Georgetown resident makes it a million for Conservation Halton

Ten-year-old Jayme Leslie got an early surprise Christmas gift last weekend while hitting the slopes on the opening day of skiing and snowboarding at Glen Eden in Milton. The Georgetown resident was greeted as the one millionth visitor to a conservation area in the region by Conservation Halton's director of parks and recreation, Gene Matthews,

It's the first time in Conservation Halton's history that it has reached the milestone of one million total visits in a calendar year to its facilities, which include Crawford Lake, Hilton Falls, Kelso/Glen Eden, Mount Nemo, Mountsberg, Rattlesnake Point and Robert Edmondson.

To celebrate the milestone, Leslie received a package that included a Glen Eden season pass for 2018-19, a one-year Halton Parks membership, merchandise and maple syrup

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Jayme Leslie (forefront) receives a gift basket for becoming the one-millionth visitor to a Conservation Halton facility in 2017 from the organization's director, Gene Matthews, at Glen Eden in Milton last week. Back row: Bryan Lewis, Hassaan Basit, , Jayme's dad Dave Leslie, Craig Machan, Linda Scott, and Robert Edmondson, and Carl Patten.

from Mountsberg.

"It's fantastic to be able to celebrate a milestone like one million visits and we would like to thank everyone who came to enjoy our beautiful conservation areas," said Conservation Halton chief administrative officer Hassaan Basit. Visitation at Conservation Halton's facilities has grown steadily over the past few years. In 2013, visits went

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over the 800,000 level, and last year, they almost reached one million. During that period, the number of visits to Hilton Falls, Mount Nemo and Rattlesnake Point has more than doubled, as people are enjoying the scenic views from those parks - which are each along the iconic Niagara Escarpment - and other activities like hiking, mountain biking and rock climbing.



Many people believe that incontinence; the involuntary loss of urine, is a normal occurrence after childbirth or aging. Continence concerns are common but NOT normal.

Stress Incontinence (SI) refers to leakage that is noticed during a cough or sneeze, when laughing, or during strenuous activities like soccer, jumping jacks, or other aerobic activities. Sometimes women get the sudden and urgent need to get to a bathroom. Urge Incontinence (UI) is the loss of urine that is accompanied by this sudden,

Leakage may have started off with minimal and tolerable amounts of leakage that occurred with a cough or sneeze, but then leakage can accelerate to amounts that are substantial enough to wear protective padding, continence garments or simply just avoiding activities that were once

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