

What's Cookin': Culinary adventures in Scotland

Gerry is writing today...

There are so many memorable culinary experiences from Scotland. Here are a few:

- At the Loch Fyne Oyster Bar near Inverary, at the top of the loch, is the widest and freshest selection of oysters, mussels, langoustines, filets and my favorite, several kinds of smoked salmon. Also, here were the best warm cinnamon buns and coffee
- Cloutie dumpling with custard in a pub on the Isle of Skye, a great memory since I have only had this made by my grandmother many years ago
- Cullen skink soup made with smoked haddock, potatoes and leeks, named after the fishing village, Cullen in NE Scotland
- Excellent fish and chips on our first night in Glasgow at Da Vinci's, voted best take away in Scotland for 2012
- Dinner at the ubiquitous Chip, a fine dining room and Two Fat Ladies dining room both in Glasgow. Best meals we had.
- The best sticky toffee pudding with

Lori Gysel & Gerry Kentner



butterscotch sauce I have ever had at the Port Charlotte Hotel on the Isle of Islay.

- At the Mill Restaurant in Pitlochry where an egg mayonnaise sandwich and a smoked salmon sandwich were the same price 5.95 pounds

• Fabulous Scottish cheeses on all menus as a cheese board to end your meal served with oatcakes and fruit chutney

- Full Scottish breakfast everywhere, buffet style with the usual starters of cereal, porridge, cheeses, pastries, yogurt, fruit, eggs, Ayrshire bacon, sausages, mushrooms, baked beans, grilled tomatoes, potato scones, blood pudding and of course, haggis

Next time I'll tell you about my home-cooked adventures in Scotland. Have fun and keep cooking!

Grandma Jean Dow's Cloutie Dumpling from Kilsyth, Scotland

From Jean P. Fleming, granddaughter
(Mrs. Dow is the mother of my mother, Mrs. Jessie Piper)

Ingredients

- 1 and a half lbs. flour
- 1 level teaspoon baking soda
- 2 level teaspoons baking powder
- 2 level tsp cinnamon
- 2 level tsp allspice
- 2 level tsp orange peel
- 2 level tsp lemon peel
- 1 lb. sugar
- half lb. sultanas
- half lb. currants

- half lb. suet
- 1 apple and carrot, grated
- good pinch salt

Method

Mix all dry ingredients together. Add grated apple and carrot. Mix well with milk (fairly stiff consistency). Have dumpling cloth ready and strong string. Put mixture in centre of cloth. Tie securely with string (as tight as possible). Place in boiling water in good pot. Water should be about half way up on mixture. Keep boiling. Boil for 3 to 4 hours.



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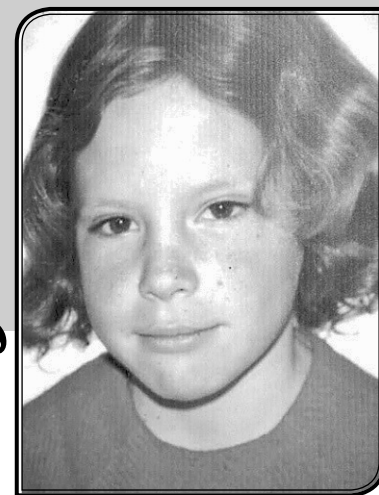
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Wendy's 50th Birthday



Fifty years ago, a long-awaited baby girl was born and Wendy Farrow Reed came to wreak havoc in Georgetown and dazzle the world! George and Shirley were thrilled, as were all the friends and family of this lovely couple.

Wendy was loved and happy as a child, but she had a lot of challenges. The losses of Shirley, Warren, Helen and (later on) George affected Wendy deeply. She has always lived life with great joy and enthusiasm because she knew, from a very young age, that life could be short. She takes NOTHING for granted! She shares her love deeply with others, each and every day of the year.

Everyone who knows her (and that's practically EVERYONE!) loves Wendy... she's funny, hard-working, community minded and has a heart as big as all outdoors.

And now, she is 50 and we celebrate her great presence in our community. October 29, 1963..... What a LUCKY day for Georgetown!!

Love,
Your Many Friends