

SLEEP APNEA?



We Can Help!

Young's Pharmacy is your first stop to fill your prescription after your sleep test
We carry machines, masks and supplies

ADP APPROVED

Our trained staff are here to Help!

For machine purchase, pressure setting, mask fitting and consultation, call 905-877-2711

Guardian

YOUNG'S
Pharmacy & Homecare



For all your health and homecare needs, trust your hometown pharmacy!

47 main St. S. In Downtown Georgetown, Ontario L7G 3G2 Phone: (905) 877-2711
 www.youngspharmacy.com e.mail: info@youngpharmacy.com

A 'Community Team' approach to Parkinson's education is a success

By KATHERINE ATKINSON
Retire-At-Home Services CHW

The Parkinson Society Central & Northern Ontario's Jon Collins, Manager, Programs and Events and Karen Dowell, Community Development Coordinator recently delivered their award-winning Parkinson's medications campaign 'Get It On Time' presentation at the Mountainview Residence and Terrace and the Georgetown Seniors Centre.

The overarching aim of the Get It On Time (GIOT) campaign is to improve the quality of life of people living with Parkinson's disease, by ensuring that they are able to maintain a personalized drug therapy schedule.

Currently there is no cure. You can live with Parkinson's for years. The symptoms are treated with medication. People with Parkinson's disease need to get their medications on time every time, at home, in an emergency room, in a long-term care facility. This could mean giving them medication at a different time from the usual rounds.

When people with Parkinson's don't get their medication on time, every time, Parkinson's symptoms can get

out of control and people can become very ill.

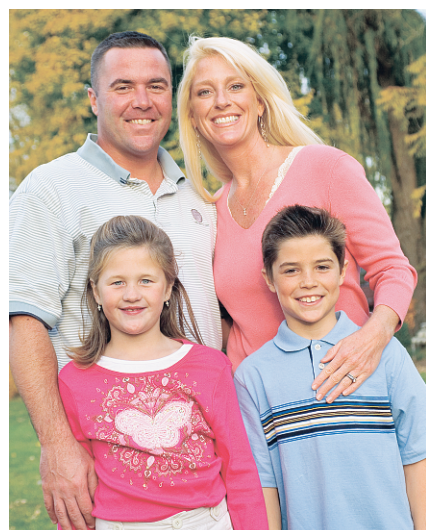
The Parkinson's information sessions held in Georgetown were a wonderful example of how a "community team" could come together to learn, stay informed and support people in need. The team included the passion of Parkinson Society Central & Northern Ontario, the commitment of Retire-At-Home Services (CHW) to organize the team, the generous hospitality of Mountainview Residence and Terrace and the Halton Hills Seniors Centres to host the events, the support of Young's Guardian Pharmacy and Homecare and the participation of The Bennett Health Care Centre.

People living with Parkinson's, their care partners and health care providers left knowing the vital importance of Parkinson's "Get it on time" campaign and the information to help improve the quality of life of those living with Parkinson's disease.

Retire-At-Home's Ingrid Pels, RN and Case Manager said, "We loved the talk and believe that it should be mandatory in-service training for all professional caregivers."

See PARKINSON, pg. 3

GEORGETOWN MARKET PLACE Marketplace Dental Centre



**Serving Georgetown
 for over 18 years!**

**Family & Cosmetic
 Dentistry**
**New Patients &
 Emergencies Welcome!**
Asleep Dentistry Available
Teeth Whitening

Hours:

Mon. & Wed. 8:00 am - 8:00 pm,
Tues. & Thurs. 8 am - 6 pm,
Saturday 8:00 am - 3:00 pm

Located inside Georgetown Marketplace Mall

905-877-2273 (CARE)
www.georgetowndental.com



Seniors in Halton Need You

Experience the joy of making a difference
 in someone's life!

Volunteer today.



**Acclaim
 Health**

Tel: 905-827-8800

Toll Free: 1-800-387-7127

Email: volunteering@acclaimhealth.ca

[www.acclaimhealth.ca]



Charitable Registration #:
 11928 4602 RR0001