

Brainstorming sessions on kids and mental health

Halton Families for Families is part of a two year Trillium grant engaging Halton families who have been impacted by a child or youth's mental health. It is a community partnership between members of Halton's Student Support Leadership Initiative (SSLI) committee, Parent's for Children's Mental Health (PCMH) and Reach out Centre for Kids (ROCK).

The group is hosting a series of Brainstorming sessions. Brainstorm at one or all sessions: Jan. 23, at ROCK, 471 Pearl St. Burlington 6:30-8 p.m.; Feb. 5, at Our Kids Network - Acton Community Hub, 69 Acton Blvd, 6:30-8 p.m., and on Feb. 13, at the ROCK, 400 Bronte St. Milton, 6:30-8 p.m.

RSVP or for more information email: families@rockonline.ca.

The McGibbon Hotel

LUNCH BUFFET SERVED THURSDAY & FRIDAY

Featuring: 11:30 am to 2:00 pm

- Roast Beef
- Baked Ham
- Sausage & Grilled Vegetables
- Assorted Salads
- Dessert Table
- Tea & Coffee

\$11.50

HST INCLUDED

Private Catering Available

~ LIVE ENTERTAINMENT ~

Fri. & Sat.
9:30 pm - close

Tonica

Rock n' Roll

79 Main Street South, Georgetown

905-877-3388



Beat the temptation.

CALL THE
CANADIAN
CANCER SOCIETY'S
TOLL-FREE

**SMOKERS'
HELPLINE**
1-877-513-5333

Open to high school students

Bursary deadline approaching

Attention high school students! Have your voice heard and win \$250 bursary from the Georgetown Independent & Free Press.

If you are in your final year of high school, send us a community story written by you that you feel needs to be told for a chance to be published in your local paper and win a \$250 bursary!

Go to www.theifp.ca, click on Georgetown contest, fill out the form and include your article answering the question, "In your opinion what is the single most significant topic that mat-

ters to you and directly affects your community?" for a chance to win. Entries will be accepted until 11:59 p.m. January 31, 2014.

Articles will be submitted to our editorial judging panel and those chosen will be put to an online vote starting February 18, 2014 and closes April 7, 2104. Check back in February to see if your article was chosen.

Contest open to residents of Ontario 16 years of age or older who are actively enrolled in final year on high school.

One (1) prize will be awarded April 2014.



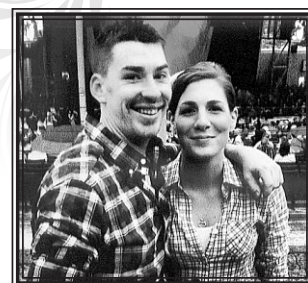
**Stag & Doe
for
Mitch Moore
and
Amy Osborne**

Saturday February 1, 2014

8 pm - 1 am

**Acton Legion
15 Wright Ave
Acton**

Tickets \$10 at the door



Richard LaRose and Silvana LaRose are pleased to announce the engagement of their daughter

Amanda Dawn LaRose
to
Andrew Cain

son of Mark and Bonnie Cain.

Congratulations!
Love your Families



By Cory Soal
R.H.A.D.

**... Lend
Me Your
Ears**

CUSTOMER SERVICE IS A PRODUCT SLOWLY BECOMING EXTINCT

My definition of quality customer service and goal is to provide continued, effective hearing for the patient. There are many issues and parts of this task - please do not think I am saying that I have succeeded in creating an A+ practice. It takes a lot of work, dedication and time to achieve excellence. Regardless of business, it all boils down to customer service. The product purchased - and this can relate to any device - needs to be serviced regularly, the patient needs to understand and use their product properly. Wherever you shop, ask yourself this: Can I follow up with the same person who sold and serviced my product when I need them? Does the person who serviced you remember your name and needs? Will that person be there for me in the future? As a local business person and proud lifelong resident of this community, I wish to thank all who have allowed me to serve the community since 1992.

The Georgetown
HEARING CLINIC
We care about your hearing!

Professional Arts Building
99 Sinclair Ave., Suite 210, Georgetown
905-873-6642

Serving the community of Halton Hills and surrounding areas since 1992



Georgetown Denture Clinic

Alexander Trenton, DD, F.C.A.D. (A) Denturist

TOOTH CHATTER - georgetowndentureclinic.ca

SPORTS MOUTH GUARDS

Athletic sports mouth guards are made of soft plastic. They are adaptable to fit comfortably over the upper teeth. Mouth guards are important because the average cost of dental treatment over a lifetime for one tooth lost is approximately \$5,000. When it comes to sports equipment, mouth guards are a priority. They protect not only the teeth, but the lips, cheeks, and tongue. They also help protect a person from concussions and jaw fractures.

How does one choose a mouth guard? Any mouth guard is better than no mouth guard. However, it is important to choose

a mouth guard that fits comfortably. If a mouth guard interferes with breathing or speech, or if it feels bulky, it should not be worn.

Whatever your age or sport, mouth guards are an important part of sports safety and your exercise routine. Do what you can to protect your smile and preserve your health. Ensure that you have a properly fitted guard made by a professional.

For a professionally made mouth guard, give our office a call. We care about your smile!

WE BUILD BEAUTIFUL SMILES!
Consultations are always free!!

18 Church Street, Georgetown 905-877-2359

CHURCHES & TEMPLES

GEORGETOWN CHRISTIAN REFORMED CHURCH

welcomes you!

Interim Pastor: Tom Van Milligen Youth Pastor: Brian DeBoer

Sunday Worship Services: 10:00 am & 6:00 pm

11611 Trafalgar Road (north of Maple Avenue) **905-877-4322**

www.gcrc.on.ca

KNOX PRESBYTERIAN CHURCH

God's Word for
Today's World.

www.knoxgeorgetown.ca

SUNDAY WORSHIP SERVICES: 11:00 A.M.

Rev. Steven Boose

116 Main St. S., Georgetown, ON

905-877-7585

Chair-lift access available.

'Sunday's Cool' youth ministry program for ages 4 & up.

Service Dial-in: 905-702-1629



SUNDAY SERVICES

• Lord's Supper 10 A.M. • Ministry Meeting 11:00 A.M.

• Fellowship Lunch 12:00 P.M. • Ministry Meeting 1:00 P.M.

Meeting In: Georgetown Seniors Centre

Address: 318 Guelph Street

Phone: 905-873-1005 Website: www.haltonhillsbiblechapel.com



familyhouseofworship@start.ca

Services EVERY Sunday
16 Adamson Street, South
Norval, Halton Hills

Services starting at 10 am