

Parkinson care highlighted in presentations

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Lisa Bowen, Know Risk Health Services Manager from Young's Pharmacy and Homecare praised Jon Collins and the team "an excellent presentation and thank you again for the opportunity to be part of this important program."

According to Parkinson Central & Northern Ontario CEO Debbie Davis, "This much-needed program has been called for by Ontarians living with Parkinson's for a number of years, and it is clearly a priority. We look forward to working with long-term care facilities in the region to see that staff members are more educated and understanding about Parkinson's and to ensure that Parkinson medication is given on time every time."

If people with Parkinson's get medication on time, this will: shorten hospital stays, reduce the need for readmission after discharge from hospital and reduce the burden on individuals, families, hospital and care facility staff.

Interested in learning more or to see how you can help, please go to www.cno.parkinson.ca or email Karen.dowell@parkinson.ca.



Door prize gift baskets donated by Retire-At-Home Services CHW and Young's Guardian Pharmacy and Homecare were given to thank the audience for their time and support of Parkinson's education at both events. The lucky prize winner at the Mountainview Residence and Terrace was resident Paul Adams. The lucky prize winner at the Georgetown Seniors Centre was Larissa Harrison, RPN from The Bennett Health Care Centre. Above, from left, Maria Budgen, Marketing Manager, Mountainview Residence & Terrace; Paul Adams, resident of Mountainview Residence & Terrace; Katherine Atkinson, Executive Director, Retire-at-Home Services CHW; Jon Collins, Manager, Programs and Events, Parkinson Society Central & Northern Ontario and Lisa Bowen, Know Risk Health Services Manager, Young's Guardian Pharmacy and Homecare.

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The Regional Municipality of Halton

Access Halton at: www.halton.ca Dial 311

Flu Immunization Clinics Open

The Halton Region Health Department is offering free seasonal flu immunization clinics to Ontarians **six months of age and over**.

For clinic hours and locations visit:

halton.ca/flu or dial 311

No appointments necessary.



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Waste Reduction Week in Canada (Oct. 21- 27)

October 21-27 is Waste Reduction Week in Canada, encouraging Canadians to reduce, reuse and recycle at home, school and work. In Halton, residents continue to divert 60% of waste away from the landfill through Blue Box and GreenCart programs--this is one of the highest diversion rates in the province. But there is still more we can do to reduce our garbage and extend the life of Halton's landfill--a savings of \$15 million for taxpayers. The estimated cost to replace the landfill site in 2044 would be over \$750 million. By participating in Halton's waste diversion programs, we can make a difference! Follow Halton on Twitter @HaltonRecycles or read our blog at www.haltonrecycles.ca!



Gary Carr
Regional Chair

Halton Regional Meeting Schedule

Meetings can be viewed at www.halton.ca/meetings

Nov 5 9:30 a.m. Health & Social Services Cttee. **Nov 6 1:30 p.m.** Administration & Finance Cttee.
Nov 6 9:30 a.m. Planning & Public Works Cttee.

Please contact us, as soon as possible, if you have any accessibility needs at Halton Region events or meetings.

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