o of comfort and success nd anywhere else such a please bination. Game abounds eve-are and nowhere does it afford as writing of the favorite p There is one particular is I saw a man drop seventy lards one morning and bring then to bag, too, for they dropped in water or on flat prairie. At the neason of the year you can see black lines and triangles cut sharply out gainst the sky all round you, moving very swiftly, and you begin to wonder whether you have enough cartridges to hold out. You can hear the prairie chicken crowing like barn-door fowls, and a little to the northeast is a bit of marshy ground, cattle-poached and dappled with gleaming pools, where the snips are nearly as thick as mosquitoes. A thin column of blue sm curling up in the distance shows you where a few wandering Indians have ditched their camp, but there is no ther indication of civilization in sight, Still, the neighborhood is well-settled, and a short drive will bring you to a farmhouse, where you can buy the finest butter and the freshest eggs for uncivilized prices.

A very short railway journey will bring you to a country full of deer and the lordly wapiti, the king of the deer tribe the world over, and down on the dat, boggy land by the lake shores the moose will stand knee deep in water on the summer evenings ready to lie down when the flies get bothering. All day you breathe the wild free air prairie, and at night you are lulled to sleep by the surge and ripple and splash of the waves on the beach, broken now and then by the wierd banshee-cry of strange water-fowl." Particulars regarding settlement of the lands of Western Canada can be had from any agent of the Canadian government, whose advertisement appears where in your columns.

OLD READER

count of the Fifth International Convention of the Epworth League at San Francisco in July, the Southern Pacific Company and its connections will sell Exceedingly Low Rate Round-Trip Tickets. In fact, tickets will be sold from the East for the round trip to San Francisco at rates much less than the normal oneway fare, and further, they can be hased to read westward via any of the Southern Pacific's three routes -Sunset, Ogden or Shasta-returning via the same or either of the others. These Low Rate Round-Trip Tickets will be on sale daily July 6th to 13th, inclusive, and will be good for return until August 31st, permitting stopovers at all points of interest en route, both going and returning. The Southern Pacific Company and its connections operate through sleeping car lines from various eastern points. Information relative to the rates, routes and through service will be cheerfully furnished by W. G. Neimyer, G. W.

We should not only see the hand of God, but the hand of our loving Heavenly Father full of mercy and loving kindness in all that befalls us, whether affliction or otherwise, and

A., S. P. Co., 238 Clark St., Chicago, Ill.

Ladies Can Wear Shoes One size smaller after using Allen's Foot-Base, a powder. It makes tight or new shoes easy. Cures swollen, hot, sweating aching feet, ingrowing nails, corns and bunions. All druggists and shoe stores, 25c. Trial package FREE by mail. Address Allen S. Olmsted, LeRoy, N Y.

Capitol Guides in a Panio. The Capitol guides in Washington are in a panic because they think some projected repairs to the roof will destroy the whispering echoes which are an important part of their stock in trade.

A remarkably large meteor exploded and fell near Hyndman, Md., recently, illuminating the country for miles. Many of its fragments have been picked up.

William A. Brady's production of Uncle Tom's cabin has begun a limited ment at the Auditorium in Chicago. The fact that Milward Adams' nous home of grand opera has een chosen for the presentation is significant. Mr. Brady's production exals not only in magnitude, but also in the cast engaged. Wilton Lackaye has the part of Uncle Tom; Theodore Roberts that of Simon Legree, and Odell Williams, William Harcourt, L. ckwell, Artie Hall, Mrs. Annie nans, Mabel Amber and Emily igil completes company of such merit that there can be no doubt that it is the best that has ever appeared in Uncle Tom's cabin. All the familiar episodes of the play will be shown. Two hundred and fifty jubilee singers will appear in songs and dances. Afteres will be given Wedys and Saturdays at especially

The man who knows the laws will nd the best chance of getting and holding a claim when the new Okla-noma lands are opened. "Morgan's anual" gives information upon the stead, Townsite and Minlaws. It has been re by the Secretary of the Interior and officials of the Land Department. Over 0,000 copies sold. The new edition ns a supplement about the new ands in Okla. It is published by Dick Morgan of Perry, Okla. This book and Mr. Morgan's paper and map should be thoroughly studied by those sho intend to enter on the new lands.

