

Halton Region holds final flu immunization clinic

Halton Region is holding its last regularly scheduled influenza (flu) immunization clinic on Thursday, Jan. 14, from 4-8 p.m. in the Halton Regional Centre auditorium at 1151 Bronte Rd. in Oakville.

The clinic will offer several influenza vaccines, including the nasal spray for children age two through 17.

The nasal spray has given parents another option this year, especially if your child is fearful of getting a needle. All regional flu clinics are wheelchair accessible and no health care card is required.

"With the completion of these clinics, Halton Region hosted 12 flu immunization clinics and piloted two appointment-based, family clinics to help meet the changing needs of our community," said

Halton Regional Chair, Gary Carr. "Our flu immunization program is another example of how we partner with the community to achieve the best possible health and well-being for everyone."

While the Region's flu clinics are winding down, it's not too late to get a flu shot to protect yourself and prevent spreading the virus. Residents can still get flu immunizations from many pharmacies, walk-in clinics and doctor's offices across Halton.

While vaccines are the best way to prevent illness, other preventative measures can reduce your chances of becoming sick. Cough and sneeze into your sleeve, wash your hands with soap and water or use an alcohol-based hand sanitizer and stay home if you are sick.

For more information on the flu or flu clinics, visit halton.ca/flu or dial 311.

The Regional Municipality of Halton serves more than 500,000 residents in the City of Burlington, the Town of Halton Hills, the Town of Milton, and the Town of Oakville. Halton Region is committed to meeting the needs of its residents through the delivery of cost-effective, quality programs and services, including water and wastewater; Regional roads and planning; paramedic services; waste management; public health; social assistance; children's and seniors' services; housing services; heritage programs; emergency management and economic development. For more information, dial 311 or visit Halton Region's website at halton.ca.



Halton Region's last flu immunization clinic will be held Jan. 14. Above, Wellington-Halton Hills MPP Ted Arnott gets his shot.

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