

Hospital Foundation is conducting door-to-door campaign this spring

The Georgetown Hospital Foundation (GHF) will be canvassing Halton Hills neighbourhoods this spring.

"The representatives who come to your door are not there to collect cash donations," explained GHF executive director K.C. Carruthers, adding instead the canvassers will be requesting support in the form of a monthly donation.

"Our goal is to secure a steady source of support in the form of a monthly gift to the Georgetown Hospital that will help ensure our caregivers have the medical equipment they require to care for our patients. Since the Government funds virtually no clinical equipment, our hospital relies on the support of our

entire community to help us acquire these vital items," he said.

The door-to-door team will canvass Monday to Saturday, between 1 p.m. and 9 p.m.

"Monthly donors choose the amount they want to give and can change or cancel their gift at any time," explained Trevor Ryckman, one of the canvassers. "Contributions are given through a chequing account or credit card each month to ensure reliable funding through the year for the hospital while helping reduce costs for postage and printing that come with a direct mail campaign."

Income tax charitable donation receipts are issued at the end of the year.

Health Zone will be interactive at H5 show

By PHIL GRAVELLE
Special to the IFP

Kids will have a chance to try out two popular non-competitive sports programs at the Halton Hills Health, Home and Happiness (#H5) Show.

On Saturday, May 3 at the Mold-Masters SportPlex in Georgetown, there will be Sportball from 10 a.m. to noon, and Monkeynastix, 2-5 p.m. It is part of the Interactive Health Zone at the show.

Sportball develops skills by teaching the basics of eight popular sports: baseball, football, basketball, golf, hockey, soccer, tennis and volleyball. The high energy program builds balance, strength, coordination and social skills.

Monkeynastix uses child-friendly equipment to promote confidence and a positive self-image, while teaching a range of warm-

up, stretching and movement activities.

"We will also have a variety of staff from the various sectors in Recreation Services including camp, children and youth programs, adult and seniors who will be available to share information and answer questions," said Samantha Kleinschmidt, the Town's Manager of Recreation Services.

In addition, Chiropractor Amelia Fratnik will be providing free posture analysis during the show, using the Spinal Analysis Machine.

Naturopathic Doctor Julia Fountain will be doing a short talk entitled, "The five most common nutrient deficiencies in health conscious people."

Attendance is expected to exceed 3,000 at the May 2-3 show, sponsored by the Halton Hills Chamber of Commerce and *The Independent & Free Press (IFP)*. Admission is free.



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