

# COMMENT

## Memories recalled on a milestone birthday

By Lori Gysel & Gerry Kentner  
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Gerry is writing today...

SHHH! I have to tell you a secret. Lori is having a milestone birthday on Sunday, Aug. 30. She'll be 50! Congratulations from mom and dad, Lori and Happy 50th Birthday! Sorry, I only told a few of your best friends.

At this special opportunity, I will share some food-related memories of Lori over the past 50 years! Lori always had an adventurous appetite for the unusual, creative and different foods.

Some recollections are:

- At age 4, in St Andrews By-the-Sea on the east coast, Lori had to leave the table with her dad, as she apparently had lost her first tooth in her fruit salad. (I stayed behind with baby Stephanie.) Traumatic for her, it was.

- In California, 10-year-old Lori ordered an egg sandwich with avocado and alfalfa sprouts. Who had ever heard of that in Georgetown in 1975!

- While in Las Vegas with me, at a Wolfgang Puck restaurant, Lori ordered the catfish. We laughed as it was presented whole, overhanging the plate, deep fried, head and whiskers and all. Quite a memorable delicious sight.

- Going to Whaler's Wharf in her teens, after working on Sunday at Terra Cotta Conservation Area, Lori ordered the Bouillabaisse (fish stew). I had never even heard of it.

- A special dessert at our home in the early years was brandied peaches, baked and flamed. What an eye-popping dessert for the girls. Is this the way kids eat today?

Her dad, however, remembers all the foods Lori has made for him. As Dave is not such an adventurous eater, she always has a hunk 'o' beef for him while we enjoy all the ethnic meals she has created. His favorite



### What's Cookin'



The birthday girl, Lori Kentner Gysel, in her much younger days.

Photo submitted by mom

dish is Salmon Coulbiac. A tremendous amount of work to prepare this whole salmon in puff pastry, but deliciously worth the effort, we think.

Today's recipe is an oldie from the Jello desserts of the 1960s.

Jello was invented in a house in Leroy, New York, between Buffalo and Rochester, which now has a Jello museum.

Hopefully, these memories will bring a smile and a warm memory to Lori

What a truly wonderful life experience as a mom to be able to share and enjoy this love and passion for food with her.

Have fun and keep cookin'!

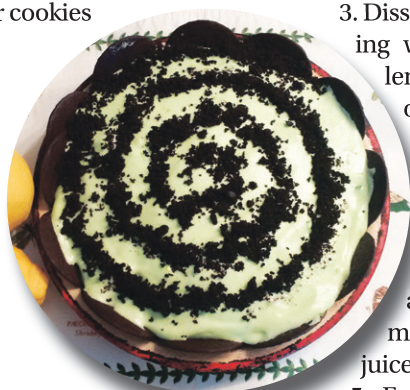
## Chocolate Lime Swirl Pie

### INGREDIENTS

- 25-30 chocolate wafer cookies
- 3 tbsp. melted butter
- 1 pkg lime Jello
- ¼ cup sugar
- ¾ cup boiling water
- 5 drops green food coloring
- 2 tsp. grated lemon zest
- 4 Tbsp. fresh lemon juice
- 1 cup Carnation milk

### METHOD

1. Set 12 wafers aside
2. Crush wafers until fine, add butter and spread over bottom of a 9" pie plate, reserv-



ing ¼ cup. Line the sides with the 12 wafers. Refrigerate.

3. Dissolve Jello in sugar and boiling water. Add food coloring, lemon zest and 2 Tbsp. lemon juice. Chill until slightly thickened.

4. Chill Carnation milk in the freezer in a shallow pan until it forms ice crystals around the edges, about ½ an hour. Add remaining two Tbsp. lemon juice and whip until stiff

- 5 Fold in Jello. Spoon over crumbs and make a swirl (circles) pattern on top with remaining crumbs. Refrigerate for two hours.

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