REDUCES THE DEATH RATE.

The second secon

Women Prepared for Work of Sani-

tary inspectors.
Princess Christian, president of the National Health society, recently in London, says the Graphic, distributed the certificates won by the students. The earl of Derby, president of the council, bore strong testimony to the excellent work done by the society, which trains educated women for wellpaid posts throughout the kingdom. Nearly all the students trained by the society had passed the sanitary inspectors' examination board, and had obtained appointments as sanitary inspectors and health teachers. The demand for such properly qualified women was greater than the supply. Money was needed to enable the National Health society to carry out its important work thoroughly by giving free lectures to the people and by disseminating literature on hygienic subjects. Sir Frederick Treves, speaking of the importance of the society"s work, said that in the late war 7,000 of our soldiers died of wounds, but 13,000 died of disease. Had they known the danger of infected water all but the reckless would have abstained from drinking it. Had the poor the same knowledge of the laws of health as the rich, the mortality among them would be far less than

Cure For The Blues ONE MEDICINE THAT HAS NEVER FAILED Health Fully Restored and the Joy of Life Regained

When a cheerful, brave, light-hearted woman is suddenly plunged into that perfection of misery, the BLUES, it is a sad picture. It is usually this way:
She has been feeling "out of sorts"



for some time; head has ached and back also; has slept poorly, been quite nervous, and nearly fainted once or nervous, and nearly fainted once or twice; head dizzy, and heart-beats very fast; then that bearing-down feeling, and during her meustrual period she is exceedingly despagadent. Nothing pleases her. Her doctor says: "Cheer up: you have dyspepsia; you will be all right soon."

But she doesn't get "all right," and hope vanishes; then come the brooding, morbid, melancholy, everlasting BLUES.

Don't wait until your sufferings have driven you to despair, with your nerves all shattered and your courage gone, but take Lydia E. Pinkham's Vege-table Compound. See what it did for Mrs. Rosa Adams, of 819 12th Street, Louisville, Ky., niece of the late General Roger Hanson, C.S.A. She writes:

eral Roger Hanson, C.S.A. She writes:
Dear Mrs. Pinkham:

"I cannot tell you with pen and ink what
Lydia E. Pinkham's Vegetable Compound
has done for me. I suffered with female
troubles, extreme lassitude, 'the blues,'
nervousness and that all-gone feeling. I was
advised to try Lydia E. Pinkham's Vegetable
Compound, and it not only cured my female
derangement, but it has restored me to perfect
health and strength. The buoyancy of my
younger days has returned, and I do not suffer any longer with despondency, as I did before. I consider Lydia E. Pinkham's Vegetable Compound a boon to sick and suffering table Compound a boon to sick and suffering

If you have some derangement of the female organism write Mrs. Pinkham, Lynn, Mass., for advice.

"Yes" Churches **School Houses** and Homes

Alabasting

A Reck Cement In white and beautiful tints. Does not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on—mix with cold water. Plain tinting and whitening, and the most elaborate relief, stenell work and frescoing may be done with it. Other finishes (bearing fanciful names and mixed with hot water) do not have the cementing property of Alabastine. They are stuck on with glue or other animal matter, which rots, feeding disease germs, rubbing, scaling and spoiling walls, clothing, etc. Euch finishes must be washed off every year—costly filthy work. Buy Alabastine only in dive-pound packages, properly labeled. Thit card, pretty wall and celling design, "Hints on Decorating, and our artists' services in making color plans, free.

ALABASTINE COMPANY. Grand Rapids, Mich., or 105 Water St., N. Y.







Parties is in powder form to be dissolved in pure rate, and is far more cleansing, healing, germicidal ad economical than liquid antiseptics for all TOMET AND WOMEN'S SPECIAL USES . For mie at druggists, 50 cents a box. Triel Beg and Book of Instructions Pres. Let R. Parton Company Bootton, Many.

A WOMAN'S MISERY

troubled for about nine years, and



will ever know. I used about every known reme dy that is said to be ney plaint,

good for kidcomwithout deriving permanent lief. Often

when alone in the house the back ache has been so bad that it brought tears to my eyes. The pain at times was so intense that I was compelled to give up my household duties and lie down. There were headaches, dizziness and blood rushing to my head to cause bleeding at the nose. The first box of Doan's Kidney Pills benefited me so much that I continued the treatment. The stinging pain in the small of my back, the rushes of blood to the head and other symptoms disappeared."

Doan's Kidney Pills for sale by all dealers. 50 cents per box. Foster-Milburn Co., Buffalo, N. Y.

