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COMMENT

Ah, the joy of a good layer dip

By Lori Gysel & Gerry Kentner

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Today's Seven Layer Dip comes to you courtesy of Bobbie Anderson from Calgary, Alberta. Now I wasn't at this particular party, as it was Gerry and Dave who made the trip out west.

So forgive me if I mix this up as we discuss Bobbie in relation to Gerry. So, Bobbie is Gerry's brother-in-law's daughter-in-law (man I hope I got that right)! Anyhow, needless to say, we're related.

So thanks Bobbie for the recipe— I love a good layer dip— especially when you spice up the beans



What's Cookin'

a bit, as you have.

If you're looking for something to dip-Tostito's just put out these totally cool tortilla chip rolls— I've got a bag of them sitting on my counter, but haven't tried them yet. However, I think they'd be a good match for this dip.

Of course, the better (healthier) choice would be some vegetables cut up!

Have fun and keep cooking!

Seven Layer Dip

INGREDIENTS

- 1 package taco seasoning mix
- 1 (16 ounce) can refried beans
- 1 (8 ounce) package cream cheese, softened
- 1 (16 ounce) container sour cream
- •1 (16 ounce) jar salsa
- •1 cup guacamole
- 1 large tomato, chopped
- 1 yellow pepper, chopped
- 1 red bell pepper, chopped
- 2 cups shredded Cheddar cheese
- 1 bunch chopped green onions

METHOD

In a medium bowl, blend the taco seasoning



mix and refried beans. Spread the mixture into a large pie plate.

Blend the sour cream and cream cheese in a medium bowl. Spread over the refried beans.

Top the layers with salsa and guacamole.

Place a layer of tomato, red and yellow bell pepper over the guacamole. Top with Cheddar cheese. Garnish with green onion.



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