The recent census of India shows t Bengal, which has an area of 208,hat Bengal, which has an area of 205,-78 square miles—one-quarter less than he area of Texas—has a population of 4,718,000, which is equal to that of the nited States.

roasted and hashed. He has even caten spiders prepared according to the following recipe. "Take a plump spider, remove the legs and skin. Rub over with butter and swallow." However, he does not recommend them, but this may be prejudice on his part. He states two objections to spiders. They are not insects and they feed on animal food. Cockroaches are a foundation for a delicious soup. M. Dagin follows the recipe given by Sentor Testelin in a speech delivered in the senate on February 12, 1878: "Pound your cockroaches into a mortar; put in a sieve, and pour in boiling water or in a sieve, and pour in boiling water or beef stock." Connoisseurs prefer this to the real bisque. M. Wiifrid de Fon-vielle, the French scientist, prefers the cockroaches in the larval state. The cockroaches in the larval state. The perfect insect may be shelled and caten like a shrimp; that way Dr. Gastler, member of the National assembly of 1848, used to eat them. Caterpillars are a light food of easy digestion. Not only African and American native races, but Frenchmen appreciate them. M. de Lalande, astronomer, had dinner every Saturday with the zoologist, Quatremere d'Isjonvalle. Madame d'Isjonvalle, who knew his taste, collected in the afternoon all the cater-pillars she could find in her garden and served them on a plate to her guest. The most popular insect food is the locust. It is eaten fried, dried in the sun, ground in flour, broiled (among the Bedum), boiled in milk (a Morocco recipe), or fried and served with rice as in Madagascar. The Jesuit Father Cambou thinks that locust flour might become popular in Europe as a condiment. Travelers' opinions on locusts differ. Amicis finds they taste like shrimps, Niebuhr like sardines, Livingstone like caviare. -London Daily News.

FRUIT AS A FOOD.

essenable Changes in Food Supply Nec Taken in the morning, fruit is as

helpful to digestion as it is refreshing. The newly awakened function finds in it an object of such light labor as will exercise without seriously taxing its energies, and tissues of the stomach acquire at little cost a gain of nourish-ment which will sustain those energies in later and most serious operations. It is an excellent plan with this object in view, to add a little bread to the fruit eaten. While admitting its possession of these valuable qualities, however, and while also agreeing with those who maintain that in summer -when the body is, at all events, in many cases, less actively employed than usually—meat may be less, and fruit and vegetables more freely used as a food, we are not prepared to allow that even then exclusively vegetarian regimen is that most generally advisable. Meat provides us with a means of obtaining albuminoid ma-terial, which is indispensable, in its most easily assimilable form. It affords us in this material not only an important constituent of tissue growth, but a potent excitant of the whole pro-cess of nutrition. It has, therefore, a real definite and great value in the ordinary diet of a man, and the wholesomeness of fruit combined with farinaceous food as an alternative dietary is not so much an argument in favor of the vegetarian principle, as a proof that seasonable changes in food supply therefore we should believe it to be are helpful to the digestive processes best for us, because it is his will.— and to nutritive changes in the tissues generally.

She Was Too Kind-He There is one young woman living at L'Anse, Mich., whose benevolent disposition received a severe shock last Sunday evening. She was at church and sat directly behind a tall, welldresed stranger, with a raveling hanging to his collar. Being one of those generous-hearted, whole-souled girls who grow up to be motherly old ladies, a friend to everybody in town, she thought how glad she would be if some kind-hearted girl would do as much for her father were he to go to church with a raveling hanging down his back, so when the audience rose for the first hymn she concluded to pick it off. Carefully raising her hand, she gave a little twitch, but it was longer than she supposed, and a foot or more appeared. Setting her teeth, she gave a pull and about a yard of that horrible thread hung down his back. This was getting embarrassing, but determined, she gave it another yank and discovered that she was unraveling his undershirt. Her discomfiture was so painful that chloroform would not have alleviated her sufferings nor a pint of powder hidden her blushes when the gentleman turned with an inquiring look to see what was tickling