Queen Alexandra Still Beautiful. Partly because she is the queen, but principally because she has discovered the secret of perpetual youth, it is said that Queen Alexandra divides honors with all the brides whose weddings she has attended this season. And unless the bride is uncommonly beautiful her majesty has a monopoly of attention. Besides, when King Edward gave his garden party at Windsor, where the guests represented rank, fashion, diplomacy, politics, actors and indeed pretty well all who constitute society in London, the queen in her favorite mauve tone of satin worked with silver was quite the center of all eyes. There were famous beauties there, too.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.-one full pound-while all other Cold Water Starches are put up in %-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Deflance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Are you going to the Pacific? There is a new railroad reaching that favorite region, the San Pedro, Los Angeles & Salt Lake Railroad, popularly known as the "Salt Lake Route." It is operating a palatial vestibuled Pullman train out of Salt Lake City for Los Angeles every evening at 8:30 o'clock. Your ticket agent has coupons reading via this new line and be sure to insist upon this routing when buying tickets to the Pacific Coast.

Ask for the Salt Lake Route, or the San Pedro Line, and take no other, because it is the best road to the best part of the Pacific Coast. Write for illustrated booklet to J. L. Moore, D. P. A., Salt Lake City

Sensible Philanthropy.

Senator Knox is sometimes a gen erous giver to worthy causes. Short ly after the blizzard of 1898 a woman representing a charitable organization called on him at his office and asked him for a contribution to a fund for buying coal for the poor. Mr. Knox promptly wrote his name on her paper and opposite it a sum so large that the fair caller almost gasped 'What special disposition of this money do you wish made, Mr. Knox?" inquired the lady, looking in his face. "I don't care," was the reply. "Whether the cases are worthy or unworthy all are cold."

In "Impressions Quarterly" for June Regina E. Wilson has a scholarly paper on "Impulses to Thought," second of a series on Art and Life. Wilson C. Dibble has a short appreciation of "A California Singer"-the purple finch, and along with many other interesting articles Professor Alden writes of "The Elizabethan Drama in California." There is some good verse in this number, and, as usual, the typography is beyond (San Francisco: Paul Elder

Try One Package. If "Defiance Starch" does not please you, return it to your dealer. If it does you get one-third more for the ame money. It will give you satisaction, and will not stick to the iron.

White Helmets for Sailors. The straw hat is to be abolished in the British navy and the sailors will wear white helmets on tropical service.

The government deficit for the fiscal year, it is announced, will be \$24,500,-000. Now, then, Uncle Russell, here's

Sensible Housekeepers will, have Defiance Starch, not alone because they get one-third more for the same money, but also because of superior quality.

The man who doesn't know a wom an until after he marries her is very apt to regret the acquaintance.

Do Your Clothes Look Yellow? Then use Defiance Starch, it will keep them white—16 oz. for 10 cents.

It is hard to tell where an orderly woman will put things. Piso's Cure for Consumption is an infallible

nedicine for coughs and colds.-N. W. SAMUEL Ocean Grove, N. J., Feb. 17, 1900. The height of folly is sometimes the

depth of wisdom. Defiance Starch is put up 16 ounces in a package, 10 cents. One-third more starch for the same money.

The deeds that speak loudest are

Mrs. John La Rue, of 115 Paterson Avenue, Paterson, N. J., says: "I was troubled for about

State of Wisconsin Is Entitled to Recover \$160,000 From the Carriers.

SOUGHT TO EVADE PAYMENT

Officials Knowingly and Wilfully Omitted Portion of Gross Earnings From Report to Commissioner on Advice of Attorneys.

Madison, Wis., dispatch: Wisconsin is entitled to recover \$160,000 from the railroads operating in the state, according to a decision given by Judge Stevens in the circuit court. The state won is case against the Chicago and Northwestern, Chicago, Milwaukee and St. Paul, Chicago, St. Paul, Minneapolis and Omaha, and the Minneapolis, St. Paul and Saulte Ste Marie rail

The court finds the state is entitled to recover from each of these roads \$10,000 as these lines admitted they had incorrectly filed their reports of gross earnings made by the state for the year 1902. The same statute provides for a separate penalty for each year that incorrect reports were filed. Entitled to Large Sum.

The state still has an action against these roads to recover penalties upon the reports of earnings which they made for 1903. The state has penalty suits also against the Wisconsin Central road, the Green Bay and Western. the Chicago, Burlington and Quincy, and Illinois Central.

On the basis of this decision and on what is known of the reports of the earnings of the various roads which have been filed with the state for 1902 and 1903, the state would be entitled to recover a total of \$160,000.

This litigation is a result of a special message sent by Governor La Follette to the legislature of 1903. These penalties are only a small amount of what the governor says he is determined the railroads will be compelled to pay to the state. On gross earnings withheld he says they still owe to the state 4 per cent upon the total amount of gross earnings, which will amount to some \$450,000.

