

SHED THE STRESS

FEEL YOUR BEST... Join Our ADULT PROGRAMS.



- * Convenient evening programs
- * Classes run 3 times a week (come once, come three times, whatever works with your schedule)
- * A great social evening with excellent physical & mental benefits
- * FOR ALL AGES & Abilities

**We're ready when you are.
Visit us soon & feel the difference**

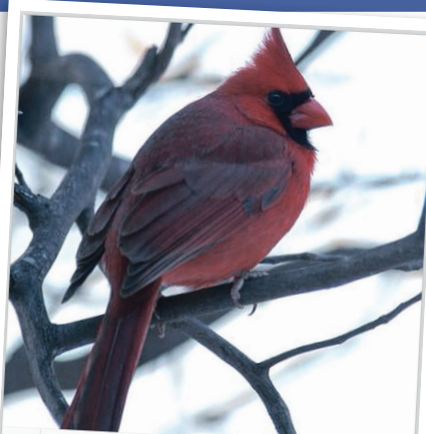


Rampulla's Martial Arts

14 Main St. S. Downtown Georgetown • 702-1116
www.rampullasmartialarts.com

Let's get social...

Join our growing community!



We've Joined Instagram!

Do you want to see more of what we have to offer? Follow us on Instagram at [sheridannurseries](https://www.instagram.com/sheridannurseries) for a twist on inspirational ideas, new products and fun and exciting photos! Or follow us across all media channels...



Sheridan Nurseries
100+ YEARS

Sheridan Nurseries
12266 Tenth Line | Tel: 905-873-7547



Canadian & International
Grower of the Year
2012 | 2013



HORTICULTURAL TRADES ASSOCIATION
landscapeontario.com
Green for Life!

COMMUNITY

Acton Winter Carnival returns this weekend

Laugh in Old Man Winter's face by having fun at the Acton Winter Carnival this coming Sunday, Jan. 25.

The Acton BIA event actually kicks off on Saturday night, (Jan. 24) with the Acton Winter Carnival Community Dance, 8 p.m. to midnight at the Acton Town Hall Centre. Dance to the sounds of Party Cinemas' rockin' golden oldies and karaoke. Tanners Pub & Grill is catering this LLBO event, crown Snow King & Queen, door prizes, spot dances and more! Tickets are \$10 each and available at Acton Home Hardware, Dollar Stretcher Daze, Acton Optical, Active Choice, Roxy Coffee and Tanners Pub & Grill.

Then on Sunday, Jan 25, the Carnival kicks off with the Acton Air Cadets pancake breakfast at the Acton Town Hall Centre, 9-11 a.m. Tickets are \$5 and kids under 5 eat free!

Outdoor events are at Prospect Park from 11 a.m. to 4 p.m. and include ice skating, obstacle course, outdoor curling, snow horse shoes, snowman and iceblock stations, dog cart rides, bingo, face painting, crafts, tractor & wagon rides, snow mini putt and new this



Adam Holmes, 8, from Acton, shows great form at the horseshoe pit during last year's Acton Winter Carnival.
File photo

year is turkey bowling!

Chili Cook-off and closing ceremonies begin the Acton Town Hall Centre at 4 p.m. where you can sample five chilis for \$5 or a bowl of chili and a bun for \$5.

RALLIS

Serving All-Day Breakfast • Lunch • Dinner

BURGER & GRILL

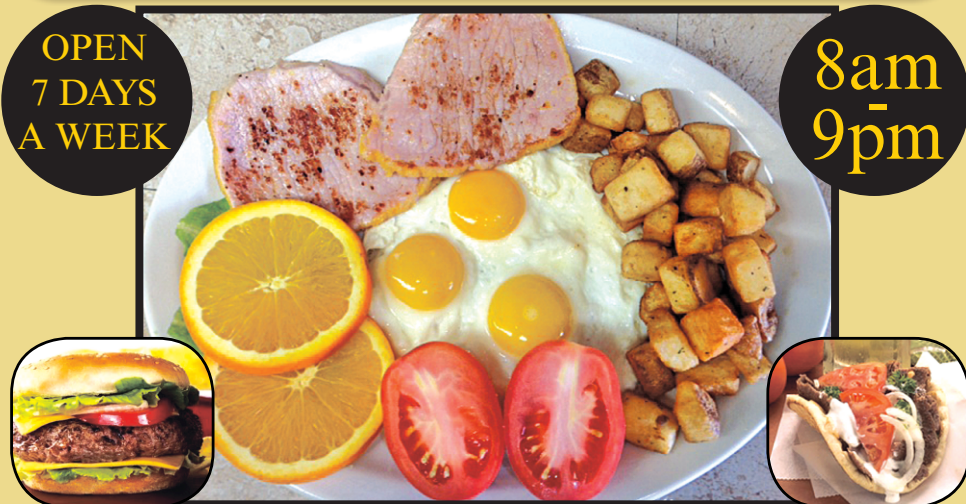
**8-11AM
Mon-Fri
Specials**

Come See Why We're Voted #1 Breakfast Place
4⁹⁹ Bacon, Sausage or ham, 3 eggs, home fries & toast
6⁴⁹ Pancakes (and/or) French Toast, 3 eggs & home fries



**OPEN
7 DAYS
A WEEK**

**8am
9pm**



\$5⁰⁰

OFF

any order of \$25 or more before tax.

294 Queen St. Acton | 519-853-5775

www.rallisburger.com