The era of the rocking chair made out of a barrel is happily over, but many pieces of furniture, which are the outgrowth of special needs are often satisfactorily developed often satisfactorily developed from small beginnings. A set of book shelves, for example, with a drawer at the bottom, was recently made by a clever woman from an old fashioned walnut dresser. The marble top she had removed, and the fine oval top swing glass was taken out of its frame to serve another purp Shelves were fitted in the drawer slides of the upper three drawers, the wood of these being utilized in the process. A partition was fitted up from the bottom drawer at half the depth of the

Tree as a Land Owner. A magnificent oak tree at Athens, Ga., not only owns itself, but possesse other property. It was owned many years ago by Colonel W. H. Jackson, who, in his childhood, played around its massive trunk and in later years grew to love it almost as he would his own child. Fearing that after his death the old oak would fall into the hands of persons who would destroy it, he recorded a deed conveying to the tree "entire possession of itself and of all land within eight feet of it on all

road Chaspe Which Are Occurring.

"Community of Interest" seems to be the watchword among the great railroad corporations, nowadays, and certain persons who are apt to decide upon topics of general interest, especially new ones, without thinking upon the facts, have supposed that this meant an arrangement of interest only to the railway companies participating in the deals, traffic arrangements, leases, etc., which show in the stock transactions and engage the thought and ability of traffic and passenger agents. It is undoubtedly the financial interest of the corporations which moves their officers to enter into contracts, but the consideration of this topic necessarily includes that of the convenience, comfort and attractions which they can offer to their patrons. If competition be less intense, and rate wars be relegated to the dead past, If competition be less intense, and rate wars be relegated to the dead past, it means that more attention will be paid to those inducements which will bring business to up-to-date lines of ransportation.

An instance of the early profit of the

an instance of the early pront of the public is most worthy of mention. Under the plan of arrangements known as "Community of Interest" very close relations have been established by the Missouri Pacific System with the Denver and Rio Grande railway, the Rio Grande Western Railway and the railway history of the country, a passenger may take train at St. Louis and remain therein until he has reached San Francisco. The route is one of the most popular because of its great scenic beauty, and because it gives the traveler the benefit of variety of altitude and climate, taking him across the smiling plains of Kansas into the wonderful canyons of Colorado, and through her most noted mining locali-ties, and by the great inland salt sea, where a great religious organization has builded a city of magnificence in an oasis of the desert, and whose political power has been maintained in spite of the objections of the concentrated power of the United States and in the face of all the obstacles which have ever, from the dawn of Christi-anity, contended against its establishment by any sect or creed.

These places are of great interest to the traveler of today, and since they may be visited with such ease in the magnificent trains of this monster system of railway, the tide of tourist traffic is being turned to them by natural selection. The Missouri Pacific and the Rio Grande reach all points in Colorado, Utah and the West, and thus "Community of Interest" among the railroads already benefits the public in such an everyday way as to convince the thoughtless person that he must revise his hasty judgment.

NEW FAST TRAIN TO COLORADO

Via Missouri Pacific Rallway The Missouri Pacific Railway is now operating double daily service from St. Louis and Kansas City to points in Colorado, Utah and the Pacific coast. Trains leave St. Louis 9 a. m., and 10:10 p. m., Kansas City 6 p. m. and 10 a. m., carrying through sleeping cars between St. Louis and San Francisco without change. Excursion tickets now on sale. For further information address Company's agents.

H. C. TOWNSEND, G. P. & T. Agent, St. Louis, Mo.

The Lee family, which, until the civil war, had always been represented in the army, was until the Spanish war without a single member in the regular service. Now there are two third will also probably soon wear his shoulder-

"The Petter and the Clay." The strongest and most forceful of recent novels. The motive is love versus loyalty; the characters are unique, the plot is puzzling and the action is remarkably vivid.