Holds Defense Inadequate. "After reargument of the question," say Judge Stevens, "the court is still of the opinion that the act of the railroad commission in indorsing his approval on the report of the railroad is an immaterial act and that such approval did not prevent the plaintiff from maintaining this action. It appears from the facts stipulated that the defendant knowingly and intentionally omitted a substantial portion of its gross earnings, relying on the advice of counsel. This advice is not an adequate defense."

Upon the trial of the railroad cases n which the decision was handed down, the facts were stipulated by the parties, the railroad companies admitting that they had knowingly and intentionally omitted a substantial portion of their gross earnings in their reports to the state, claiming, however, that such omissions were made upon advice of counsel that they were not properly included under the stat-

Approval Lacks Legality. The railroads also claimed their re ports made to the railroad commissioner and approved by him were conclusive as to the amount of their gross earnings for that year.

They also claimed that the license fees imposed by the statute were in conflict with the commerce clause of the federal constitution, if the statute authorized or intended that interstate earnings should be considered in determining the amount of the license

SUSPENDS LEWIS FRAUD ORDER

Federal Court Grants a Temporary Writ in Mail Order Bank Case. A temporary restraining order has been issued by Judge Smith Mc-

Pherson of Iowa, sitting in the United States District Court, against Henry J. Gilsen, in charge of the Winner branch postoffice; Postmaster Frank Wyman and Assistant Postmaster Henry P. Wyman, requiring them to discontinue stamping the mail of the People's United States Bank and E. G. Lewis with the word "Fraudulent" and returning it to the sender. The defendants were cited to appear July 17. In the meantime, it is said, mail will not be delivered to the bank or to Lewis, but will be held at the St. Louis postoffice without being stamped "Fraudulent" pending final action. It stated the belief that there was now over \$5,000 in the accumulated mails directed to the bank, which would not be delivered, and it was argued that the right to receive mail is a constitutional one. Attorneys for the bank applied to the St. Louis Circuit Court for the removal of the receiver, asserting that his appointment was without due process of law.

MINERS HEMMED IN BY FLAMES. Thirty-nine Men Imprisoned in Burn

ing Shaft in Prussia. Dortmund, Prussia, cable: A fire has broken out in the Borrussia coal mine, caused by the careless handling of a lamp by boys. The lamp exploded, igniting the timbers of the shaft, which burned rapidly. Two hundred and fifty miners escaped through an air shaft, but thirty-nine were cut off and their death is re garded as certain.

MANY ON STRIKE IN NEW YORK

Children's Jacket Makers' and Trousers Makers' Unions Tie Up Shops, New York special: The Children's

Jacket Makers' union, which has a membership of 5,000, has ordered a general strike for higher wages and recognition of the union. The Trousers Makers' union has struck for an advance of wages, a ten-hour workday and recognition of the union. There are 8,000 trousers makers out in 250 LOVE OF OLD BOOKS.

Sign of Culture Common Among Rich Americans.

Lord Rosebery talked of secondhand books and second-hand booksellers, but not in the sense understood by the real lovers of books, as were the old book-collectors and the old book-sellers. That is a race gradually, but apparently very surely, dying out in this country. It is a lamentable sign of the times, for the care for old and rare books is a test of true culture which cannot fail. No uncultivated soul could take an interest in old books, but he might in pictures and china. Their external attraction is greater. How many now among our greater nobles collect books? Yet it is precisely their fathers that built up the great libraries in the past. They made the libraries and their sons sell them. Ask Mr. Quaritch and Mr. Sotheran whence come the purchasers of rare books? Not from this country. The American millionaire can put the British millionaire to the blush; he could, that is, if the British millionaire knew enough to understand what there was to blush about. -London Saturday Review.

Reads Like a Miracle. Moravia, N. Y., July 17th.—(Special) -Bordering on the miraculous is the case of Mrs. Benj. Wilson, of this place. Suffering from Sugar Diabetes. she wasted away till from weighing 200 lbs. she barely tipped the scales at 130 lbs. Dodd's Kidney Pills cured her. Speaking of her cure her hus-

band, says:
"My wife suffered everything from Sugar Diabetes. She was sick four years and doctored with two doctors, but received no benefit. She had so much pain all over her that she could not rest day or night. The doctors said that she could not live.

"Then an advertisement led me to try Dodd's Kidney Pills and they helped her right from the first. Five boxes of them cured her. Dodd's Kidney Pills were a God-sent remedy to us and we recommend them to all suffering from Kidney Disease."

