

## Acton Legion Auxiliary news

The Ladies Auxiliary was sad to say Delia Kentner had passed away. Delia was a 20-year member of the Auxiliary and was a past Sgt-at-Arms. Visiting was Tuesday, Feb. 25, at 11 a.m. followed by a L.A. Tribute at 12 noon, then the funeral service at MacKinnon Funeral Home.



The Acton Legion Ladies Auxiliary Appreciation Dinner and Dance included the cutting of the cake by the president and past presidents from left to right, Helen Van Opstal, Sharron Rouse, Annamarie Lowin, Lucy Synnott, Joyce Buchanan, Peggy Harris, Helen Fowler, and Margaret Dunn. Missing were Fern Shultis and Rhona Thornhill.



## All is well at Wellness Fair

There was a large turnout at the Gellert Centre for the Health and Wellness Fair 2014. Chef and health food expert Lari Laurikkala from Helsinki, Finland addressed the audience on medicinal mushrooms and adaptogenic herbs.

Photo by  
Jon Borgstrom

## Pita Pit is opening in Acton

By **NASH SANDSTORM**  
Special to *The IFP*

A healthy dining option is coming to Acton. Local man, Mark Feldhaus and his family are opening Pita Pit, healthy fast casual food chain founded in Kingston, the first week of March.

Both Feldhaus and his wife were born and raised in the area and were searching for a healthy dining experience. That's when they decided to open a Pita Pit in Acton. Feldhaus said the decision was a no-brainer.

"We saw a huge demand for a healthy dining option. Even before we considered franchising, Pita Pit always stood out to us, we are very excited to bring the concept to Acton," Feldhaus said.

Pita Pit will offer customizable pitas that can be stuffed with a range of meats, veggies and topped with delicious sauces and a variety of cheeses. They also have a flat

top for hot pitas and sautéed vegetables.

"At Pita Pit, the customer is truly in charge," Feldhaus said.

Feldhaus expressed that the new business will add about 10-15 jobs to the community. Pita Pit is also a charitable partner with Canadian Tire Jumpstart which helps financially disadvantaged children in the community be able to

participate in organized sports and athletics. Feldhaus also plans on growing Pita Pit's School Lunch Program in Acton.

"We want kids eating better so we will be working on that from Day 1. We believe being a positive contributing member to the community is a part of doing business the right way," Feldhaus said.

Pita Pit will open its doors in Acton at 391 Queen Street East, Unit B1. Feldhaus believes that it can be a fresh new addition to the town's food scene.



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