

# HALTON HILLS DENTURE CLINIC

## THE FIRST STEP TO RESTORING YOUR SMILE

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Dean's Award 2008  
FREE Consultations



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## COMMUNITY

### HALC-Acton plans Valentine mystery trip

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week there were 10 people enjoying painting and the experience. Dave lives in Acton and has been painting for 25 years. He participates in art shows across southern Ontario.

On Monday, Feb. 8 at 10 a.m., local author Barbara Hamilton will be reading and looking for feedback on her books of short stories.

On Thursday afternoon while playing Bid Euchre Shirley Hunter and Godfrey Miller both had mooners.

The Centre will be closed for Family Day on Monday, Feb. 15. Halton Hills is offering many free opportunities for fun with your families. Check the local paper or the Town of Halton Hills Community Activity and Service Guide.

On Tuesday, Feb. 9 starting at 7 p.m. there will be evening Euchre. If you enjoy playing cards come and join us and bring a friend.

Tuesday, Feb. 16 is a busy day at the Centre. There is a daytime Valentine mystery trip planned. At 1 p.m. you can watch the movie *Walk in the Wood*, or join us in the evening for the social dinner. Tickets for the dinner are on sale at the reception desk until Friday Feb. 12 at 4 p.m. It will have a masquerade theme, and Norm Mason will be entertain-

ing us. On the menu is everyone's favourite Swiss Chalet chicken and a surprise dessert.

On Tuesday, Feb. 9 there will be the second nutrition presentation. Dietitian Amanda Li will be helping you become a Savvy Nutrition Label reader. If you signed up, you will be meeting at No Frills at 1:30 p.m. Lots of labels there to read!

Still thinking about a healthy lifestyle? Bayshore Therapy and Rehab offers some excellent exercise programs on Tuesdays and Fridays. They are free and especially geared to seniors, and offer a Falls Prevention Program and Osteoporosis Program. If you would like more information check with the reception desk.

If you have some time on your hands the puzzle table is very lonely. There are several new puzzles sitting on the table waiting for someone to start.

The winner of the monthly draw was Betty Holmes. February's monthly draw will have a romantic theme.

The Friday lunch on Feb. 12 will be pizza and salad plus dessert, tea and coffee followed at 1:15 p.m. by Bingo.

The weekly 50/50 was won by Gerrit Kroezen. He was happy to receive a cheque for \$119.

## Let the Memories and Traditions Continue.

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