

# COMMUNITY CALENDAR

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## TUESDAY, FEB. 24

**Halton Hills EcoFilm Fest:** screens the documentary To Make a Farm, 7:30 p.m. at the John Elliott Theatre. Co-sponsored by The HealthyEnut Café and Juice Bar. Tickets \$5 adults; \$2 students (under 18) are available at the Library and online at [www.haltonhills.ca/Theater/index.php](http://www.haltonhills.ca/Theater/index.php). To Make a Farm asks: what might the future of local food and farming look like? This beautifully photographed documentary explores the lives of five young people who have decided to become small-scale farmers.

**Halton Hills Concert Band:** Love to play music and have fun? Ages 13+, brass, woodwind, and percussion players welcome. Weekly rehearsals on Tuesdays, 7:15-9:30 p.m. at Academy of Music, 330 Guelph St., Unit 9. Info: [www.haltonhillsconcertband.com](http://www.haltonhillsconcertband.com),

905-873-6144 (Roper Galloway).

**Tuesday Evening Free Art Sessions:** 7-9 p.m. in Cedarvale Park Cottage. Free to all ages (under 12 requires adult accompaniment) and all levels. Bring own art supplies. Info: Jane, 905-455-8550.

**TOPS:** Take Off Pounds Sensibly meets weekly in Acton (Mondays) and Georgetown (Tuesdays). Info: [www.tops.org](http://www.tops.org) or Carol Harper, [charper3@co-geco.ca](mailto:charper3@co-geco.ca), 905-877-7056.

**Spiritual Healing Group:** The Bruno Groening Circle of Friends spiritual healing group meets Tuesdays every three weeks. Info: Verna Jespersen, 905-877-8930 or [www.bruno-groening.org/english](http://www.bruno-groening.org/english)

## WEDNESDAY, FEB. 25

**Free Acoustic Jam:** at the Shepherd's Crook on Wednesdays, 8 p.m. Players, singers of all levels welcome.

**Equilibrium-Georgetown:** a mental health support group for those affected by depression or bipolar disorder meets 7:30 p.m. (doors open at 7 p.m.) at Norval United Church, 486 Guelph St. Free admission. Topic: Feeling balance and a sense of calm through the use of yoga techniques with guest speaker Sheri Bain. Info: [georgetown@equilibrium-oakville.com](mailto:georgetown@equilibrium-oakville.com) or Canadian Mental Health Association, 905-693-4270.

**Glen Williams Seniors Drop-in Group:** Wednesdays, 12-3 p.m. at St. Alban's Parish Hall, Glen Williams. Open to all seniors in the Halton Hills area, fellowship and games. Cost is \$1/week.

**Knit Night:** Whether you are new to knitting or a seasoned expert, join the staff at Halton Hills Public Library for friends, books and all things knitting at the Georgetown Branch 6:30-8 p.m.

## THURSDAY, FEB. 26

**Sleepytime Stories:** Children are invited to wear their pajamas and bring their favourite teddy, and to enjoy some stories, music and fun together 7 p.m. at the Georgetown library, until March 5.

**Ballinafad Euchre:** Ballinafad Hall Board hosts euchre at the Ballinafad Community Centre, 7:30 p.m. sharp. Cost: \$3/player. Coffee and tea served.



**TASTE OF THE HILLS:** Above, Krista Nicholls of Georgetown can't wait to taste the carrot cake and cookies provided by Linda Ladd and Kym Taal of the Terra Cotta Cookie Company at the Halton Hills Chamber of Commerce's Taste of the Hills earlier this month. Below, Anne-Marie and Mike Jander of Georgetown sample the tasty treats from Victoria Julien and Chef Wendy Julien-Crosby of Edible Delights. *Photos by Ray Lavender*

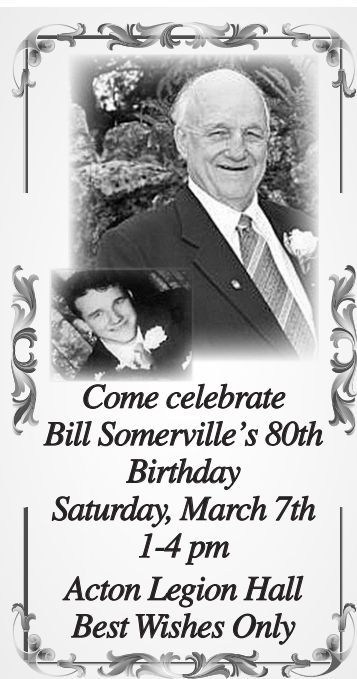


## IMPORTANT REMINDER TO HALTON HILLS TAXPAYERS

The first instalment of the 2015 Interim Property Tax Bill is due on **Wednesday February 25, 2015**. For further information please visit our website at [www.haltonhills.ca](http://www.haltonhills.ca).

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Best Wishes Only*



By Cory Soal  
R.H.A.D.

## ... Lend Me Your Ears

### WHAT YOU SHOULD EXPECT FROM HEARING INSTRUMENTS!

Part 1

Although hearing instrument technology has greatly improved over the years, the fact still remains that nothing can mimic the human ear. Due to the damage in your ears that is causing hearing loss, you will never be able to hear as well as a normal hearing person. Expecting results from your hearing instruments that cannot be achieved will only lead to frustration and dissatisfaction. By asking your hearing professional questions and describing your experiences, the optimum performance can be reached to match your expectations. The following are some facts:

- \* The extent of improvement to your hearing is directly proportional to the severity and the duration of your loss.
- \* The more severe the hearing loss the harder it will be for the hearing instruments to restore your hearing to near normal.
- \* The longer the duration of your hearing loss the harder it will be for your brain to adjust to the new sounds.

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