

Weekly golf tip:

Be prepared to play through inclement weather conditions

By Cory Gentes
Special to The IFP

Congratulations to Shane Lowry on his breakthrough win at The WGC-Bridgestone Invitational.

Next up is the last Major of the year, The PGA Championship from Whistling Straits in Kohler, Wisconsin.

The game of golf can be a tough sport at the best of times but when you add in some inclement weather, be it wind or rain, it can test our fortitude even more.

One of the best ways to enjoy your round even though Mother Nature may not cooperate is to be prepared.

First, dress for the day. Hat is a must, a rain hat is preferred. Footwear should be leak-proof and have satisfactory grip for the wet conditions.

Full waterproof rain suit would be great but at the very least try and pack something that will keep the rain off your back



From the
Ground
Up



and shoulders so you don't get cold and tighten up.

Don't forget about the hands. Rain gloves are a great investment and will allow you to maintain a reasonable grip pressure in tough conditions.

Second, there are a couple things that will help in the rain. A good umbrella can help keep you and your clubs dry.

A spare towel to dry the grips and the seat on the cart is a good idea. Pack a freezer bag to keep your scorecard and valuables dry.

If you have to play in the rain or get caught in it, it pays to be prepared.

Cory Gentes is a 14-year PGA of Canada Teaching Professional and the Director of Instruction at The Old Pro Driving Range.



Sebastian Woods (right) of Georgetown's under-14 Mustangs duels with a Dixie Athletic opponent for possession during the 18-team Eustace Collins Memorial Tournament at the Trafalgar Sports Park last Sunday. Dixie Athletic scored a late goal to win 1-0 and went on to claim the title for the under-14 boys' category. Photo by Tiffany Varas

Mustangs denied gold at Eustace tournament

The Georgetown Soccer Club's Mustangs hosted teams from around Ontario, from as far away as Sault Ste. Marie, for its annual Eustace Collins Memorial Tournament recently at the Trafalgar Sports Park.

The under-14 boys had a 2-1 record in the preliminary round, then defeated Burlington 1-0 in the semi-final before being edged by Dixie Athletic 1-0 in the division's championship game.

Georgetown's under-15 Mustangs advanced to the semifinals before bowing out 1-0 to eventual champion London United.

Also making it to the semis were the under-13 Mustangs, who lost to Bradford 4-1, and the under-16s, eliminated by a 2-0 defeat to Orangethorpe.

metrolandmedia
Connected to your community®



OFFICIAL
SUPPLIER

The TORONTO 2015 Parapan Am Games have arrived!

Visit

<http://www.theifp.ca/haltonhills-on-pan-am-games/>
for TORONTO 2015 Parapan Am Games
news and updates.

THE INDEPENDENT
& FREE PRESS

Chris Sergeant,
Canadian Swimmer,
Parapan Am Athlete

