

Hunger Awareness Week

Food for Life distributes fresh food to eight Halton Hills sites weekly

During Hunger Awareness Week, Sept. 21-25, Food for Life aims to bring focus to hunger in Halton Hills and the support that's required from community members to help feed those in need.

According to recent statistics, 6.3 per cent of families in Halton Hills are considered low income. Currently, Food for Life distributes food to eight food banks and hunger relief agency sites in Halton Hills and the average number of client visits each month is over 8,000 and rising, with 10 more families needing assistance compared to this time last year.

United Way Halton Hills plays an integral role in Food for Life's ability to distribute food to those in need throughout Halton Hills.

"It is because of socially responsible organizations like United Way Halton Hills and the individuals who donate to United Way that we are able to continue to provide fresh, nutritious food to people in need," said Brenda Hajdu, executive director at Burlington-based Food for Life.

United Way Halton Hills has been ded-

icated to helping the community grow and supporting people in need for the last 25 years. This year, United Way Halton Hills aims to raise \$375,000 locally.

"In conjunction with our funding priority 'Poverty to Possibility,' United Way Halton Hills is proud to support the Food For Life program," said executive director Janet Foster.

"Food for Life is a great example of how our funded agencies work together to change lives in our community. The program is accessed by people of all ages each week. Together, we are addressing a need and improving lives in our caring community."

As Hunger Awareness Week falls during the start of United Way's annual fundraising campaign, Food for Life would like to encourage Halton Hills community members to come together and support United Way by making an investment that will strengthen their community. All of the funds that Food for Life receives from United Way goes towards sourcing and distributing fresh, nutritious food to people in need throughout Halton.



Driver Darryn Gray of the charitable organization Food for Life makes a delivery every Tuesday to St. John's United Church in Georgetown of staple items donated by Halton-area grocery stores that would have otherwise gone to waste, but is used to feed many local families in need. Helping unload the truck are (from left) Janet Foster, executive director of United Way Halton Hills, Sue Tupling, co-ordinator of Food for Life at St. John's, volunteer Linda Hay (forefront), Food for Life's Outreach Program manager Karen Bonham, volunteer Sylvie Michel. Photo by Eamonn Maher



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