

COMMUNITY CALENDAR

Sunday, Nov. 17

Bruce Trail hike: Level 2, 12 km carpool loop hike. Depart at 9 a.m. from the small, separate area of the parking lot south of the grey medical building, Georgetown Professional Arts building, 99 Sinclair (Guelph & Sinclair). We will hike in the Hockley Valley Nature Reserve. There are spectacular views of the valley from the an old pioneer road. Dress for the weather and bring water and a snack/lunch. Leader: Rob 905-877-0634 rob.currie@sympatico.ca

Tuesday, Nov. 19

Flu Shot Clinic: 4-8 p.m. at Christ the King School, 161 Guelph St., Georgetown. Please wear a short-sleeved shirt. No appointments are necessary. Visit halton.ca/flu to learn more about the flu and for the most up-to-date clinic information.

Come and try Zumba at the Library: Zumba fitness is a fusion of Latin music and dance themes that create an exciting and effective fitness program. It's a mixture of body sculpting movements with easy to follow dance steps. Join the party, experience Zumba, 7-8 p.m. at the Acton library. This is part of a series of fitness programs co-sponsored by Halton Hills Public Library and the Town of Halton Hills. Info/to register: 519-853-0301.

Mobility 101: Whether you're an athlete, weekend warrior, or regular walker - join Dr. Matt Bradbury on Tuesday nights (7:05 p.m.) at CrossFit Georgetown to learn how to loosen up, move your body the way you were designed, and perform regular self maintenance on your tissues that breakdown as a result of everyday stress. Cost: donation to Upper Credit Humane Society. Reservations: please call 905-877-LIVE

TOPS-Georgetown meets Tuesdays at St. Andrew's United Church, 89 Mountainview Rd. S. Weigh-in: 6:30 p.m. Meetings follow at 7:30 p.m. TOPS, Take Off Pounds Sensibly, encourages wellness through a healthy lifestyle that includes a balanced diet, exercise and on-going encouragement

at the weekly meetings.

Halton Hills Concert Band: Love to play music and have fun? Brass, woodwind, and percussion players welcome. Weekly rehearsals on Tuesdays, 7:15-9:30 p.m. at 17 Guelph St. (Old Ambulance Stn). Info: www.haltonhillsconcertband.com, 905-873-6144 (Roper Galloway).

Wednesday, Nov. 20

Georgetown Horticultural Society: meets 7:30 p.m. at St. George's Church with speaker Connie Dam-Byl from William Dam Seeds talking about what's new in vegetables and old favorites. Additional details: Pumpkin Dessert Contest. Raffle item, refreshments. Info: www.geohort.com

Amazing Race-Shoebox edition: Everyone is invited to join in 6:45-8 p.m. as Georgetown Alliance Church races to get a blessing of shoeboxes ready for Operation Christmas Child. Race begins in the fellowship hall with games, prizes, food, fun, and family bonding. Don't delay, join the race today! This is an event for the entire family. For more information contact Elizabeth at elizabeth@georgetownalliance.ca or call the church at 905-873-0249.

Grief Group for Parents: The loss of a child is a unique form of grief. Meetings are held at Norval United Church, 486 Guelph St. 7 p.m. Info: Rev. Paul Ivany, 905-877-6122, paul@norvalunited.ca Also Dec. 4, 18

Family Storytime in Acton: Families with young children are invited to drop in for Family Storytime hosted by Halton Hills Public Library. Stories, music and lots of fun for the preschool crowd at the Acton HUB (McKenzie Smith Bennett School): Wednesdays, 2 p.m., October 9 to November 27. Info: www.hhpl.on.ca or call 905-873-2681 ext. 2520.

Glen Williams Seniors Drop-in Group: 12-3 p.m. Wednesdays at St. Alban's Parish Hall, 537 Main St., Glen Williams. Open to all seniors in the Halton Hills area. Come enjoy the fellowship and games. Special events planned from time to time. Cost is

\$1/week. Bring a bagged lunch - tea, coffee and cookies provided. Info: Angie, 905-877-6678.

Thursday, Nov. 21

Glen Williams Town Hall Board Annual General Meeting: 7:30 p.m. at the Town Hall, 1 Prince Street, Glen Williams. Elections will be followed by a presentation by Andrew Kett of the Credit Valley Conservation Authority, entitled, "Rising to the Challenge: Understanding and Protecting the Credit River Watershed." Refreshments will be served.

Halton Hills Branch of The Architectural Conservancy of Ontario: 7 p.m. at Devereaux House, 11494 Trafalgar Rd. Those interested in forming a branch should attend.

GriefShare Program: A 13-week video-based small group to support people who have suffered the loss of someone close will run in Acton, 7-9 p.m. on Thursdays until Dec. 12. You'll have the opportunity to interact with others who have experienced a recent loss, learn about their experiences, and be able to share your own. The setting is casual, the discussion is confidential. Sponsored by the Acton Ministerial. Info: 519-853-3687.

Limehouse euchre: 7:30 p.m. at Limehouse Memorial Hall. All welcome. Sponsored by the Limehouse Memorial Hall Board with proceeds to help maintain the historic building.

Play in the Georgetown Celtic Orchestra: Violin/fiddle, guitar, mandolin, etc. Age 12+. Rehearsals are Thursdays, 8-10 p.m. at 330 Guelph St. from Sept. to June. Info: www.georgetowncelticclub.com , 905-877-2770.

Thursday afternoon euchre: 1:15-3:30 p.m. at the Acton Legion, 15 Wright Ave. Hosted by the Ladies Auxiliary. Everyone is welcome. Come out and meet others for a good time. Admission: \$2.

More at

www.theifp.ca/whats-on/events

Coming Up

Light Up The Hills

Remember a loved one. Light Up The Hills will display a Memory Ball on the Memory Tree in Dominion Park from Dec. 1 to Jan. 3. For additional information call Cathy, 905-877-6606 or Hazel, 905-877-1325.

Adult Learning info day

Adults do you need to upgrade your skills in reading, writing, math or basic computers? Information sessions are held on Mondays at 1:30 p.m. at 72 Mill St. Suite 207 in Georgetown or call The Adult Learning Centre at 905-873-2200.

Holiday House Tour

Get into the spirit of the season, and take a look inside six beautiful homes in Halton Hills, all tastefully decorated for Christmas, 9:30 a.m. to 4 p.m. on Saturday, Nov. 23. As well, you can enjoy a light lunch at St. Andrew's United Church. Tickets are \$30 per person, and all proceeds from the event go towards the United Way of Halton Hills' 2013 Campaign Goal. Tickets/info: United Way of Halton Hills office at 905 877-3066.

Christmas Music

Enjoy seasonal music, 7-8 p.m. on November 26, December 3, 10, and 17 at Knox Presbyterian Church, 116 Main St. S., Georgetown. Info: www.knoxgeorgetown.ca



Help Us Raise Movember Awareness...

Movember is a month long global event in November where men grow moustaches to raise awareness and funds for men's health issues

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