Dodd's Kidney Pills cure all Kidney Diseases, including Bright's disease, and all Kidney aches, including Rheu-

The average girl feels that her education is wasted if her graduation gown isn't a perfect fit. The Best Results in Starching

can be obtained only by using Defiance Starch, besides getting 4 oz. more for same money—no cooking re-If love makes the world go round

who will explain the fixed stars? When You Buy Starch buy Defiance and get the best, 16 oz. for 10 cents. Once used, always used.

A chip off the old block may often take a different polish. FITS permanently cured. No fits or nervousness after or. Send for FEEE S. 90 irial bottle and treaties. Dr. R. H. ELLIN, Ltd., 831 Arch Street, Philadelphia, Pa.

It is perfectly natural for some people to pose.

It takes two to make a quarrel-and

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For children teething, softens the gums, reduces in flammation, allays pain, cures wind colic. 25c a bottle Truth is often a stranger to fiction. Mills.

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ting the Stomachs and Bowels of

INFANTS & CHILDREN

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Opum, Morphine nor Mineral.

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Aperfect Remedy for Constipa-tion, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverish-

ness and Loss of SLEEP.

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LION COFFEE has even more than its Strength, Flavor and Quality to commend it. On arrival from the plantation, it is carefully roasted at our factories and securely

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and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.

Sold only in 1 lb. packages. Lion-head on every package. Save these Lion-heads for valuable premiums. SOLD BY GROCERS EVERYWHERE WOOLSON SPICE CO., Toledo, Ohio. Natural They Are Always Ready to Serve

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FOR SALE—One of the best 540 acre farms in Sargent County, N. D., 320 acres crop, balance hay and pasture; the boise. fair but buildings, good stock farm; price \$22 per acre; liberal terms. Also one quarter wild at \$18 per acre. O. F. GREENING, Grand Meadow, Minn. FREE... A handsomely illustrated booklet and accurate map, stating facts reparding the biggest farm bargains ever offered. Lands located in well settled districts, spiendid railroad facilities, pure water easily reached, good roads, low taxes. Best potato, fruit and stock land in the world Equable cilimate, free from contagious and splidentic diseases. No destructive wind or electrical surms. Prices low easy terms arranged.

Prices low, easy terms arranged. S. SUNSHINE THORPE, P. O. Box 365, Cadillac, Mich. FOR SALE—Old homestead on Muskegon river Newaygo Co., Mich., 117 acres good land, 50 acres im proved, 10-room house, good barn, orchard, shad trees and beautiful view of river, near school and or telephone line. Small cash payment, balance time JOHN SHARP, — Bridgeton, Michigan.

FARMS For Sale on orop payments

Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. CASTORIA DOES NOT CON-TAIN NARCOTICS, if it bears the signature of Chas. H. Fletcher.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children." Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children." Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I find it in use everywhere." Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."

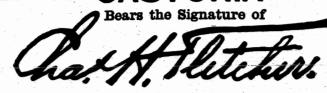
Dr. J. W. Allen, of St. Louis, Mo., says: "I heartly endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."

Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner hyour Castoria has been highly satisfactory, and I consider it an excellent remedy

Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy." Dr. J. A. Boarman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."

Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excilent preparation for children, being composed of reliable medicines and pleasant the taste. A good remedy for all disturbances of the digestive organs." Dr. Howard James, of New York City, says: "It is with great pleasure that I desire to testify to the medicinal virtue of your Castoria. I have used it with marked benefit in the case of my own daughter, and have obtained excellent results from its administration to other children in my practice."

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It will protect you against the dangers of Constipation or Decaying Bowels Cause Diarrhea, Cholera, Etc.

Blood Disorders, Skin Eruptions. Bad Complexion, Sun Stroke. Heat Prostration, Etc., Etc.

Diarrhea, Cholera, Bowel Trouble, Etc., are symptoms of Constipation. Constipation means practically dead intestines and poisoned blood. Constipation is most dangerous during hos weather on account of sun strokes—heat debility—prostration, etc. If you suddenly check dysentery—fatal blood poison may result—sphysic weakens and does not remove the cause, makes you worse. Dysentery, Cholera, Bowel Troubles, Etc., disappear when Constipation is cured.

Troubles, Etc., disappear when Constipation is cured.

Revive and strengthen the intestines or bowels before they decay from inactivity and contact with cotting food. Until MULL'S GRAPE TONIC was put on the American market there was no cure for constipation.

We will now prove to you that MULL'S GRAPE TONIC will protect you against heat prostration and that it cures Blood Disorders, Constipation, Stomach and Bowel Trouble. It acts as food to the blood and intestines, cleanses and strengthens them and ejects the poison and decayed matter. MULL'S GRAPE TONIC is nearly 50 per cent grape which renders it a splendid tonic for the system during bos weather.

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