







EASY TO CARE FOR & BLOOMS ALL SUMMER!





All Hero Baskets (10") Reg. \$14.99 \$8.99

Open Victoria Day (May 19) 8am - 6pm

Tomato Planter Reg. \$24.99

Sale period: May 15th-21st OPEN 7 DAYS A WEEK: Monday - Friday 8am - 8pm, Sat. 6am - 6pm & Sun. 8am - 6pm All items while quantities last, subject to availability. Category offers exclude "TERRA Essentials"

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www.terragreenhouses.com

TERRA
Where colour lives!

Grow your own edible garden

If you're looking for a spring and summer activity that will provide you with healthy and delicious food all summer long why not try growing your own produce? Peter Cantley, a garden guru at Real Canadian Superstore, gives us some of his favourite fruits and veggies that can be grown at home.

Savoury salads— These days, you can grow virtually all the fixin's for your summer salads right in your own backyard. From delicious heirloom tomatoes, to refreshing cucumbers, crisp radishes and savoury herbs, the possibilities to make your salads come to life are endless. To give your salad real depth, try a variety of greens like romaine mixed with batavian or butterhead lettuce. For added easy nutrition, plant the PC Kale bowl (an exclusive at Loblaw garden centres) or add fresh basil leaves from the PC Longfoot Basil

tree. This plant can be grown outside in the garden or on the patio in the summer and placed on the window inside the house in the winter for you to enjoy fresh all year long.

Fruits of your labour— Canadian summers provide the perfect climate for growing the freshest fruit your family will ever taste, and it's easier than you think. If you're looking for something completely different, try a fig plant, which can be left outside over the winter in most areas of Canada.

Berry tasty– You'll never taste fresher berries than the ones you grow right in your own backyard. And what's more, these tasty little plants add the perfect pop of colour to any outdoor space. Try juicy blueberries or succulent strawberries to add to your summer desserts or toss into your favourite salads.

www.newscanada.com