Progress Among Florida Negroes An industrial school for negroes is promised in Florida, thus putting that state on a par with other of the southern states in the education of the colored people.

HO! FOR OKLAHOMA! New lands soon to open. Be ready! Morgan allotments, County seats, etc., \$1. Supplement & Map.

A Kansas poultry association figures it out that Kansas ships abroad 28,-000,000 eggs every year.

I do not believe Piac's Cure for Consumption has an equal for coughs and colds.—John F Boyen, Trinity Springs, Ind., Feb. 15, 1900.

Minnesota has two hundred less innates in prisons and reformatories than it had in 1897.

Hamlin's Wizard Oil Co. send song

book free. Your druggist sells the oil and it stops pain. Some people are proud of the fact

that they are not proud.—Philadelphia . Kid-Ne-Olds, the new discovery for kidney diseases and back-ache, has merit; that accounts for the immense sale. Druggists, 50c.

Variety may be the spice of life, but most men seem to prefer cloves. WEAE, ANAEMIC WOMEN Should use DR. CRANE'S QUAKER TONIC TABLETS. All druggists, 50c.

Many a halo of celebrity has lost its luster from too much exposure. Some articles must be described. White's Yucatan needs no description; it's the real thing.

In twenty years the consumption of beer has doubled in Germany.

Hall's Catarrh Core is taken internally. Price, 75c. Probably the best housekeeping plan is not to mortgage the house.

Mrs. Winslow's Soothing Syrup For children teething, softens the gums, redu fammation, allays pain, cures wind colic. 250a Where there's a will there's always a lot of lawyers in the way.

Coe's Cough Balsam Is the oldest and best. It will break up a cold quicks than anything else. It is always reliable. Try it. With a smile on her lips, and a tea in her eye.—Scott.

The girl dressed in a crash suit isn'

What a Magnaph in Days of George
III Would Ears Revealed.

Let us think for a moment what we should see if the "biograph" or "cinematograph" or "living pictures," or whatever the wonder of the day may be called, had been in existence when Hogarth and the King's painter and the author of "The Beggar's Opera" visited Jack Sheppard in Newgate. Collect in your fancy all the old Dutch, Flemish and German houses you have seen in your travels, with bits of old Bristol, Chester and the timbered buildings of the Midland towns. Plant them around Wych street, Newcastle street, Holywell street (now the disappearing Booksellers' row) and the Strand with a row of traitors' heads on Temple Bar. Add to this architectural Temple Bar. Add to this archi and imperial panorams a miscellane-ous pedestrian crowd of picturesque tatterdemalions, broken Life Guards-men, lawyers from the Temple, mer-chants, students and the "beauteous slatterns,' the Phyrnes and Aspasia of the Fleet street Athens, and their paint and patches, and their black-visor masks, and their organ-pipe headdresses, their low stomachers an their high-heeled shoes, beggars, cutpurses, swindlers, tavern bikers, foreign counts, native highwaymen and some poor unfortunates, the "victims of a draconic law of debtor and creditor," to quote Sala's delightful history Southern Pacific Railway and other lines diverging from junction points. So that now, for the first time in the the narrow roadways contested for precedence by chariot-like coaches, tall covered wagons and other cumbersome vehicles, mostly without springs and heavily horsed; on the unpaved side walk, within the posts of the gutters sedan chairs lurching along among the foot passengers; at shop doors (en-trances to gabled houses from the top windows of which the inhabitants could shake hands with each other across the street), apprentices calling attention to their masters' wares; all in such quaint costumes as you have only seen in some stage play illustrative of the period or in pictures of the time; at night dimly lighted by flambeaus and tallow candles, but in the day by the true sun that we now disguise with myriads of soft coal fires and the smoke of engine houses.— Newcastle Chronicle.

