He has found a veritable gold mine in his thousand-acre alfalfa field, and what is that of particular interest to you and me is that his first alfalfa seed, twenty-five years ago or more, was purchased from the John A. Salzer Seed Co. of Cross, Wis. The Colonel says: "The best paying crop in hay, or grass, or pasture feed is alfalfa. It outranks everything in money value."

Salzer's alfalfa is good on your own farm, for three to five tons of rich hay per acre, and with the aid of "Nitrogen" (see my catalog) its growth is absolutely certain.

For 10c in Postage

We gladly mail our Catalog and sample package of Ten Pounds of Seed, including Speltz, "The Cereal Wonder," Rejuvenated White Bonanza Oats "The Prize Winner," Billion Dollar Corn, Tomatoes, the Silo Filler, Alfalfa, etc., etc.

Or Send 12c And we will mail you our big Catalog and six more packages of Early Cabbage, Carrot, Cucumber, Lettuce, Radish, Onion—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

Or send to John A. Salzer Seed Co., Box 700, La Crosse, Wis., twenty cents and receive both above collections and their big catalog.

The Soul of Repartee.

Mrs. Given—You are a loafer. Weary Willie—Yes'm; a six-cent loafer.—New York Sun.

Write Free to Our Readers. Write for our big illustrated Eye Book Free. Write all about your Eye Trouble and we will advise you to the proper application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes, Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Sore Eyes and Granulation. Adv.

Flattered.

Mistress—Bridget, it always seems to me that the worst mistresses get the best cooks. Cook—Ah, go on wild yer blarney!

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fitch. In Use For Over 30 Years. Children Cry for Fletcher's Castoria.

Ill-Timed Gesture.

Percival—You should have heard the audience laugh at Professor Revenyp. Penelope—I didn't think he was supposed to be funny.

Percival—He wasn't; but just as he started to recite "The Frost Is on the Pumpkin," he reached up and scratched his gray head.—Youngstown Telegram.

An Apt Student.

A young woman who came to Columbia to take her degree of doctor of philosophy, married her professor in the middle of her second year. When she announced her engagement one of her friends said:

"But, Edith, I thought you came up here to get your Ph. D."

"So I did," replied Edith, "but I had no idea I would get him so soon."

The Way It Goes.

"Judging from the way that man talks, he must be fairly hard up. Do you suppose he's hungry?"

"Oh, no. He's been keeping six motor cars and has had to dispose of one. The man who's consoling him gets a salary of \$2,000 a year."

KIDNEYS CLOG UP FROM EATING TOO MUCH MEAT

Take Tablespoonful of Salts If Back Hurts or Bladder Bothers—Meat Forms Uric Acid.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoon