

2015 Walk & Talk series kicks off on Feb. 23

The Dufferin Rural Heritage Community Centre (DRHCC) will be offering its second annual "Walk & Talk" series beginning this month. This free program is available to all residents of Halton and Wellington.

Every spring the DRHCC offers interest presentations in combination with active use of the sports field. Presentations cover general health, wellness, active living, as well as gardening tips. On these designated dates the centre welcomes new and regular participants to utilize the indoor turf space for walking, jogging laps, or any activity that "moves them", then stay to listen to the free "Talk" portion that follows.

This year our expert presentations will be

provided by G.T.A. Home Health Care, Staying Alive Fitness, and Red's Gardening Centre.

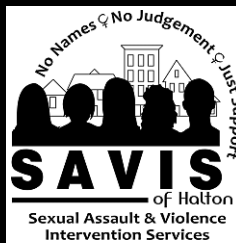
On Monday, Feb. 23, Nordixx Master Instructor Ginger Quinn talks about Why the Poles? Try the Poles from noon until 1 p.m. (come dressed to move). Don't feel like walking, just come for the talk.

Walking will be done from 9 a.m. to noon with the "talk-ing" from noon until 1 p.m. Regularly the drop-in walking program is \$2/adults but on these special days, new participants enter for free. Children are always free.

The Dufferin Rural Heritage Community Centre is located in Prospect Park, 30 Park Ave., in Acton.



4th ANNUAL CORDINGLEY CLIENTS, FRIENDS & FAMILY APPRECIATION DAY: More than 300 people attended this annual event, contributing 182 lbs of non-perishable food donations for the Georgetown Bread Basket. Participants with their prizes, front (from left) David Hart (10) iPad Air 2; Sheryl Bullen and daughter Sydney (11) Galaxy Tab 4; Liam Flynn (11) Beats Solo; Clair, Sierra (5), Natasha (10) and Chris Boone, Playstation 4. Back row: sponsors Paul F. Latour, CGA; Valerie Keslick; Broker and Barry Cordingley; Broker Chooseacordingley Royal LePage; Barry Emerson; Dominion Lending. *Photo by Jon Borstrom*



SEXUAL ASSAULT & VIOLENCE INTERVENTION SERVICES (SAVIS) OF HALTON

- Free anti-violence presentations to businesses/associations/schools
- Free confidential counselling
- Free 24-hour support line - anyone may call: 905.875.1555

905.825.3622 • Toll free: 877.268.8416 • www.savisofhalton.org

Michael Chong
Member of Parliament
Wellington - Halton Hills

205-16 Mountainview Rd. S.
Georgetown ON L7G 4K1
905-702-2597

www.michaelchong.ca
michael.chong@parl.gc.ca
866-878-5556

SERVING YOU IN HALTON HILLS



Wellington-Halton Hills MPP Ted Arnott schedules meetings with constituents in Georgetown on a regular basis at the Halton Hills Public Library, 9 Church St.

To arrange a meeting, please call the Wellington-Halton Hills Provincial Riding Office at 1-800-265-2366.



TED ARNOTT, MPP
WELLINGTON-HALTON HILLS
www.tedarnottmpp.com



Manulife Securities is pleased to welcome Scott Becksted to the Mississauga Branch



Scott Becksted, BES
Financial Advisor
Manulife Securities Incorporated
Manulife Securities Insurance Inc.

Phone: 905-896-9060 Ext: 3810
Georgetown: 905-873-6640
Toll-Free: 1-877-553-3305
Email: scott.becksted@manulifesecurities.ca
Address: 3 Robert Speck Parkway,
Suite 200 | Mississauga, ON L4Z 2G5

Scott Becksted, joins us with 22 years industry experience focusing on the accumulation and preservation of client wealth, education fund planning, mortgage and estate planning and a variety of retirement planning options. Our financial approach is centered on the individual and focuses on the specific needs of each client at various life stages. For more information about Scott Becksted, please visit (www.manulifesecurities.ca) or email scott.becksted@manulifesecurities.ca



STOCKS & BONDS** | MUTUAL FUNDS** | CAPITAL MARKETS | INSURANCE***
Manulife, Manulife Securities, the Block Design, the Four Cubes Design, and Strong Reliable Trustworthy Forward-thinking are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under license. Manulife Securities, consisting of Manulife Securities Incorporated, Manulife Securities Investment Services Inc., and Manulife Securities Insurance Inc., (carrying on business in British Columbia as Manulife Securities Insurance Agency). ** Manulife Securities Incorporated is a licensed investment dealer, and a Member of the Investment Industry Regulatory Organization of Canada ("IIROC"). *** Manulife Securities Investment Services Inc. is a licensed mutual fund dealer, and a Member of the Mutual Fund Dealers Association of Canada ("MFDA"). Insurance products and services are offered through Manulife Securities Insurance Inc.



FUN IN THE SUN catalogue 2015 now available!

Pick up your **FREE** copy at any Sears catalogue location or view it online at sears.ca/cataloguecentral

FREE SHIPPING

When you spend \$99 or more, before taxes. Some restrictions apply. See catalogue or sears.ca for details. Enjoy shopping from the comfort of your home, with 24/7 ordering convenience.



Follow us @SearsCA



Connect with Sears Canada



NP315-728
© Sears Canada Inc., 2015. All rights reserved.