> Lady-What do you think, I have servant who gets up in the morning without being called. Chorus of Voices -Impossible! Lady-But it's true; she's in love with the milkman.



Mackinac Island and RETURN-7 days trip- \$25

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Leave Chicago Tues, Wed., Pri., & Set., at 8 p. m. and RETURN S. GOODRICH Finest Service INE on the Lakes

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miss lucy annie Heiser, of Minneapolis, Minn.

Miss Lucy Annie Heiser, a graduated nurse of nine years' experience, trained and graduated from the Homeopathic Hospital of Minneapolis, Minn., writes as follows:

Albert Lea, Minn., Nov. 8, 1899.

The Peruna Medicine Co., Columbus, Ohio: Gentlemen—"Although my school does not believe in patent medicines, I have found it to be a fact that Peruna is a grand and valuable medicine. I have known it to cure Mrs. Sampson, suffering with an inflamed womb, aggravated by malaria, after the doctors had failed to help her. Another of my former patients suffered with a complication of female diseases; she was so thin, nothing but skin and bones, but Peruna cured her and she is to-day in good health and good flesh. Pacis prove that Peruna revives lost strength and restores to the sick that most wonderful blessing of life—health.

Lucy Annie Heiser If all the tired women and all the nervous women, and all the women that

needed a tonic would read and heed the words of these fair ladies who have spoken right to the point, how many invalids would be prevented and how many wretched lives be made happy. Peruna restores health in a normal way.

Peruna puts right all the mucous membranes of the body, and in this way

used, all pains were gone, my was restored, and I now i

years' younger.
"If I get tired or feel bad, Perronce helps me, and I feel you depraise for placing such a conscient medicine before a suffering pub.

Mostle P. Carrie G.

Mattie B. Curtis, Secretary Le Loyal Women, Hotel Salem, I Mass., writes:

"I suffered for over a year with general weakness and debility, manifested especially in severe backache and "My physician d differnt medicines

none of which seemed to help me any until a elub associate advised me to try Peruna as it

try Peruna as it cured her of constional headache and stomach trou
I at once ordered a bottle and be
it was used, felt greatly improved
"I have taken four bottles and "I have taken four bottles and for two months have been entirely free from these maladies. Several of my friends are using Peruna with beneficial results, especially in cases of troubles with the kidneys and other pelvic organs, together with weaknesses peculiar to women."

Peruna is a specific for the catarrhal derangements of women.

If you do not derive prompt and missactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

valuable advice gratis.

Address Dr. Hartman, Presi
The Hartman Sanitarium, Colum

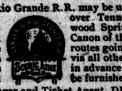
ROCKY MOUNTAINS

EPWORTH LEAGUE

attending the Biennial Epworth League Convention at San Francisco, Cal. July 18-21, will naturally desire to see the grandest scenery en route. This is insured by selecting the Denver & Rio Grande Railroad, "THE SCENIC LINE OF THE WORLD," which traverses the most picturesque scenery to be found on the continent This is road which offers

2 SEPARATE ROUTES THROUGH THE ROCKY MOUNTAINS

Tickets reading over the Denver & Rio Grande R. R. may be used either via its main line through the Royal Gorge, Leadville, Canon of the Grand River and Glen-Marshall Pass and through the Black the tourist to use one of the above The rate via this route is the same as of the trip you should lay your plans attractive illustrated pamphlets will saturate the furnished free upon application to be furnished free upon application to



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Fortune-Maker

yspepsia

Most people eat more than is good for them. The stomach tries to digest all that's put into it, but if repeatedly overloaded, it goes on a strike. That's indigestion. Rich, over-sweet, indigestible food weakens the stomach and makes it unable to take care of the material put into it. More food taken into a weakened stomach than the stomach can digest, stays there, forms gases and rots, bringing on all the horrors of dyspepsia. The only way to cure dyspepsia is to clean out the digestive canal with CASCARETS. Keep it clean with Cascarets, eat light food sparingly, and give the stomach a chance to rest up and get strong again. Be sure you get the genuine CARCARETS!

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