'Quote unquote'

'The main goal was always a scholarship and that makes all the hard work worth it.' — Gymnast Casey Carvalho, see below.

Local gymnast accepts scholarship to Ohio State

Carvalho lands with Buckeyes

By Eamonn Maher emaher@theifp.ca

The NCAA's Big Ten Conference seems to be the destination of choice these days for elite gymnasts with ties to Georgetown.

Grade 12 GDHS student Casey Carvalho recently signed her letter of intent to attend Ohio State University starting next fall, joining



Georgetown District High School student Casey Carvalho has signed a Letter of Intent to attend **Ohio State University. Submitted photo**

Christ the King graduate Kaitlyn Hofland on the Buckeyes' women's varsity team.

Another local native and CtK grad, Gabriella (Ella) Douglas signed on with the Michigan State University Spartans earlier this year and all three carry international credentials heading into their collegiate careers.

The trio at one point trained with Mississauga-based Futures Gymnastics before each taking their own paths last year, with Carvalho making the one-hour, one-way trip most days to the Revolution Gymnastics' club in Waterloo.

"The main goal was always a scholarship and that makes all the hard work worth it, but it's just icing on the cake to have a good friend like Kaityln on the team," said Carvalho, who plans to major in architecture.

"The training was pretty tough going at times but there was a lot of fun too."

OSU head coach Carey Fagan said that Carvalho has "good lines," meaning she's technically sound and possesses characteristics that judges look for.

Carvalho has represented Canada at meets in France, Germany and on a number of occasions at the Gymnix competition in Montreal, but a tailbone injury prevented her from competing internationally and at the Canadian championships last year.

Of the four disciplines in gymnatics, her specialties are the balance beam, in which she competes with a high degree of difficulty, and the floor exercise, because it allows for more creativity on her part.

"I'm trying to become more artistically appealing in that aspect because I feel I have a bit of an edge there," added Carvalho.

"When I'm at my best, the gymnastics I do is well put together technically and it looks good to watch. That's important in college gymnastics because it's all about doing everything perfectly."



JAGUARS JOLT REBELS Blair Davies of Christ the King's Jaguars converted on this shorthanded breakaway during the second period of their matchup with the Georgetown Rebels Thursday afternoon to break up a close game and the Jags went on to a 5-1 victory in high school hockey action at the Alcott Arena. **Photo by Eamonn Maher**

Kri, Clelland crack Stealth lineup

The Vancouver Stealth announced its roster for the 2015 National Lacrosse League season this week and it includes two players from Halton Hills.

Defenceman Brandon Clelland of Georgetown and transition Brad Kri from Acton made the Langley, B.C.-based Stealth's 24-man lineup that will begin the regular season in Calgary against the Roughnecks on Jan. 3.

The 6-foot-3, 220-pound Kri was originally drafted in 2012 by the Toronto Rock and signed as a free agent transition player with Vancouver last season.

Clelland, a 20-year-old defender, was a third-round pick of Vancouver in the NLL Entry Draft held in September. At 5-foot-9 and 170 pounds, the Orangeville Jr. A Northmen grad adds some speed and grit to the Stealth's back line.

"We were really impressed with our draft class and they performed really well during camp," said Stealth GM Doug Locker.

"All three of the players we kept on our 24man roster are going to contribute for us this

The two former Jr. B Bulldogs are looking forward to their lone visit to the Air Canada Centre in Toronto on Friday, April 10.

Another ex-Bulldog, Pat Saunders, made Buffalo's opening-night lineup, while the Bandits' 2014 second-round pick, forward Jordan Dance of Georgetown, is on the club's practice roster.

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