

For a frightfully good cause

Miltonians were feeling particularly generous this Halloween. This, based on the hefty haul of non-perishable food items donated to Craig Kielburger Secondary School students out 'trick-or-treating' for the food bank.

A number of students — members of the CKSS Youth in Action group — hit the streets of Milton for the frightfully good cause.

The food drive initiative, We Scare

Hunger, called on the community to "donate some non-perishable food items and help scare hunger right out of Halton," according to Youth in Action member Olivia Stibbe.

CKSS student Olivia Stibbe is flanked by Youth in Action staff advisors Tania McPhee (left) and Jodi Cross. The trio, surrounded by CKSS students, shows off the large haul of canned goods collected on Halloween.

Franki Ikeman / Special to the Champion



Milton and Area Community Sponsors

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White Ribbon Campaign Month

November is Woman Abuse Awareness and Prevention Month

"Woman abuse is a serious social problem that everyone has a role to play in preventing". If you or someone you know is in an abusive relationship — reach out, tell someone. You can call a crisis line or the women's shelter in your region. In this region call Halton Women's Place a shelter for abused women and their dependent children for shelter or support. The crisis line numbers are 905-878-8555 or 905-332-7892. You are not alone. HWP is here to help.

Some of the warning signs include:

- He puts you/her down
 - Does all the talking, dominates the conversation
 - Checks on you/her all the time, even at work
 - Acts as if he owns you/her
 - Lies to make himself look good or exaggerates his good qualities
 - Acts like he is superior and of more value than others in his home
- She may be apologetic and makes excuses for his behaviour
 - Is nervous about talking when he's there
 - Seems to be sick more often and misses work
 - Tries to cover her bruises
 - Makes excuses at the last minute about why she can't meet you
 - Seems sad, lonely, withdrawn and is afraid
- Abuse of Pets and Property — Using your pets and/or property to control or hurt you. Threatening to harm or kill pets if you leave.

These forms of abuse are examples and by no means all encompassing. Each form outlined above includes many tactics. You may experience some, several or all. Each person's experience of abuse is unique to her and should never be minimized. All forms of abuse cause emotional harm.

Neighbors Friends & Families

Diane Beaulieu, Executive Director, Halton Women's Place, Invest in Keeping Women and Children safe.

A Child's Holiday Wish List

1. Stop Daddy from yelling and hitting Mommy all the time.
2. No more bruises or tears.
3. Help my family feel safe again.

This coming holiday season, not every child will wish for the same things.

November is Woman Abuse Prevention Month. One out of every four women will be abused at some point in her life.

Halton Women's Place needs your help to close the door on abuse.

Halton Women's Place

For more information, please call 905-332-1200 ext.221 or visit www.haltonwomensplace.com
Crisis Line: 905-878-8970 or 905-332-7892

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